

Jeff L. Cochran, PhD  
Professor of Counselor Education  
University of Tennessee, Knoxville

### EDUCATION

<b>Virginia Tech</b>	<b>Blacksburg, VA</b>	<b>1996</b>
Ph.D., Counselor and Student Personnel Services		
<b>Appalachian State University</b>	<b>Boone, NC</b>	<b>1991</b>
MA, Human Development Psychological Counseling		
<b>Appalachian State University</b>	<b>Boone, NC</b>	<b>1986</b>
BS/BA, History and Secondary Education; Minor studies in Spanish and Psychology		

### RESEARCH INTERESTS

- Child-centered play therapy
- Counseling skills, therapeutic relationships, and counselor development
- At-risk children, youth, and families

### ACADEMIC APPOINTMENTS

August 1, 2022 – ongoing – **Professor** in the Counselor Education Programs of the Department of Educational Psychology and Counseling, University of Tennessee

February 2017 to July 31, 2022 - **Department Head** for Educational Psychology and Counseling, University of Tennessee

August of 2012 to present - **Professor** in the Counselor Education Programs of the Department of Educational Psychology and Counseling, University of Tennessee

August 2006 to August 2012 – **Associate Professor** in the Counselor Education Programs of the Department of Educational Psychology and Counseling, University of Tennessee

August 2006 to August 2015 - **Graduate Program Coordinator** for Clinical Mental Health Counseling in the Department of Educational Psychology and Counseling, University of Tennessee

August 2005 through July 2006 - **Associate Professor and Graduate Program Coordinator** for School Counseling in the Department of Counselor Education at the State University of New York, College at Brockport.

August 1999 to August 2005 – **Assistant Professor and Graduate Program Coordinator** for School Counseling in the Department of Counselor Education at the State University of New York, College at Brockport.

### PUBLICATIONS

#### Books

Cochran, N. H., Nordling, W., & Cochran, J. L. (2023). *Child-centered play therapy: A practical guide to therapeutic relationships with children* (2<sup>nd</sup> ed). Routledge.

Cochran, J. L., & Cochran, N. H. (2021). *The heart of counseling: Practical counseling skills through therapeutic relationships* (3<sup>rd</sup> ed). Routledge.

Cochran, J. L., & Cochran, N. H. (2015). *The heart of counseling: Counseling skills through therapeutic relationships* (2<sup>nd</sup> ed). Routledge.

- Cochran, N. H., Nordling, W., & Cochran, J. L. (2010). *Child-centered play therapy: A practical guide to developing therapeutic relationships with children*. Wiley.
- Cochran, J. L., & Cochran, N. H. (2006). *The heart of counseling: A guide to developing therapeutic relationships*. Thomson Brooks/Cole.

### **Refereed Journal Publications**

- Brooks, T. P., Cochran, J. L., Cochran, N. H., Johnson, M., & Tebo, K. (2022). The developmental journey of child-centered play therapists: A phenomenological study. *International Journal of Play Therapy*, 31(1), 10-21.  
<http://dx.doi.org/10.1037/pla0000145>
- DiTommaso, N., Wheat, L., Barrio, C., & Cochran, J. L. (2022). Exploring possibilities of predicting positive counselor qualities in counseling students from personality domains. *Journal of Counselor Preparation & Supervision*, 15(2), 474-506.
- McHenry, L. K., Cochran, J. L., Zakrajsek, R. A., Fisher, L. A., Couch, S. R., & Hill, B. S. (2022). Elite figure skaters' experiences of thriving in the coach-athlete relationship: A person-centered theory perspective. *Journal of Applied Sport Psychology*, 34(2) 436-456. <https://doi.org/10.1080/10413200.2020.1800862>
- McHenry, L. K., Cochran, J. L., Zakrajsek, R. A., Fisher, L. A., Couch, S. R., & Hill, B. (2021). Elite figure skaters' experiences of harm in the coach-athlete relationship: A person-centered theory perspective. *Journal of Applied Sport Psychology*, 33(4) 420-440. <https://search.proquest.com/10.1080/10413200.2019.1689536>
- Cochran, J. L., & Cochran, N. H. (2017). Effects of child-centered play therapy for students with highly disruptive behavior in high poverty schools. *International Journal of Play Therapy*, 26(2), 59-72. <http://dx.doi.org/10.1037/pla0000052>
- Cochran, J. L., & Cochran, N. H. (2017). Pre-post demographic study of child-centered play therapy for students with highly disruptive behavior in high-poverty schools. *Journal of Child and Adolescent Counseling*, 3(1), 1-15.  
<http://dx.doi.org/10.1080/23727810.2017.1294919>
- Brooks, T. P., & Cochran, J. L. (2016). The core conditions in counseling chronically undecided career decision-makers. *Person-Centered & Experiential Psychotherapies*, 16, 1-14. doi.org/10.1080/14779757.2016.1179216
- Cochran, J. L., Gibbons, M. M., Spurgeon, S. S., Cochran, N. H. (2014). Challenges in educating students with highly disruptive behavior: A report from an urban, high poverty elementary school. *Journal of At-Risk Issues*, 18, 2-10.
- Gibbons, M. M., Cochran, J. L., Spurgeon, S. L., Diambra, J. F. (2013). The human factor: Student reactions to the integration of personal dispositions into two counselor education programs. *Journal of Humanistic Counseling*, 52, 5-22.
- Cochran, J. L., Cochran, N. H., & Sherer, L.C. (2012). Unconditional positive regard and limits: A case study in child-centered play therapy and therapist development. *The Person-Centered Journal*, 19, 3-28.
- Spurgeon, S. L., Gibbons, M. M., & Cochran, J. L. (2012). Creating personal dispositions for a professional counseling program. *Counseling and Values*, 57, 96-108.
- Gibbons, M. M., Pelchar, T. K., & Cochran, J. L. (2012). Gifted students from low-education backgrounds. *Roepers Review*, 34, 114-122. (EJ960268).

- Cochran, J. L., Cochran, N. H., Cholette, A. M., Nordling, W. J. (2011). Limits and relationship in child-centered play therapy: Two case studies. *International Journal of Play Therapy*, 20, 236-251. <http://dx.doi.org/10.1037/a0025425>
- Blondin, C. A., Cochran, J. L., Oh, E. J., Taylor, C. M. Williams, R. L. (2011). Relationship of adult representations of childhood parenting and personality tendencies with adult stressors and political ideology. *Journal of Adult Development*, 18, 204-213.
- Oh, E. J., Blondin, C. A., Cochran, J. L. & Williams, R. L. (2011). Perceived stressors among college students in American and Korean universities. *Korean Social Science Journal*, 38, 81-113.
- Bain, S. K., McCallum, R. S., Bell, S. E., & Cochran, J. L. (2011). Foreign language learning aptitudes, attitudes, attributions, and achievement of post-secondary students identified as gifted. *Journal of Advanced Academics*, 22, 130-156.
- Diambra, J. F., Gibbons, M. M., Cochran, J. L., Spurgeon, S., Jarnagin, W. L., Wynn, P. (2011). The symbiotic relationships of the counseling profession's accrediting body, American Counseling Association, flagship journal and national certification agency. *The Professional Counselor: Research and Practice*, 1, 82-91.
- Cochran, J. L., Cochran, N. H., Fuss, A., & Nordling, W. (2010). Outcomes and process through stages of child-centered play therapy for a boy with highly disruptive behavior driven by self-concept issues. *Journal of Humanistic Counseling, Education & Development*, 49, 231-246.
- Cochran, J. L., Cochran, N. H., Nordling, W., McAdam, A, & Miller, D (2010). Two case studies of child-centered play therapy for children referred highly disruptive behavior. *International Journal of Play Therapy*, 19, 130-143. <http://dx.doi.org/10.1037/a0019119>
- Cochran, J. L., Cochran, N. H., Nordling, W., McAdam, A., & Miller, D. (2010). Monitoring two boy's processes through the stages of child-centered play therapy. *International Journal of Play Therapy*, 19, 106-116. <http://dx.doi.org/10.1037/a0019092>
- Cochran, J. L., Fauth, D., Cochran, N. H., Spurgeon, S. L., & Pierce, L. M. (2010). Growing play therapy up: Extending child-centered play therapy for highly aggressive teenage boys. *Person-Centered and Experiential Psychotherapies*, 9, 290-302. <http://dx.doi.org/10.1080/14779757.2010.9689073>
- Cochran, J. L., Fauth, D., Cochran, N. H., Spurgeon, S., & Pierce, L. M. (2010). Reaching the "unreachable:" Case descriptions of a person-centered approach for highly aggressive youth. *Person-Centered and Experiential Psychotherapies*, 9, 302-320. <http://dx.doi.org/10.1080/14779757.2010.9689074>
- Cochran, J. L., McCallum, R. S., Bell, S. M. (2010). Three A's: How to attributions, attitude, and aptitude contribute to foreign language learning? *Foreign Language Annals*, 43, 566-582.
- Tursi, M., & Cochran, J. L. (2006). Cognitive-behavioral tasks accomplished in a person-centered relational framework. *The Journal of Counseling and Development*, 84, 387-397.
- Cochran, J. L., & Cochran, N. H. (2004). Services to students with conduct disorder by their elementary school counselors. *The Virginia Counselors Journal*, 27, 27-34.

- Demanchick, S. P., Cochran, N. H., & Cochran, J. L. (2003). Person-centered play therapy for adults with developmental disabilities. *International Journal of Play Therapy, 12*, 47-66. <http://dx.doi.org/10.1037/h0088871>
- Cochran, J. L., Cochran, N. H., & Hatch, E. (2002). Empathic communication for conflict resolution among children. *The Person-Centered Journal, 9*, 101-112.
- Stallworth-Clark, R., Cochran, J. L., Nolen, M. T., Tuggle, D. L., & Scott, J. S. (2000). Test anxiety and performance on reading competency tests. *Research and Teaching in Developmental Education, 17*, 39-48.
- Cochran, J. L., & Cochran, N. H. (1999). Using the counseling relationship to facilitate change in elementary school students with conduct disorder. *Professional School Counseling, 2*, 395-403.
- Tuggle, D. L., Nolen, M. T., Cochran, J. L., & Stallworth-Clark, R. (1998). Review courses for reading exit exams: Teaching variations and successful student performance. *Selected Conference Papers, National Association of Developmental Education, 4*, 45-48.
- Cochran, J. L. (1996). Using play and art therapy to help culturally diverse students overcome barriers to school success. *The School Counselor, 43*, 287-298.

#### **Booklets, Contribution to Edited Volume, Instructors Manual/Test Bank**

- Cochran, N. H., Higgins, B., & Cochran, J. L. (2011). *Special playtime: A child's book about play therapy*. Frankfort, KY: Ideals.
- Higgins, B., Cochran, N. H., & Cochran, J. L. (2011). *A parent's guide to play therapy*. Frankfort, KY: Ideals.
- Cochran, J. L., & Cochran, N. H. (2011). Filial therapy. In S. Goldstein & J Naglieri (Eds.) *Encyclopedia of Child Behavior and Development* (654-657). Heidelberg, Germany: Springer.
- Cochran, J. L., & Cochran, N. H. (2006). *Instructors manual and test bank for The Heart of Counseling*. Belmont, CA: Thomson Brooks/Cole.

#### **MAJOR PRESENTATIONS OR WORKSHOPS**

- Cochran, J. L., Cochran, N. H., Stephens, A. (2024, April). *Extreme aggression in children: Causes, effective interventions, and child-centered play therapy as a core to change*. 50-minute education session/presentation for the Smokey Mountain Counselors Association, Knoxville, TN.
- Cochran, J. L., McCall, M., Tursi, M. M., & Gaylor, R. (2022, May). *From counselor wellness to counselor development and client care*. 50-minute education session/presentation for the Association for Humanistic Counseling, Nashville, TN.
- Cochran, J. L., & Cochran, N. H. (2022, May). *Seeing child-centered play therapy through a CBT lens*. 50-minute education session/presentation for the Association for Humanistic Counseling, Nashville, TN.
- Lazarim, P. M., & Cochran, J. L. (2022, April). *Reaching students as persons throughout an online counseling skills course*. 50-minute education session/presentation for the American Counseling Association, Atlanta, Georgia.
- Cochran, J. L., Tursi, M. M., McCall, M., & Gaylor, R. (2021, May). *How to gain buy-in to humanism in practice*. 50-minute education session/presentation for the

- Association for Humanistic Counseling, Denver, CO. [Conference transitioned online for pandemic].
- Cochran, N. H., & Cochran, J. L. (2019, October). *Part three of child-centered play therapy series: Cultivating “buy-in” with resistance stakeholders and measuring progress*. 90-minute invited webinar for Child Play Works of New Zealand. \*
- Cochran, N. H., & Cochran, J. L. (2019, September). *Part two of three-part child-centered play therapy series: Cultivating client “buy-in” and responding to relationship resistance*. 90-minute invited webinar for Child Play Works of New Zealand. \*
- Cochran, J. L., & Cochran, N. H. (2019, September). *Part one of three part child-centered play therapy series: Understanding CCPT through understanding relationship resistance and mechanisms of change*. 90-minute invited webinar for Child Play Works of New Zealand. \*
- \* This same webinar series was provided October – November of 2018.
- Cochran, J. L., & Cochran, N. H. (2018, September) *Seeing child-centered play therapy through a cognitive-behavioral lens*. Invited 90-minute webinar for ChildPlayWorks, New Zealand.
- Cochran, N. H., & Cochran, J. L. (2018, July). *Growing play therapy up: A retrospective of applications across the lifespan*. 90-minute presentation for the Association for the Development of the Person-Centered Approach, Atlanta, GA.
- Cochran, J. L., & Cochran, N. H. (2018, April). “*Growing play therapy up*” for older children, adolescents and adults. 90-Minute Education Session, peer reviewed, for the American Counseling Association Conference, Atlanta, GA.
- \* Same webinar series listed under 2019 was provided September through October, 2017.
- Cochran, N. H., Cochran, J. L., Fauth, D. J., White, D. N. (2017, June). *Humanistic counseling in the hurried world of children and adolescents in schools and community settings*. 90-minute peer reviewed presentation for the Association for Humanistic Counseling, Syracuse, NY.
- Cochran, J. L., McCall, M., Tursi, M., Rosechandler, A. (2017, June). *Challenges to humanism in the hurried world of community clinics, hospitals, and beyond*. 50-minute peer reviewed presentation for the Association for Humanistic Counseling, Syracuse, NY.
- Cochran, J. L. (2017, January). *Greater effectiveness with cognitive-behavioral tasks through a person-centered therapeutic relationship*. 75-minute invited webinar for Palo Alto University.
- \* Same webinar series listed under 2019 was provided September through October, 2016.
- Cochran, J. L., White, D., & Cochran, N. H. (2016, May). *The elusive factor: Unconditional positive regard*. 50-minute peer reviewed round table presentation for the Association for Humanistic Counseling, Portland, Oregon.
- Cochran, J. L., Balkin, R., Stauffer, M., Speciale, M., Purswell, K., & McCall, M. (2016, May). *Personal reflections on the meaning of humanistic counseling*. Invited panel at general session of the Association for Humanistic Counseling, Portland, Oregon.
- Cochran, J. L., White, D., & Cochran, N. H. (2016, May). *Play therapy in high-poverty schools*. 50-minute peer reviewed presentation for the Association for Humanistic Counseling, Portland, Oregon.

- Cochran, J. L., Cochran, N. H., & Morgan, N. D. (2016, March). *Meditation for counselor self-awareness and well-being*. 90-Minute Session, peer reviewed, for the American Counseling Association, Montreal, Quebec, Canada.
- Cochran, J. L., Cochran, N. H., & Miranda, L. (2016, March). *Client resistance as hopeful communication with mandated and other difficult clients*. 90-Minute Session, peer reviewed, for the American Counseling Association, Montreal, Quebec, Canada.
- Cochran, N. H., & Cochran, J. L. (2015, September). *Part three of child-centered play therapy series: Communicating with stakeholders*. 90-minute invited webinar for Child Play Works of New Zealand.
- Cochran, N. H., & Cochran, J. L. (2015, August). *Part two of three part child-centered play therapy series: Responding to relationship resistance*. 90-minute invited webinar for Child Play Works of New Zealand.
- Cochran, J. L., & Cochran, N. H. (2015, August). *Part one of three part child-centered play therapy series: Mechanisms of change*. 90-minute invited webinar for Child Play Works of New Zealand.
- Cochran, J. L. & Cochran, N. H. (2015, June). *Growing child-centered play therapy up for troubled adolescents, other difficult counseling situations, and for self*. Full-day invited workshop for the UNCC Center for Play Therapy, Charlotte, NC.
- Cochran, N. H., & Cochran, J. L. (2015, June). *Child-centered play therapy for children with aggressive and relationship resistant behaviors*. Full-day invited workshop for the UNCC Center for Play Therapy, Charlotte, NC.
- Cochran, J. L., Cochran, N. H., & Miranda, L. (2015, June). *Working through resistance: The roles of empathy, unconditional positive regard, and the structure of a therapeutic relationship in helping child, teen, and adult clients*. One-hour peer reviewed presentation for the Association for Humanistic Counseling, Cleveland, Ohio.
- Cochran, J. L., Cochran, N. H., & Miranda, L. (2015, June). *Empathy: Taught, caught or uncovered*. 50-minute round table presentation for the Association for Humanistic Counseling, Cleveland, Ohio.
- Banks, B., Burgin, E., & Cochran, J. L. (2015, March). *Being with: Theravada mindfulness in the counselor's way of being*. 60-minute, peer reviewed, presentation at the American Counseling Association, Orlando, FL.
- Burgin, E., Banks, B., Basma, D., Cochran, J. L. (2015, March). *Avenues to awareness and counselor wellness*. 90-minute, peer reviewed, presentation at the American Counseling Association, Orlando, FL.
- Cochran, J. L. (2015, March). "Bullying" from childhood to adulthood: Understanding and interventions to break the cycle. 90-minute, invited, webinar for the Association for Humanistic Counseling.
- Cochran, N. H., & Cochran, J. L. (2014, October). *Part three of child-centered play therapy series: Communicating with stakeholders*. 90-minute invited distance presentation for Child Play Works of New Zealand.
- Cochran, N. H., & Cochran, J. L. (2014, September). *Part two of three part child-centered play therapy series: The roles of empathy, unconditional positive regard, and limits*. 90-minute invited distance presentation for Child Play Works of New Zealand.

- Cochran, J. L., & Cochran, N. H. (2014, September). *Part one of three part child-centered play therapy series: Understanding children's work in CCPT*. 90-minute invited distance presentation for Child Play Works of New Zealand.
- Perepiczka, M., Cochran, J. L., Cochran, N. H., Brooks, T. P. (2014, March). *From free play and self-empathy to wellness*. 90-Minute Session, peer reviewed, for the American Counseling Association, Honolulu, HI.
- Cochran, N. H., & Cochran, J. L. (2014, March). *Presentation 2 of series – "Growing child-centered play therapy up: " The core conditions with older children, adolescents and beyond!* 90-minute invited distance presentation for Child Play Works of New Zealand.
- Cochran, N. H., & Cochran, J. L. (2014, February). *Presentation 1 of series – "Growing child-centered play therapy up: " The core conditions with older children, adolescents and beyond!* 90-minute invited distance presentation for Child Play Works of New Zealand.
- Cochran, N. H., & Cochran, J. L. (2013, August) *Presentation 3 of series - Deep empathy, unconditional positive regard, and genuineness: Child-centered play therapy with limit-testing, aggressive, and relationship resistant children*. 90-minute invited distance presentation for Child Play Works of New Zealand.
- Cochran, N. H., & Cochran, J. L. (2013, August) *Presentation 2 of series - Deep empathy, unconditional positive regard, and genuineness: Child-centered play therapy with limit-testing, aggressive, and relationship resistant children*. 90-minute invited distance presentation for Child Play Works of New Zealand.
- Cochran, N. H., & Cochran, J. L. (2013, July) *Presentation 1 of series - Deep empathy, unconditional positive regard, and genuineness: Child-centered play therapy with limit-testing, aggressive, and relationship resistant children*. 90-minute invited distance presentation for Child Play Works of New Zealand.
- Cochran, J. L., & Cochran, N. H. (2013, March). *Play therapy for urban elementary school children at-risk of juvenile delinquency: Successes, difficulties and process*. 90-Minute peer reviewed presentation for the American Counseling Association, Cincinnati, OH.
- Cochran, J. L. (2012, September). *Child-centered play therapy for at-risk children: Outcomes, challenges, research and grant experiences*. 30-minute roundtable presentation for the Southern Association for Counselor Educators and Supervisors, Savannah, GA.
- Cochran, N. H., & Cochran, J. L. (2012, September). *Child-centered play therapy for at-risk, relationship resistant children*. 60-minute invited pod-cast presentation for Nazareth College, Rochester, NY.
- Cochran, N. H., & Cochran, J. L. (2012, August) *Presentation 3 of series - Deep empathy, unconditional positive regard, and genuineness: Child-centered play therapy with limit-testing, aggressive, and relationship resistant children*. 90-minute invited distance presentation for Play Therapy Australia and Play Therapy New Zealand.
- Cochran, N. H., & Cochran, J. L. (2012, August) *Presentation 2 of series - Deep empathy, unconditional positive regard, and genuineness: Child-centered play therapy with limit-testing, aggressive, and relationship resistant children*. 90-

- minute invited distance presentation for Play Therapy Australia and Play Therapy New Zealand.
- Cochran, N. H., & Cochran, J. L. (2012, July) *Presentation 1 of series - Deep empathy, unconditional positive regard, and genuineness: Child-centered play therapy with limit-testing, aggressive, and relationship resistant children*. 90-minute invited distance presentation for Play Therapy Australia and Play Therapy New Zealand.
- Cochran, N. H., & Cochran, J. L. (2012, July). *Lessons in unconditional positive regard from an angry, approach avoidant child*. 90-minute invited presentation for the Association for the Development of the Person-Centered Approach, Savannah, GA.
- Cochran, J.L., Snyder, M., Brown, R. Sarradon, F. (2012, May). *Community sharing and connecting*. Hosted by invitation a 90-minute panel presentation for the Association for Filial and Relationship Enhancement Methods Annual Meeting, Bethesda, MD.
- Mullin, J., Guerney, L., Guerney, B., Cochran, J. L., Cochran, N. H. (2012, January). *Special learning moments in child-centered play therapy, filial therapy, and relationship enhancement therapy*. 60-minute, invited panel presentation in bridge-line series of the Association for Filial and Relationship Enhancement Methods.
- Cochran, J. L., Cohen, L., & Alewine, A. E. (2011, March). *Play therapy and related interventions to reach children at risk of juvenile delinquency in an urban, high poverty school*. 60-minute, peer reviewed presentation at the American Counselor Association Annual Conference, New Orleans, LA.
- Cochran, J. L., Perepiczka, M., Alewine, A. E., & Cohen, L. (2011, March). *From childlike art and play therapy to counselor wellness*. Invited 1.5-hour workshop at the American Counselor Association Annual Conference, New Orleans, LA.
- Nordling, W. J., Cochran, J. L., & Cochran, N. H. (2010, October). *Typical stages in CCPT: Case Studies of Child Behavior Problems in School*. Half-day Workshop at the Association for Play Therapy Annual International Conference, Louisville, KY.
- Cochran, J. L., & Cochran, N. H. (2010, June). *A multi-systemic, person-centered intervention featuring child-centered play therapy and empathic communication for conflict resolution for children at risk of juvenile delinquency in an urban high poverty school*. Presentation at the annual meeting of the Association for the Development of the Person-Centered Approach, Rochester, NY.
- Cochran, N. H., and Cochran, J. L.. (2010, April). *The REACH Project: CCPT, parent skills training, filial therapy and the relationship enhancement model to prevent juvenile delinquency among students with highly disruptive behavior at an urban Title 1 elementary school*. Half-day workshop for the annual meeting of the Association for Filial and Relationship Enhancement Methods, Bethesda, MD.
- Cochran, J. L. (2010, March). *Case studies in child-centered play therapy for highly disruptive students: Mechanisms of change*. One hour workshop at the American Counseling Association Annual Conference, Pittsburg, PA.
- Peripiczka, M., & Cochran, J. L. (2010, March). *From play to wellness*. Invited two hour workshop at the American Counseling Association Annual Conference, Pittsburg, PA.



- Cochran, J. L., Cochran, N. H., Ginsberg, B. (2009, April). *Child and adolescent relationship enhancement: An RE conflict resolution model for kids*. Invited two-hour workshop for the annual meeting of the Association for Filial and Relationship Enhancement Methods, Bethesda, MD.
- Gibbons, M. M., Woodside, M., Spurgeon, S. L., Diambra, J., & Cochran, J. L. (2008, October). *Infusing personal dispositions into a counselor education program*. Southern Association of Counselor Educators and Supervisors Bi-Annual Conference, Houston, TX.
- Locke, W., & Cochran, J. L. (2008, October). *Love can build a bridge: The role of love in therapeutic relationships*. Southern Association of Counselor Educators and Supervisors Bi-Annual Conference, Houston, TX.
- Cochran, J. L., & Cochran, N. H. (2008, April). *Empathic communication for conflict resolution among children and adolescents*. Invited Bridgeline presentation for the Association for Filial and Relationship Enhancement Methods, Bethesda MD.
- Higgins, B., Cochran, N. H., & Cochran, J. L. (2008, April). *Promoting filial therapy training with Head Start, foster and adopting, and other social service agencies*. Half-day, invited workshop for the annual meeting of the Association for Filial and Relationship Enhancement Methods, Bethesda, MD.
- Cochran, J. L., Cochran, N. H., Cramer, E. S. (2008, March). *Key note address: The child-centered approach*. Opening presentation for the UT/Dpt of Educational Psychology and Counseling mini-conference entitled, "An afternoon of therapeutic play, art, and art education focused in the child-centered approach," Knoxville, TN.
- Cochran, N. H., & Cochran, J. L. (2008, March). *Therapeutic Relationships and diversity: The importance of play, art, and free expression in CCPT*. Break-out session presentation for the UT/Dpt of Educational Psychology and Counseling mini-conference entitled, "An afternoon of therapeutic play, art, and art education focused in the child-centered approach," Knoxville, TN.
- Cochran, J. L., Cochran, N. H., & Pierce, L. M. (2008, March). *Skill based therapeutic relationship interventions for severely troubled youth: What works and why*. 1.5 hour education session for the American Counseling Association Annual Conference, Honolulu, HI.
- Cochran, J.L., & Cochran, N. H. (2008, March). *Following your heart with the most difficult clients and finding ways to write about it*. Author presentation sponsored by Cengage Brooks/Cole at the American Counseling Association Annual Conference, Honolulu, HI.
- Cochran, J. L. (2007, November). *An introduction to child-centered play therapy*. Invited presentation for Knox County Elementary School Counselors, Knoxville, TN.
- Cochran, J. L., Tursi, M., & Pierce, L. M. (2007, October). *Articulating humanistic approaches in a hurried world*. Presentation for the Association of Counselor Educators & Supervisors Bi-Annual National Conference, Columbus, OH.
- Tursi, M., & Cochran, J. L. (2007, October). *Cognitive behavioral tasks accomplished in a person-centered relational framework*. Presentation for the Association of Counselor Educators & Supervisors Bi-Annual National Conference, Columbus, Ohio.

- Cochran, J. L. (2007, September). *Reaching the “unreachable”*: A person-centered approach for behavior change in highly aggressive teenage boys. Invited Presentation for the Smokey Mountain Counselors Association, Knoxville, TN.
- Cochran, J. L. (2007, May). *Facilitating positive behavior, learning and personal development with therapeutic relationships*. Invited presentation for the faculty and staff of the Project Grad UT Summer Institute, Knoxville, TN.
- Cochran, J. L. (2007, April). *Relationship matters: Person-centered approaches for adolescents and children with behavioral-emotional difficulties*. Presentation for the Educational Psychology & Counseling Faculty Symposium, Knoxville, TN.
- Cochran, J. L. (2007, March). *Reaching the “unreachable”*: A person-centered approach for behavior change in highly aggressive teenage boys. Invited Research Presentation for the Monthly Counselor Education Graduate Research Meeting, Knoxville, TN.
- Cochran, J. L., & Fauth, D., Cochran, N. H. (2007, March). *Reaching the “unreachable”*: A person-centered approach for behavior change in highly aggressive teenage boys. Presentation given at the American Counselors Association, Detroit, MI.
- Cochran, J. L. & Cochran, N. H. (2006, October). *Humanistic approaches in a hurried world*. Online presentation sponsored by Thomson Brooks/Cole
- Cochran, J. L. (2006, September). *Reaching difficult clients: Relationship skills and strategies for counseling behaviorally and emotionally troubled youth*. Presentation for Smokey Mountain Counselors Association, Knoxville, TN.
- Cochran, J. L. & Cochran, N. H. (2005, November). *Helping counselors reach difficult clients with therapeutic relationship skills*. Online presentation sponsored by Thomson Brooks/Cole.
- Cochran, J. L., & Demanchick, S. P. (2005, October). “*Slow is fast*.” *Preparing beginning counselors to overcome crises in confidence and provide deeply healing therapeutic relationships*. Roundtable Discussion/Presentation given at the American Counselor Educators and Supervisors Conference, Pittsburgh, PA.
- Cochran, J. L., & Cochran, N. H. (2005, October). *Developing therapeutic relationships with adult and child victims of trauma*. Invited full-day workshop for the 10<sup>th</sup> Annual Fall Collaboration of Professionals, sponsored by Albemarle Hopeline & the District Attorney’s Office of the 1<sup>st</sup> Prosecutorial District at Elizabeth City, NC, Kill Devil Hills, NC.
- Nordling, W., Cochran, N. H., & Cochran, J. L. (2005, July). *Advanced topics in child-centered play therapy: A questions and answer session for play therapists in the western New York region*. SUNY Brockport Metro Center, Rochester, NY.
- Cochran, J. L., & Cochran, N. H. (2003, January). *Providing counseling and related services for elementary school children with conduct disorder through crisis and calm*. Workshop given at the Monroe County School Counselor’s Association, Twelfth Annual Renewal and Reflections for Counseling Professionals, Rochester, NY.
- Demanchick, S. P., Cochran, N. H., & Cochran, J. L. (2002, August). *Person-centered play therapy for adults with developmental disabilities: New research and implications for the person-centered approach*. Paper presented at the Association for the Development of the Person-Centered Approach Annual International Conference, Cleveland, OH.

- McCulloch, L., Shakoor, M., Cochran, J. L., & Cochran, N. H. (2002, August). *A group happening!* Workshop given at the Association for the Development of the Person-Centered Approach Annual International Conference, Cleveland, OH.
- Cochran, N. H., & Cochran, J. L. (2002, March). *Play therapy: The child-centered approach*. Two-day workshop sponsored by Catholic Family Centers of Wayne County, Rochester, NY.
- Cochran, N. H., & Cochran, J. L. (2002, January). *Building healing relationships with child-centered play therapy: An Introduction*. Workshop given at the Monroe County School Counselors Conference, Rochester, New York.
- Demanchick, S. P., Cochran, N. H., & Cochran, J. L. (2001, November). *Person-centered play therapy for adults with developmental disabilities*. Paper presented at the New York Counseling Association, Glens Falls, NY.
- Cochran, J. L., & Cochran, N. H. (2001, June). *Child-centered play therapy and person-centered approaches for children with conduct disorder*. Workshop given at the Association for the Development of the Person-Centered Approach, Manchester, UK.
- Cochran, N. H., & Cochran, J. L. (2001, June). *Understanding stages and the process of child-centered play therapy*. Workshop given at the Association for the Development of the Person-Centered Approach, Manchester, UK.
- Cochran, J. L. (2001, March). *Finding the human spirit: Counseling children with conduct disorder*. Workshop given at the American Counseling Association Conference, San Antonio, TX.
- Cochran, J. L., & Scheel, A. (2001, March). *Combining person-centered and feminist therapies to reach the human spirit*. Poster session presented at the American Counseling Association Conference, San Antonio, TX.
- Cochran, J. L., & Cochran, N. H. (2001, March). *Understanding and counseling children and adolescents with conduct disorder*. Invited workshop for Nu Chapter of Chi Sigma Iota, Brockport, NY.
- Cochran, J. L., & Cochran, N. H. (2000, October). *Child-centered play therapy*. Full-day presentation series given for Head Start teachers, parents, coordinators, and interested community members. Sponsored by Action for Better Community & Monroe County Head Start, Rochester, NY.
- Zanone, C., Cochran, J. L., Edwardson, T., Emerson, E., & Waters, M. (1999, March). *Student counseling related concerns at one university: Implications for others*. Paper presented at the American College Personnel Annual Convention, Atlanta, GA.
- Emerson, E., Edwardson, T., Cochran, J. L., Zanone, C., & Waters, M. (1999, March). *Counseling center research made simple*. Presentation given at the American College Personnel Conference, Atlanta, GA.
- Stallworth-Clark, R., Cochran, J. L., Nolen, M. T., Tuggle, D. L., & Scott, J. S. (1999, February). *Test anxiety and performance on reading competency tests*. Paper presented at the National Association for Developmental Education, Detroit MI.
- Cochran, J. L., & Cochran, N. H. (1998, November). *Understanding and counseling children with conduct disorder*. Full-day workshop provided for Georgia School Counselors Conference, Augusta, GA.
- Cochran, J. L. (1998, February). *The value of the counseling relationship*. Invited

- presentation given for the Georgia School Counselors Region 12 annual meeting, Statesboro, GA.
- Cochran, J. L. (1997, November). *Understanding and counseling children with conduct disorder*. Workshop given for the Georgia School Counselors Conference, Jekyll Island, GA.
- Cochran, N. H., & Cochran, J. L. (1997, November). *Play therapy with children in elementary schools and agency settings*. Full-day workshop provided for the Southern Center for Continuing Education at Georgia Southern University, Statesboro, GA.
- Cochran, J. L., & Cochran, N. H. (1997, May). *Play therapy for children*. Invited half-day workshop given for the Georgia Southern University's chapter of Chi Sigma Iota, Statesboro, GA.
- Cochran, J. L., & Cochran, N. H. (1997, April). *Counseling children with conduct disorder*. Full-day Pre-Conference Learning Institute provided for the American Counseling Association World Conference, Orlando, Florida.
- Cochran, J. L., & Cochran, N. H. (1997, March). *Counseling children with conduct disorder*. Full-day workshop provided for the Southern Center for Continuing Education at Georgia Southern University, Statesboro, GA.
- Cochran, J. L., & Cochran, N. H. (1996, November). *Play therapy with children in elementary schools and other settings*. Half-Day Skills Workshop given for the Virginia Counseling Association 1996 Convention, Roanoke, Virginia.
- Cochran, J. L. (1996, April). *Using play and art therapy to help culturally diverse students overcome barriers to school success*. Paper presented at the ACA World Conference, Pittsburgh, PA.
- Cochran, J. L. (1996, March). *Using empathy to resolve conflict and create a climate of greater human relatedness*. Invited workshop provided for the undergraduate symposium: Breaking Down the Barriers, Creating a Campus Climate of Greater Human Relatedness. Virginia Tech, Blacksburg, Virginia.
- Cochran, J. L. (1996, February). *Play therapy with children*. Invited workshop given for Chi Sigma Iota - Virginia Tech Chapter, Blacksburg, Virginia.

### **SIGNIFICANT COMMUNITY CONSULTATION PROJECTS**

- Cochran, N. H. & Cochran, J. L. (2012-Ongoing). Consultation with ChildPlayWorks New Zealand. We provide three to four web-based workshops per year, one three part series, plus usually one other by request, on aspects of child-centered play therapy.
- Cochran, J. L., Cochran, N. H., Nelson, J., Sheppard, D., Pollard, E., Dougherty, Sinead (2017, June). *Camp Unite*. Provided workshops for parents, youth and children through the weekend of Camp Unite for Family Justice Center & Harmony Adoptions at Camp Montvale.
- Cochran, J. L. (2017). *Children's Committee Member/Consultant for Family Justice Center*, Knoxville Tennessee.
- Cochran, J. L., Cochran, N. H., Rowinski, K. (2011, April). *Understanding and educating children with highly disruptive behavior*. Evening workshop for the staff and administration of the University Assisted Community School at Pond Gap Elementary School, Knoxville, TN.

- Cochran, N. H., & Cochran, J. L. (2010, September). *Child-centered play therapy*. Two-day workshop mental health counselors serving in Abbeville County Schools, Greenwood, SC.
- Cochran, J. L., & Cochran, N. H. (2004, April). *Child-centered play therapy: A question and answer session for the School Advocates and School Counselors of the WIN Schools* (grant funded private schools that serve high risk, urban students in Rochester, NY). Presentation customized to the needs and interests of the School Advocates and School Counselors of the WIN Schools, Brockport, NY.
- Cochran, N. H., & Cochran, J. L. (2002, May). *Foster parent training and consultation for Project Life* (which provides summer language and play programs for war orphans from around the world). Presentation and preparation for summer support provided to Project Life Parent Organization and Planning Meeting, Gasport, NY.
- Cochran, J. L., & Cochran, N. H. (2001, October). *Counseling and educating children and adolescents with conduct disorder*. Invited and tailored workshop training provided for the West Irondequoit School Counselors. West Irondequoit Teaching and Learning Center, Rochester, NY.
- Cochran, N. H., & Cochran, J. L. (2001, March). *Pre-school behavioral and emotional difficulties*. Multi-week staff training project provided for the Summerville Pre-School, Rochester, NY.
- Cochran, N. H., & Cochran, J. L. (2001, March). *Understanding and educating pre-school children with behavioral or emotional difficulties*. Tailored training workshop given for the staff of Brockport Child Care Center. Brockport Child Care Center, Brockport, NY.
- Cochran, J. L., & Cochran, N. H. (1998, April & May). *Educating children with conduct disorder*. Multi-week training sessions provided for the staff of Sea Islands Elementary School, Savannah, GA.

### **AWARDS**

- Association of Humanistic Counseling's Hollis Award for Outstanding Publication, given in recognition of *The heart of counseling: Counseling skills through therapeutic relationship (2<sup>nd</sup> ed)* (Cochran & Cochran, 2015, Routledge)
- Bernard and Louise F. Guerney Award (2014) from the Institute for the Development of Emotional and Life Skills and from the Association for Filial and Relationship Enhancement Methods – In recognition of outstanding expertise; contributions in sharing, teaching and promoting Relationship Enhancement, Filial and Child-Centered Play Therapy; and exceptional leadership of IDEALS.
- Association for Humanistic Counseling's Hollis Award for Outstanding Publication, given in recognition of: *Child-centered play therapy: A practical guide to therapeutic relationships with children* (Cochran, Nordling & Cochran, 2010, Wiley)
- Chancellor's Grant for Faculty Research, academic year 2009-2010 competition, award includes release time to implement grant funded research.
- Chi Sigma Iota Nu Chapter Award for Outstanding Counselor Practitioner 2002, with Nancy H. Cochran, for bringing play therapy training and practice to the western NY region.

## **GRANTS**

- \$185,000 from the Tennessee Department of Mental Health and Substance Abuse Services, for Part 2 of Landscape Analysis of K-12 Mental Health Supports for Tennessee School Districts. 7/1/2023 – 6/15/2023. I served as Co-PI.
- \$1,000,000 from the Tennessee Department of Education for Landscape Analysis of K-12 Mental Health Supports for Tennessee School Districts. 6/01/2021 – 6/15/2022. I served as Co-PI.
- \$22,000 from the Office of Juvenile Justice Delinquency Prevention, through the Tennessee Commission on Children and Youth to fund multifaceted interventions and research through the UT REACH Project, which provides and researches outcomes of child-centered play therapy, parent skills training, and empathic communication for conflict resolution for children at high risk of juvenile delinquency at an urban, high poverty elementary school. This funding is for the period from October 1, 2011 to September 30, 2012. I served as PI.
- \$33,000 from the Office of Juvenile Justice Delinquency Prevention, through the Tennessee Commission on Children and Youth to fund multifaceted interventions and research through the UT REACH Project, which provides and researches outcomes of child-centered play therapy, parent skills training, and empathic communication for conflict resolution for children at high risk of juvenile delinquency at an urban, high poverty elementary school. The funding is for the period from October 1, 2010 to September 30, 2011. I served as PI.
- \$44,000 from the Office of Juvenile Justice Delinquency Prevention, through the Tennessee Commission on Children and Youth to fund multifaceted interventions and research through the UT REACH Project, which provides and researches outcomes of child-centered play therapy, parent skills training, and empathic communication for conflict resolution for children at high risk of juvenile delinquency at an urban, high poverty elementary school. The funding was for October 1, 2009 to September 30, 2010. I served as PI.
- \$2,000 from the Wegman's Corporation in 2003 to establish model a play therapy room at SUNY Brockport, which we used to teach and demonstrate child-centered play therapy, and video record sessions for teaching purposes.
- \$2,500 from Ronald McDonald House Charities in 2003 to establish model a play therapy room at SUNY Brockport, which we used to teach and demonstrate child-centered play therapy, and video record sessions for teaching purposes.
- \$500 Student Development Grant at Virginia Tech in 1995 for research expenses related to my dissertation.

## **MAJOR SERVICE ACTIVITIES**

- Past-President of the Association for Humanistic Counseling, 2016-2017
- President of the Association for Humanistic Counseling, 2015-2016
- President-Elect for the Association for Humanistic Counseling, 2014-2015
- Awards Chair for the Association for Humanistic Counseling, 2011 to 2015
- Editorial Reviewer for *Educational Psychology: An International Journal of Experimental Educational Psychology*, 2013 to present
- Editorial Board Member for *The Journal of Humanistic Counseling*, 2013 to

- present
- Editorial Board Member for *The International Journal of Play Therapy*, 2012 to present
  - Editorial Reviewer for *Person-Centered and Experiential Psychotherapies*, 2012 to present
  - Editorial Board Member for *The Person Centered Journal*, 2011 to present
  - Editorial Board Member for *The Tennessee Counselors Association Journal*, 2006 to present
  - Conference Proposal Reviewer for the Association for Counselor Education and Supervision, 2011-2011
  - Governing Board Member for the Counseling Association for Humanistic Education and Development, 2007 - present
  - Chair of the Review Committee for the Make A Difference Grant Competition for the Counseling Association for Humanistic Education and Development (C-AHEAD, a division of the American Counseling Association), 2007 to present
  - Executive Board President for the Institute for Emotional and Life Skills Training, September 2009 – 2012.
  - Executive Board Member for the Institute for Emotional and Life Skills Training, May 2009 – 2012.
  - Co-author of column, Current Trends and Research in Filial Therapy, for RE/Filial News – the newsletter of the Association for Filial and Relationship Enhancement Methods.
  - Convener of Mini-Conference on Child-Centered Play Therapy and Art Education, March 7, 2008, University of Tennessee, Knoxville, TN. I will be providing the opening large group presentation, co-presenting some of the small group presentations, and coordinating presentations by doctoral and masters students in Counselor Education and Art Education, and marketing along with our sponsor, the UTK chapter of the Chi Sigma Iota counselors honor society.
  - Member of the Education and Research Committee for the Association for Filial and Relationship Enhancement Methods (a multidisciplinary association supporting approaches to family therapy, parent and couples education, that feature skill based/skill teaching approaches to helping families function better), 2007 - 2009
  - Editorial Board Member for *The Journal for The Professional Counselor*, November 2005 to 2008
  - Coordinator of School Counseling Program for State University of New York College at Brockport Department of Counselor Education, Fall 1999 to August 2006
  - Coordinator of Admissions for State University of New York College at Brockport Department of Counselor Education, Fall 2001 to August 2006
  - Departmental Designee to SUNY College at Brockport Faculty Senate, Fall 2000 to Fall 2004
  - Member of SUNY College at Brockport Graduate Curriculum and Research Committee, Fall 2000 to Fall 2004
  - Member of SUNY College at Brockport Academic Priorities Committee, Fall

- 2000 and Spring 2001
- Member of SUNY College at Brockport Middle States Working Group 1, Fall 2000 and Spring 2001
  - Member of SUNY College at Brockport Middle States Working Group 1 Subcommittee for Graduate Programs, Fall 2000 and Spring 2001
  - Member of SUNY College at Brockport Middle States Working Group 1 Subcommittee for Academic Resources, Fall 2000 and Spring 2001
  - Member of Brockport College Travel Grants Committee, Fall 1999 to Spring 2001
  - Research Coordinator for Georgia Southern University Counseling Center, 8/1997 - 5/1999.

### **RECENT JOURNAL MANUSCRIPT REVIEWS (2021 – present)**

#### **2024**

- *Person-Centered & Experiential Psychotherapies* – Understanding the experience of clients' with psychosomatic symptoms in person-centered therapy: A grounded theory

#### **2022**

- *Journal of Child and Family Studies* – Associations among family routines, family relationships, and children's behavior.
- *Journal of Child and Family Studies* – Playtime and bedtime relate to cortisol levels for children facing economic hardship.

#### **2021**

- *Journal of Child and Family Studies* – Child-centered play therapy and childhood depression: An effectiveness study in schools. Follow-up or Resubmission Review
- *Journal of Child and Family Studies* – Child-centered play therapy and childhood depression: An effectiveness study in schools. Initial Review

### **EXTERNAL REVIEWS FOR TENURE OR PROMOTION (this is a possibly incomplete list create by recall and document search within my computer)**

- Amanda Windburn, University of Mississippi; Nov 9, 2023
- Peggy Ceballos, University of North Texas; August 11, 2022
- Katherine Purswell, Texas State University; September 30, 2021
- Peggy Ceballos, University of North Carolina, Charlotte; 2020
- Kimberly Jayne, Portland State University; October 31, 2019
- Kristi Perryman, University of Arkansas; September 27, 2019
- Jolie Daigle, University of Georgia; May 27, 2017
- Jeffrey Cornelius-White, Missouri State University; October 29, 2016
- Kara Carnes-Holt, University of Wyoming; August 31, 2015

### **PRE-FACULTY COUNSELING, TEACHING, AND RELATED EXPERIENCE**

Georgia Southern University

Statesboro, GA

8/96 to 6/99

Adjunct Instructor

- Taught Theories of Counseling Fall, 1998 and Spring, 1999 semesters.



**Georgia Southern University**                      **Statesboro, GA**                      **5/96 to 6/99**  
 Psychological Counselor at Georgia Southern University Counseling Center

- Provided individual and small group counseling, campus consultation, parent and faculty consultation, mental health workshops and other outreach.

**Georgia Youth Advocacy Program**                      **Savannah, GA**                      **1/97 to 1/98**  
 Therapeutic Foster Parent - Professional Volunteer

- Provided treatment foster care with my wife, Nancy H. Cochran, for our foster child who suffered with severe emotional and behavioral difficulties.

**Virginia Tech, Counselor Education**                      **Blacksburg, VA**                      **8/93 to 5/96**  
 Supervisor of Master's Level Practicum Students - Doctoral Assistantship

- Guided counseling interns in their progress through individualized goals for their development as counselors.
- Reviewed interns' counseling sessions.
- Facilitated group and individual feedback.
- Conducted site visits at a variety of internship settings (including schools, mental health and substance abuse centers and higher education counseling centers).
- Co-taught Practicum/Internship Seminars with Dr. Claire Cole Vaught.

**Virginia Tech, Counselor Education**                      **Blacksburg, VA**                      **Fall/Spring 93-4**  
 Teacher of Graduate Counseling Courses - Doctoral Intern

- Assisted Dr. Claire Cole Vaught in teaching Consultation with Human Systems, fall 1993; Counseling in the School Setting and Principles and Practices of Counseling, summer 1994
- Taught Counseling Theories, under Dr. David Hutchins' supervision, spring 1994.

**Women's Resource Center**                      **Radford, VA**                      **June 94, 95**  
 Co-leader of Therapeutic Day Camps

- Co-lead therapeutic day camps for children and adolescents, who had documented histories of sex abuse. The camps were funded through community donations, and featured group process, trust and confidence building, and relationship enhancement through outdoor experience.

**Virginia Tech University Counseling Center**                      **Blacksburg, VA**                      **8/94 to 5/95**  
 Counselor - Doctoral Intern, then Part-Time Employee

- Provided individual and small group counseling, campus consultation, parent and faculty consultation, mental health workshops and other outreach.

**Merizo Martyrs Memorial Elementary School**                      **Merizo, Guam**                      **7/91 to 7/93**  
 Elementary School Counselor

- Provided counseling services for over 350 elementary school children, and consultation services for their families, teachers and school administrators; almost all students were Chamorro (the ethnic group native to Guam), while some were Philippino or Micronesian.

**Avery County Middle School**    **Newland, NC**    **1/91 to 5/91**  
Middle School Counselor - Masters Degree Intern

- Provided individual, small group, consultation and classroom counseling services appropriate to middle school students, their families, teachers, and administrators.

**Caldwell Residential Services**    **Lenoir, NC**    **1/89 to 7/89**  
House parent to troubled adolescents, who were adjudicated to the group foster home.

- Provided day to day guidance, care, mentoring, and discipline as needed for troubled youth

**Hibriten High School and Caldwell Community College**      **Lenoir, NC**      **8/86 to 12/89**  
Social Studies Teacher

- Taught World Civilizations, American History, Psychology/Sociology, and Political Science.
- Taught at Extended School Day Program for one year, regular day high school for one year, and part-time at community college.

**Avery County High School**    **Avery County, NC**    **1/85 to 6/85**  
Social Studies Teacher - Student Teacher

- Taught social studies classes to students with a wide range of ability levels and high school ages.

#### **CERTIFICATION/LICENSURE**

- National Certified Counselor (NCC), April 24, 1999 – present, National Board for Certified Counselors
- Licensed Mental Health Counselor, June 19, 2006 – June 19, 2016, State of New York Department of Education, State Board for Mental Health Practitioners, inactive status as of June 19, 2016
- Licensed Professional Counselor, Granted May 1, 1999, inactive status as of May 1 2004, Georgia Board of Professions

#### **CURRENT PROFESSIONAL ASSOCIATION MEMBERSHIPS**

- American Counseling Association (1993 to present)
- Association for Humanistic Counseling (2008 to present)
- Association for Counselors of Adolescents and Children (2010 to present)
- Association for Counselor Education and Supervision (off-and-on from 2008 to present)
- Association for Filial and Relationship Enhancement Methods (2003 to present)
- Association for the Development of the Person-Centered Approach (2002 to present)

#### **DISSERTATIONS CHAIRED**

Brooks, Tiffany

Vincent, Blair

Lazarim, Paula (in progress)

**DISSERTATION MEMBERSHIPS**

Fuss, Angela

McHenry, Lauren

Jones, Matthew

Carlosh, Kristen

Gantt, Henrietta (in progress)