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Inspiration + Motivation

“What you do makes a
difference, and you have to
decide what kind of difference
you want to make”
-Jane Goodall

“A flower that blooms in
adversity is the rarest and
most beautiful of all”
-Mulan, *Mulan*

“Just because something
works doesn't mean it can't be
improved ”
-Shuri, *Black Panther*

“Strive not be a success, but
rather to be of value”
-Albert Einstein

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Public Health Memos

Fall 2025, Volume I



Starting Strong!

Goodness, did we miss our public
health Vols!

To celebrate having new and
returning Vols on campus, the
Department of Public Health is
starting the semester strong with a
full slate of events and opportunities
for students and faculty alike!

The Art of Songwriting: An Evening with Shelly Fairchild!



Tuesday, October 14, 2025 ✧
6:30 – 8:00 PM ✧
UTK Campus ✧
Student Union 372C ✧

The Art of Songwriting

**FEATURING SINGER-SONGWRITER
SHELLY FAIRCHILD**

Sponsored by the University of Tennessee Department of Public Health

How do ideas become songs?

Have you ever been curious how songs get written or how recording artists choose which songs belong on an album? Join **Shelly Fairchild**, a singer-songwriter and Billboard Hot Country Singles charting recording artist, as she discusses the songwriting process and explores how ideas get turned into lyrics and recorded songs.

Regular in person or virtual attendance is complimentary for UTK employees and students. A valid student or personnel ID number will be required to receive complimentary registration.

[Register here](#)




LEARN THE SECRETS OF SONGWRITING!

About Shelly

Born in Mississippi, her musical upbringing brought her to Nashville, where she started writing and recording at 19 years old. Shelly has toured with Martina McBride, Keith Urban, Tim McGraw, and many more. As a songwriter, Shelly has had over 100 television placements as well as having her songs recorded by multiple artists including Little Big Town, Tanya Tucker, Ty Herndon, to name a few. Shelly is a regular guest on The Grand Ole Opry and will be releasing her fourth studio album in Fall 2025.



CHES Study Group!

CHES STUDY GROUP!

Want to learn more?
Attend the informational session!

When: Wednesday, September 3

Time: Noon-1:00 EST

Where: Zoom

(<https://tennessee.zoom.us/j/4147356617>)

The meeting will be recorded for those who cannot
attend the live session.

Contact Dr. Perion (jperion@utk.edu) for additional
details.

APHA Conference!

This year's American Public Health Association (APHA) annual conference will be held November 2-5th in Washington D.C.

Interested in attending? There is still time to register!

Visit [this link](#) for more information

APHA 2025

ANNUAL MEETING & EXPO

Making the Public's
Health a National
Priority

Washington, D.C. | November 2-5, 2025



TPHA Conference + Scholarship!

This year's Tennessee Public Health Association (TPHA) annual conference will be held September 17-19th in Murfreesboro, Tennessee.

Interested in attending? Student scholarships are available!

[Apply before September 2nd!](#)



Public Health Student Association!

PHSA

Public Health Student Association

About Us

PHSA is a voluntary student organization for students enrolled in public health programs at the University of Tennessee. The PHSA allows public health students, both new and seasoned, to develop leadership skills, enjoy time together, and develop health-promoting initiatives for the university community and beyond.

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Groupme for 2025-2026



New Member Interest Form



Important Info

- Dues: \$20 a year, \$10 a semester
- Minimum 1 event a month
 - Zoom links available
- Interest meeting is September 3rd at 6 pm

Discovery Day!

Each year, UTK showcases the amazing research and creative work of undergraduate students at Discovery Day. This year, three of our awesome public health students will be presenting their work, Ashley Bell, Meredith Jubilee, and Morgan Loftin! Way to go, public health Vols!

Discovery Day will be held on **Tuesday, September 23, 2025**, on the **1st and 2nd floors of Hodges Library**. The event is structured into two sessions:

Session I: 10:00 AM – 12:00 PM

Session II: 1:00 PM – 3:00 PM



Congrats to Morgan Loftin who will be on the “Impact of Previous Knowledge, Age, and Sex on Cardiac Rehabilitation Enrollment/Attendance”



Congrats to Meredith Jubilee who will be on “Blood flow restriction training for peripheral arterial disease: Feasibility, safety, and early outcomes”

Faculty Spotlight!

Dr. Barbara Saltzman



Dr. Barbara Saltzman comes to UTK from the University of Toledo and is passionate about online education. Dr. Saltzman earned her Master of Public Health with a concentration in Public Health Genetics from the University of Michigan, and a Ph.D. in epidemiology from the Johns Hopkins Bloomberg School of Public Health. Her research interests include environmental and genetic risk factors for chronic diseases.

Dr. Saltzman works remotely from Toledo, Ohio where she lives with her husband, youngest son who is still in high school, and her two standard poodles and kitties. You may see them in meetings from time to time. Her two older children are in college and beyond. Her husband Dave is a professional tuba player with the Toledo Symphony and teaches at Bowling Green State University. In her free time, she enjoys hiking, camping, attending her husbands' concerts and spending time with her family.

Welcome to UTK, Dr. Saltzman!



Faculty Spotlight!

Dr. Victoria Wagner-Greene

Dr. Victoria Wagner-Greene is a Teaching Assistant Professor of Public Health and the program director for the Distance Education Bachelor's of Science in Public Health program. Dr. Wagner-Greene earned her Bachelor of Science in Education with an emphasis in Exercise Science from Bowling Green State University; her Master of Public Health from the Northwest Ohio Consortium of Public Health with a dual major in Health Education and Promotion and Public Health Administration; a Graduate Certificate in Contemporary Gerontological Practice; and her Doctorate in Health Education from the University of Toledo. Her research interests include end-of-life planning, health promotion, health communication, older adult health, and interdisciplinary health assessments and strategies. Outside of work, Dr. Wagner-Greene loves spending time reading—especially outdoors or on the boat while her husband fishes. She has a spoiled, but lovable 7-year-old English bulldog named Stanley, and she and her family enjoy exploring dog-friendly spots and meeting new people. Dr. Wagner-Greene and her husband also love listening to music, attending concerts, watching sporting events, and traveling. They especially love exploring new places and hope to continue visiting new international destinations. Furthermore, Dr. Wagner-Greene is an avid collector of rocks, local art, and anything tied to my favorite book series or shows. Welcome to UTK, Dr. Wagner-Greene!

