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Inspiration + Motivation

“We cannot solve problems
with the kind of thinking we
employed when we came up
with them”
-Albert Einstein

“The most difficult thing is the
decision to act, the rest is
merely tenacity”
-Amelia Earhart

“Take the attitude of a student,
never be too big to ask
question, never know too much
to learn something new”
-Augustine Og Mandino

“Optimism is the faith that leads
to achievement”
-Helen Keller

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Public Health Memos

Fall 2023, Volume II



Happy Fall, Vols!

We hope you had a wonderful fall break
and are feeling rested and recharged!
Included in this volume are several
opportunities to get involved with the
Department of Public Health.
We look forward to seeing you around the
department!

Community Pantry!

Reminder! The Department of Public Health is Home to a Community Pantry!

The Community Pantry, located in **HPER 383**, is a need based, take what you need, leave what you can pantry. All UTK Public Health students, staff, and faculty can utilize this FREE department resource!

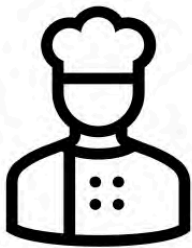
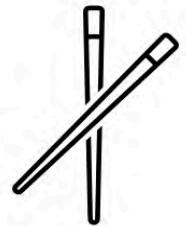
The pantry is open Monday-Friday

8:00am-5:00pm

(Excluding holidays and scheduled university closings)

Currently, the following items available for taking or giving:

- Non-perishable food and beverage items
 - Personal hygiene products
 - Cleaning supplies
 - Pet food and treats



Big Orange Pantry!

Available to all current students, faculty, and staff, the Big Orange Pantry provides a variety of non-perishable and fresh foods, hygiene products, and other essential items supporting basic needs.

The Big Orange Pantry is co-located with Smokey's Closet in the Center for Basic Needs, Student Union Room 376C

Get Involved with DEI!

Join the UTK Department of
Public Health's

DIVERSITY, EQUITY, + INCLUSION COMMITTEE

Student Co-chair Jordan Shipley
jshiple4evols.utk.edu
Faculty Co-chair Laurie Meschke
llmeschke@utk.edu



Biweekly VIRTUAL meetings - email for Zoom link

Join Us For a Community Meal!



THE UNIVERSITY OF
TENNESSEE
KNOXVILLE

DEPARTMENT OF
PUBLIC HEALTH

DEPARTMENT OF PUBLIC HEALTH

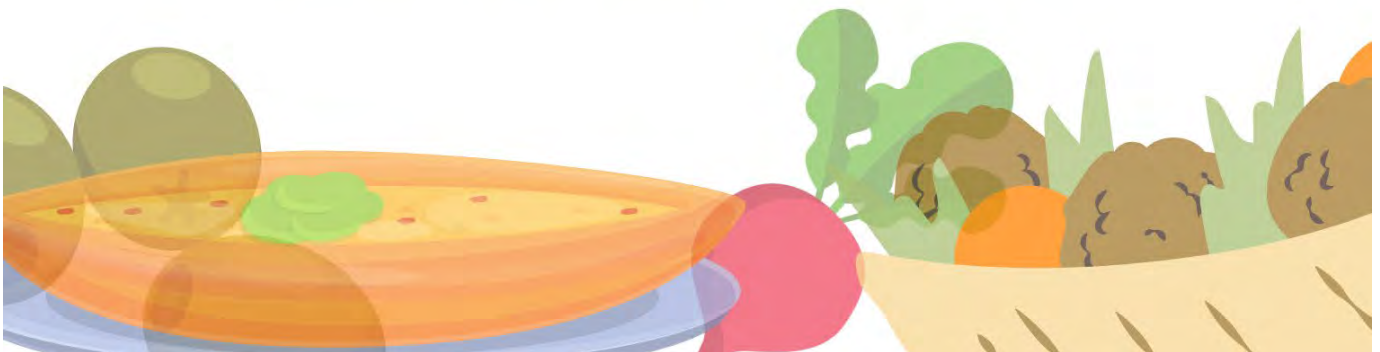
COMMUNITY MEAL

NOVEMBER 6 • HPER 388 • 2:30-4:30

HOSTED BY PUBLIC HEALTH DEI COMMITTEE

FOOD FROM YASSIN'S FALAFEL HOUSE

QUESTIONS? CONTACT JORDAN AT [JSHIPLE4@VOLS.UTK.EDU](mailto:jshiple4@vols.utk.edu)



RCORP Consortium

Status of Substance Use Policy & Process



October 20, 2023
1:00-3:00pm EST



Zoom Virtual Meeting

Scan here to register now!



RCORP-ETC invites you to join our Fall Consortium meeting! This session will feature a policy update on the legal landscape surrounding OUD and SUD, as well as THC and marijuana. A Q&A with the speakers will follow presentations.

FREE Virtual Event
Open to the Public
Share with your Colleagues

Register Now

<https://tiny.utk.edu/bE5wl>

Speakers:



Becky Massey
Tennessee State Senator



Karen Pershing
Executive Director
Metro Drug Coalition



Stephanie Strutner
CEO, Prevention Alliance
of Tennessee



Visit Our Website:
www.tnopioid.utk.edu



Get to Know PHSA!

PHSA

Public Health Student Association

About Us

PHSA is a voluntary student organization for students enrolled in public health programs at the University of Tennessee. The PHSA allows public health students, both new and seasoned, to develop leadership skills, enjoy time together, and develop health-promoting initiatives for the university community and beyond.

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Groupme for 2023-2024



Interest Form



Important Info

- Dues: \$20 a year
- Minimum 1 event a month
 - Zoom links available
- First social event is on October 20th at 5pm

PHSA Pumpkin Painting!



PHSA
PUMPKIN
PAINTING

October 20, 2023 • 5:00 pm

Lakeshore, Park

Vols at TPHA!



Several students in the Department of Public Health were able to attend this year's annual Tennessee Public Health Association conference!

Here is what they have to say about the conference:

"The conference was such an incredible affirmation of my love for public health and that this is where I belong."

-Jordan Shipley

"I had a great time at TPHA. It was very affirming that I am in the right field. It was a valuable experience to have as a student who is going to be entering the workforce this year because I was able to learn about current work, apply what I have learned throughout the program, and they even had a special networking mixer for students and TDH employees!"

-Anna Marie Cooksey

Faculty Spotlight!

Dr. Amy Wotring

Meet Dr. Wotring!

Dr. Amy Wotring was hired as an Assistant Professor of Practice in Public Health in Fall 2023. Currently, she is teaching exclusively in the Online MPH program. She received her Bachelor of Science Degree in Public Health from the University of Toledo; her Master of Public Health Degree from the Northwest Ohio Consortium of Public Health; her Graduate Certificate in Contemporary Gerontological Practice; and her Doctoral Degree in Health Education from the University of Toledo. Prior to joining the University of Tennessee, Dr. Wotring has taught 26 different courses over her career at Indiana State University and the University of Toledo and earned a Quality Matters online teaching certificate. Her research interests are focused on health promotion in the community, especially in older adults.

Dr. Wotring currently lives in Peoria, Arizona, with her husband Spencer and son Miles (9 months old). For fun, she enjoys working out, traveling, hiking, playing games, and watching movies. She absolutely loves teaching and inspiring students to improve the health and wellness of our community!

