

August 2023

CURRICULUM VITAE
Hollie A. Raynor

Business Address: College of Education, Health, and Human Sciences
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EDUCATION

San Diego State University, San Diego, CA
Major: Food and Nutrition
Bachelor of Science, 1992
Recipient of University Honor Award, 1988-1992
\$500 SDSU Scholarship, 1991
\$2,000 Mary Quam Hawkins Memorial Scholarship, 1991

The University of Tennessee Knoxville Medical Center, Knoxville, TN
Clinical Nutrition Internship
Registered Dietitian Eligibility, 1994

The University of Tennessee Knoxville (UTK), Knoxville, TN
Graduate Studies in Public Health Nutrition
Master of Science, 1995
Received Maternal and Child Health Public Health Nutrition Traineeship, 1993-1994
\$2,400 National Alumni Association Scholarship, UTK, 1994
\$370 Ruby McKeel Rives Scholarship, 1994
\$700 Jane R. Savage Scholarship, 1994

State University of New York at Buffalo, Buffalo, NY
Graduate Studies in Clinical Psychology (APA Approved)
Doctorate of Philosophy, 2003
Citation Paper at the 1999 Society of Behavioral Medicine Conference, San Diego
\$450 dissertation grant from the Mark Diamond Research Fund, 2000
Citation Paper and Most Scientific Poster at the 2003 Society of Behavioral Medicine Conference, Salt Lake City

Brown University, Providence, RI
Behavioral Medicine Track, Obesity and Weight Control Research Internship, Pre-doctoral Clinical Psychology Internship (APA Approved)
Completed: 2003
Recognized Intern Poster at the 7th Annual Research Symposium on Mental Health

Sciences at Brown University, 2003

POSTGRADUATE TRAINING

Brown University, Providence, RI

Post-doctoral Fellowship

Completed: 2004

Behavioral Medicine Track, Obesity and Weight Control

Finalist for Ethan Sims Young Investigator's Award at the 2003 North American Association for the Study of Obesity Conference, Fort Lauderdale

NIH Clinical Research; Extramural Loan Repayment Program: 6/2003–5/2005 – \$9,130

POSTGRADUATE HONORS AND AWARDS

Dannon Leadership Institute, June 2007

Outstanding Dietetics Educator, Tennessee Dietetic Association, 2010

Outstanding Dietetics Educator, Knoxville District Dietetic Association, 2010

Excellence in Weight Management Outcomes Research Award: WM DPG American Dietetic Association (Academy of Nutrition and Dietetics), 2012

Dannon Mid-Career Leadership Institute, June 2014

Obesity week 2017 – Poster selected for Poster Tour and Biobehavioral Research Section Top 10 Abstract submissions

Excellence in Practice – Dietetic Research, Academy of Nutrition and Dietetics, 2018

SEC Academic Leadership Development Program Fellow, 2019-2022

PROFESSIONAL LICENSE

Passed Registered Dietitian Exam, scored 99th percentile, 1995 – RD# 803374

Licensed Dietitian/Nutritionist, State of Tennessee Department of Health, 2009

Psychology, State of Rhode Island and Providence Plantations Department of Health, 2006 – PS00928

ACADEMIC APPOINTMENTS

Instructor, June 1995-July 1996

The University of Tennessee Knoxville

Instructor, January 2001-May 2001

State University of New York at Buffalo

Assistant Professor (Research), July 2004-July 2007

Department of Psychiatry and Human Behavior

Brown Medical School/The Miriam Hospital

Providence, RI

Adjunct Faculty, August 2004-July 2007

Department of Psychology
Rhode Island College
Providence, RI

Adjunct Assistant Professor (Research), August 2007-August 2012

Department of Psychiatry and Human Behavior
Brown Medical School/The Miriam Hospital
Providence, RI

Assistant Professor, August 2007-July 2009

Department of Nutrition
University of Tennessee Knoxville
Knoxville, TN

Adjunct Assistant Professor, August 2007-present

Department of Psychology
University of Tennessee Knoxville
Knoxville, TN

Associate Professor, August 2009-July 2015

Department of Nutrition
University of Tennessee Knoxville
Knoxville, TN

Award – University Award: Professional Promise in Research and Creative Achievement – April 2011

Award – College Award: Mary Helen Byers Award – May 2011

Alvin & Sally Beaman Professorship – August 2011

Award – College Award: Jacky DeJonge Award – March 2012

Director, Public Health Nutrition Program, August 2010-July 2014

Department of Nutrition
University of Tennessee Knoxville
Knoxville, TN

Professor, August 2015-Present

Department of Nutrition
University of Tennessee Knoxville
Knoxville, TN

Award – UTK Award: Mentor of Early Career Researchers – March 2019

Award – College Award: Dr. Andrew D. Holt Endowed Professorship – April 2019

Award – College Award: Dean's Award – Leadership – April 2019

UTK Leadership Program Fellow, 2019-2020

Interim Assistant Dean of Research, August 2017-June 2020

College of Education, Health and Human Sciences
University of Tennessee Knoxville

Knoxville, TN

Associate Dean of Research, July 2020 – June 2023
College of Education, Health and Human Sciences
University of Tennessee Knoxville
Knoxville, TN

Interim Department Head, June 2023 – August 2023
Department of Nutrition
University of Tennessee Knoxville
Knoxville, TN

Executive Associate Dean of Research and Operations, July 2023 – Present
College of Education, Health and Human Sciences
University of Tennessee Knoxville
Knoxville, TN

HOSPITAL APPOINTMENTS

Clinical Nutrition Specialist, August 1995-July 1996
East Tennessee Children's Hospital, Knoxville, TN

PROFESSIONAL COMMITTEES

Domestic Committee – Dannon National Leadership Institute, member: 2007–2009
Working group – Development of evidence-based, peer-reviewed practice journal – Society of Behavioral Medicine, member: 2008-2010
Prediabetes Evidence Analysis Project Committee – The American Dietetic Association, The Academy of Nutrition and Dietetics, member: 2008–2017
Research Committee – The American Dietetic Association Weight Management Dietetics Practice Group, Research Resource Coordinator: 2009-2012
Aramark Fellowship Mentoring Committee – The American Dietetic Association Weight Management Dietetic Practice Group, member: 2011–2013
Content Expert (Nutrition) for American Board of Obesity Medicine Examination for The Obesity Society: 2011-2013
Scientific Review Committee on Clinical Studies for The Obesity Society, member: 2011-2013
Symposium Planning Committee - The Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group, member: 2012-2014
The Obesity Society Education Committee, member: 2012–2016
Academy of Nutrition and Dietetics, Adult Weight Management Certification Program, Faculty: 2013
Academy of Nutrition and Dietetics appointed representative for the AACE/ACE Consensus Conference on Obesity, 2013–present
SEC 2014 Symposium Advisory Board, member: 2013–2014
The Obesity Society/Obesity Week Committee – The Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group, member: 2012–2013, 2017-2018
Obesity Guideline Panel - American Psychological Association, member: 2012–2018

Research Committee – The Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group, Research Director: 2012-2019
Nutrition Care Process Population-based Terminology - The Academy of Nutrition and Dietetics, member: 2016-2018
Nutrition Care Process Research Outcomes Committee – The Academy of Nutrition and Dietetics, member: 2017-2018
Alliance Representative, Academy of Nutrition and Dietetics and The Obesity Society: 2018-present
Dietary Guidelines Collaborative – The Academy of Nutrition and Dietetics, member: 2019-2020
Honors Committee – The Academy of Nutrition and Dietetics, member: 2020-2022
Adult Weight Management Evidence Analysis Project Committee – The Academy of Nutrition and Dietetics, member: 2020-present
The Obesity Society’s Annual Program Committee (Track 3 - Intervention/Clinical Studies), member: 2020-2021; co-chair: 2021-2022; chair: 2022-present
Prediabetes Evidence Analysis Project Committee – The Academy of Nutrition and Dietetics, member: 2022-present
Dietary Guidelines Advisory Committee - Departments of Health and Human Services (HHS) and Agriculture (USDA), member: 2023-present

COMMUNITY COMMITTEES

Diabetes and Children Subcommittee – Rhode Island Department of Health, member: 2006-2007
Health Care and Health Plans Group, Healthy Eating and Active Living Statewide Collaboration, member: 2006-2007
Knoxville Area Coalition on Childhood Obesity, Assessment/Outcomes and Funding Committee, member: 2009-2010
Food and Nutrition Security Summit, chair: 2022-present

UNIVERSITY COMMITTEES

Predoctoral Psychology Intern Selection Committee, Behavioral Medicine Track, Brown Medical School, member: 2005-2007
Postdoctoral Fellowship Selection Committee, Behavioral Medicine Track, Brown Medical School, member: 2007
Steering Committee, University of Tennessee Obesity Research Center, member: 2007–2012
Dietetic Internship Selection Committee, University of Tennessee, Department of Nutrition, member: 2007-present
Faculty Search Committee, Public Health Program, Epidemiology, member: 2008–2010
CEHHS College Senate, member: 2008–2013
Web-development Committee, Department of Nutrition, Chair: 2008-2012
Promotion and Tenure Department Committee, member: 2009–2012
Faculty Search Committee, Department of Nutrition, Public Health Nutrition, member: 2010–2011
Graduate Committee, Department of Nutrition, member: 2010–2013
MPH Advisory Program Committee, Department of Public Health, member: 2010–2014
Mentoring Committee, Department of Nutrition, member: 2011-2013
Promotion and Tenure College Committee, member: 2012–2013

Promotion and Tenure Department Committee, Chair: 2012-present
IRB committee, Department of Nutrition, member: 2014-present
Employee Wellness Advisory Committee, member: 2015-present
Curriculum Development Committee, Department of Nutrition, member: 2017-present
College Search Committee, Director of Research & External Funding, Chair: 2017
Undergraduate Research Advisory Council, member 2017-present
EURECA, member 2017-present
Human Research Protection Program, member 2017-2022
College Search Committee, Assistant Budget Director, member: 2018
University Search Committee, Vice Chancellor of Research, member: 2018
College Search Committee, Budget Director, member: 2018
Office of Research and Engagement Seed Grant Reviews, member: 2018
Academic Outreach and Engagement Council, member: 2018-2020
College Search Committee, Dean for the College of Education, Health, and Human Sciences, member: 2019
University Search Committee, Vice Chancellor of Research, member: 2019
College Search Committee, Department Head Public Health, chair: 2020
Re-imagining fall task force, co-chair research and graduate students: 2020
Emergency operations committee, research subcommittee, member: 2020-2021
College Committee, Graduate Assistantship Task Force, co-chair: 2021
University Search Committee, Associate Vice Chancellor of Facilities Services, member: 2021
College Committee, Workload Equity Committee, co-chair: 2021-2023
College Search Committee, Senior Methodologist, chair: 2021-2022
University Committee, Human Health and Wellness Research and Education Portfolio Working Group, co-chair: 2021-2022
College Committee, Vision of Health for the College of Education, Health, and Human Sciences, chair: 2022
University Committee, Engaged Research IRB Task Force, co-chair: 2022-present
University Committee, Cherokee Health System – University of Tennessee Working Group, co-chair: 2022-present
College Search Committee, Department Head Kinesiology, Recreation, and Sports Studies, chair: 2022-2023

MEMBERSHIP IN SOCIETIES

The American Dietetic Association (The Academy of Nutrition and Dietetics), 1989-present
Society for Nutrition Education, 1992-1997
American Public Health Association, 1993-1997
American Psychological Association, 1999-present
Society of Behavioral Medicine, 1999-present
North American Association for the Study of Obesity (The Obesity Society), 2003-present
American Society of Nutrition, 2008-present

PUBLICATIONS LIST

ORIGINAL EMPIRICAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

- 1) Myers, M. D., **Raynor, H. A.**, & Epstein, L. H. (1998). Predictors of child psychological changes during family-based treatment for obesity. *Archives of Pediatric Adolescent Medicine*, *152*, 855-861.
- 2) Coleman, K. J., **Raynor, H. A.**, Mueller, D. M., Cerny, F. J., Dorn, J. M., & Epstein, L. H. (1999). Providing sedentary adults with choices for meeting their walking goals. *Preventive Medicine*, *28*, 510-519.
- 3) **Raynor, H. A.**, & Epstein, L. H. (2000). Effects of sensory stimulation and post-ingestive consequences on satiation. *Physiology & Behavior*, *70*, 465-470.
- 4) Epstein, L. H., Gordy, C. C., **Raynor, H. A.**, Beddome, M., Kilanowski, C. K., & Paluch, R. (2001). Increasing fruit and vegetable and decreasing fat and sugar intake in families at risk for childhood obesity. *Obesity Research*, *9*, 171-178.
- 5) Epstein, L. H., Paluch, R. A., & **Raynor, H. A.** (2001). Sex differences in obese children and siblings in family-based obesity treatment. *Obesity Research*, *9*, 746-753.
- 6) **Raynor, H. A.**, Kilanowski, C. K., Esterlis, I., & Epstein, L. H. (2002). A cost-analysis of adopting a healthy diet in a family-based obesity treatment program. *Journal of the American Dietetic Association*, *102*, 645-650.
- 7) Epstein, L. H., Truesdale, R., Wojcik, A., Paluch, R. A., & **Raynor, H. A.** (2003). Effects of deprivation on hedonics and reinforcing value of food. *Physiology & Behavior*, *78*, 221-227.
- 8) **Raynor, H. A.** & Epstein, L. H. (2003). The relative-reinforcing value of food under differing levels of food deprivation and restriction. *Appetite*, *40*, 15-24.
- 9) Epstein, L. H., Paluch, R. A., Kilanowski, C. K., & **Raynor, H. A.** (2004). The effect of reinforcement or stimulus control to reduce sedentary behavior in the treatment of pediatric obesity. *Health Psychology*, *23*, 371-380.
- 10) **Raynor, H. A.**, Jeffery, R. W., Tate, D. F, & Wing, R. R. (2004). Relationship between changes in food group variety, dietary intake, and weight during obesity treatment. *International Journal of Obesity*, *28*, 813-820.
- 11) **Raynor, H. A.**, Polley, B. A., Wing, R. R., & Jeffery R. W. (2004). Is dietary fat intake related to liking for or household availability of high- and low-fat foods? *Obesity Research*, *12*, 816-823.

- 12) Epstein, L. H., Roemmich, J. H., Paluch, R. A. & **Raynor, H. A.** (2005). Physical activity as a substitute for sedentary behavior in youth. *Annals of Behavioral Medicine*, 29, 200-209.
- 13) Epstein, L. H., Roemmich, J. N., Paluch, R. A., & **Raynor, H. A.** (2005). Influence of changes in sedentary behavior on energy and macronutrient intake in youth. *American Journal of Clinical Nutrition*, 81, 361-366.
- 14) **Raynor, H. A.**, Wing, R. R., Jeffery, R. W., Phelan, S., & Hill, J. O. (2005). Amount of food group variety consumed in the diet and long-term weight loss maintenance. *Obesity Research*, 13, 883-890.
- 15) Stein, R. I., Epstein, L. H., **Raynor, H. A.**, Kilanowski, C. K., & Paluch, R. A. (2005). The influence of parenting change on pediatric weight control. *Obesity Research*, 13, 1749-1755.
- 16) **Raynor, H. A.**, Niemeier, H. N., & Wing, R. R. (2006). Effect of limiting snack food variety on long-term sensory-specific satiety and monotony during obesity treatment. *Eating Behaviors*, 7, 1-14.
- 17) **Raynor, H. A.**, & Wing, R. R. (2006). Effect of limiting snack food variety across days on food liking and intake. *Appetite*, 46, 168-176.
- 18) Wing, R. R., Tate, D. F., Gorin, A. A., **Raynor, H. A.**, Fava, J. L. (2006). A self-regulation program for maintenance of weight loss. *New England Journal of Medicine*, 355, 1563-1571.
- 19) Gorin, A., **Raynor, H.**, Chula-Maquire, K., & Wing, R. (2006). Decreasing household television time: A pilot study of a combined behavioral and environmental intervention. *Behavioral Interventions*, 21, 273-280.
- 20) Niemeier, H. N., **Raynor, H. A.**, Lloyd-Richardson, E. E., Rogers, M. L., & Wing, R. R. (2006). Fast food consumption and breakfast skipping: Predictors of weight gain from adolescence to adulthood in a nationally representative sample. *Journal of Adolescent Health*, 39, 842-849.
- 21) Wing, R. R., Tate, D. F., Gorin, A. A., **Raynor, H. A.**, Fava, J. L., & Machan, J. (2007). STOP regain: Are there negative effects of daily weighing? *Journal of Consulting and Clinical Psychology*, 75, 652-656.
- 22) **Raynor, H. A.**, & Wing, R. R. (2007). Package unit size and amount of food: Do both influence intake? *Obesity*, 15, 2311-2319.
- 23) Gorin, A. A., Pinto, A. M., **Raynor, H. A.**, Fava, J., Tate, D. F., & Wing, R.R. (2007). Failure to meet weight loss expectations does not impact maintenance in successful weight losers. *Obesity*, 15, 3086-3090.

- 24) Gorin, A.A., **Raynor, H. A.**, Niemeier, H. M., & Wing, R. R. (2007). Home grocery delivery improves the household food environments of behavioral weight loss participants: Results of an 8-week pilot study. *International Journal of Behavioral Nutrition and Physical Activity*, 4, 58.
- 25) **Raynor, H. A.**, Jeffery R.W., Ruggeiro, A., Clark, J., & Delahanty, L. (2008). Weight loss strategies associated with body mass index in overweight adults with type 2 diabetes at entry into the Look AHEAD Trial. *Diabetes Care*, 31, 1-6.
- 26) Phelan, S., Wing, R., **Raynor, H.**, Dibello, J., Thalmann, K., & Wanfeng, P. (2008). Holiday weight management by successful weight losers and normal weight individuals. *Journal of Consulting and Clinical Psychology*, 26, 442-448.
- 27) Pinto, A. M., Gorin, A. A., **Raynor, H. A.**, Wing, R. R., & Tate, D. F. (2008). Successful weight loss maintenance in relation to method of weight loss. *Obesity*, 16, 2456-2461.
- 28) **Raynor, H. A.**, Osterholt, K. M., Hart, C. N., Jelalian, E., Vivier, P. & Wing, R. R. (2009). Evaluation of active and passive recruitment methods used in randomized controlled trials targeting pediatric obesity. *International Journal of Pediatric Obesity*, 4, 224-232.
- 29) **Raynor, H. A.**, Jelalian, E., Vivier, P., Hart, C., & Wing, R. R. (2009). Parent-reported eating and leisure-time activity selection patterns related to energy balance in preschool- and school-aged children. *Journal of Nutrition Education and Behavior*, 41, 19-26.
- 30) Vitolins, M. Z., Anderson, A. M., Delahanty, L., **Raynor, H.**, Miller, G. D., Mobley, C., Reeves, R., Yamamoto, M., Champagne, C. Wing, R. R., Mayer-Davis, E., and the Look AHEAD Research Group. (2009). Action for Health in Diabetes (Look AHEAD) Trial: Baseline evaluation of selected nutrients and food group intake. *Journal of the American Dietetic Association*, 109, 1367-1375.
- 31) Bond, D. S., **Raynor, H. A.**, Vithiananthan, S., Sax, H. C., Pohl, D., Roye, D. G., Ryder, B. A. , & Wing, R. R. (2009). Differences in salivary habituation to a taste stimulus in bariatric surgery candidates and normal-weight controls. *Obesity Surgery*, 19, 873-878.
- 32) **Raynor, H. A.**, Van Walleghe, E., Niemeier, H., Butryn, M., & Wing, R. R. (2009). Do food provisions packaged in single-servings reduce energy intake at breakfast during a brief behavioral weight-loss intervention? *Journal of the American Dietetic Association*, 109, 1922-1925.
- 33) McCaffery, J. M., Haley, A. P., Sweet, L. H., Phelan, S., **Raynor, H. A.**, Del Parigi, A., Cohen, R., & Wing, R. R. (2009). Differential fMRI response to food pictures in successful weight loss maintainers relative to normal-weight and obese controls. *American Journal of Clinical Nutrition*, 90, 928-934.

- 34) Gokee-LaRose, J., Gorin, A. A., **Raynor, H. A.**, Laska, M. N., Jeffery, R. W., Levy, R. L., & Wing, R. R. (2009). Are standard behavioral weight loss programs effective for young adults? *International Journal of Obesity*, 33, 1374-1380.
- 35) Bond, D. S., **Raynor, H. A.**, McCaffery, J. M., & Wing, R. R. (2010). Salivary habituation to food stimuli in successful weight loss maintainers, obese and normal-weight adults. *International Journal of Obesity*, 34, 593-596.
- 36) Hart, C. N., **Raynor, H. A.**, Jelalian, E., & Drotar, D. (2010). The association of maternal food intake and infants' and toddlers' food intake. *Child: Care, Health, and Development*, 36, 396-403.
- 37) Hart, C. N., Jelalian, E., **Raynor, H. A.**, Mehlenbeck, R., Lloyd-Richardson, E. E., Kaplan, J., Flynn-O'Brien, K., & Wing, R. R. (2010). Early patterns of food intake in an adolescent weight loss trial as predictors of BMI change. *Eating Behaviors*, 11, 217-222.
- 38) Phalen, S., Hassenstab, J., McCaffery, J. M., Sweet, L., **Raynor, H.A.**, Cohen, R. A., & Wing, R. R. (2011). Cognitive interference from food cues in weight loss maintainers, normal weight, and obese individuals. *Obesity*, 19, 69-73.
- 39) *Looney, S. M., & **Raynor, H. A.** (2011). Impact of portion size and energy density on snack intake in preschool-aged children. *Journal of the American Dietetic Association*, 111, 414-418.
- 40) **Raynor, H. A.**, Van Walleghe, E., Osterholt K., Hart, C. N., Jelalian, E., Wing, R. R., & Goldfield, G. (2011). The relationship between child and parent food hedonics and parent and child food group intake in children with overweight/obese. *Journal of the American Dietetic Association*, 111, 425-430.
- 41) Gorin, A. A., Phelan, S., **Raynor, H. A.**, & Wing, R.R. (2011). Home food and exercise environments of normal-weight and overweight adults. *American Journal of Health Behavior*, 35, 618-626.
- 42) **Raynor, H. A.**, Van Walleghe, E. L., *Bachman, J. L., *Looney, S. M., Phelan, S., & Wing, R. R. (2011). Dietary energy density and successful weight loss maintenance. *Eating Behaviors*, 12, 119-125.
- 43) John, D., Thompson, D. L., **Raynor, H.**, Bielak, K., Rider, B., & Basset, D. R. (2011). Treadmill workstations: A worksite physical activity intervention in overweight and obese office workers. *Journal of Physical Activity and Health*, 8, 1034-1043.
- 44) *Bachman, J., Phelan, S., Wing, R. R., & **Raynor, H. A.** (2011). Eating frequency is higher in weight loss maintainers and normal-weight individuals than in overweight individuals. *Journal of the American Dietetic Association*, 111, 1730-1734.

- 45) Hart, C. N., **Raynor, H. A.**, Osterholt, K. M., Jelalian, E., & Wing, R. R. (2011). Eating and activity habits of overweight children on weekdays and weekends. *International Journal of Pediatric Obesity*, 6, 467-472.
- 46) **Raynor, H. A.**, Osterholt, K. O., Hart, C. N., Jelalian, E., Vivier, P., & Wing, R. R. (2012). Efficacy of U.S. paediatric obesity primary care guidelines: Two randomized trials. *Pediatric Obesity*, 7, 28-38.
- 47) Leahey, T. M., Bond, D. S., **Raynor, H. A.**, Roye, D., Vithiananthan, S., Ryder, B. A., Sax, H. C., & Wing, R. R. (2012). The effects of bariatric surgery on food cravings: Do food cravings and consumption of craved foods “normalize” after surgery? *Surgery for Obesity and Related Diseases*, 8, 84-91.
- 48) *Schoch, A. H., & **Raynor, H. A.** (2012). Social desirability, not dietary restraint, is related to accuracy of reported dietary intake of a laboratory meal in females during a 24-hour recall. *Eating Behaviors*, 13, 78-81.
- 49) *Jokisch, E., *Coletta, A., & **Raynor, H. A.** (2012). Acute energy compensation and macronutrient intake following exercise in active and inactive males who are normal weight. *Appetite*, 58, 722-729.
- 50) **Raynor, H. A.**, Steeves, E. A., Hecht, J., Fava, J., & Wing, R. R. (2012). Limiting variety in non-nutrient-dense, energy-dense foods during a lifestyle intervention: A randomized controlled trial. *American Journal of Clinical Nutrition*, 95, 1305-1314.
- 51) *Bachman, J. L., & **Raynor, H. A.** (2012). Effects of manipulating eating frequency during a behavioral weight loss intervention: A pilot randomized controlled trial. *Obesity*, 20, 985-992.
- 52) Bond, D. S., **Raynor, H. A.**, Phelan, S., Steeves, J., Daneillo, J., & Wing, R. R. (2012). The relationship between physical activity variety and objectively-measured moderate-to-vigorous physical activity levels in weight loss maintainers and normal-weight individuals. *Journal of Obesity*, doi:10.1155/2012/812414.
- 53) *Looney, S. M., & **Raynor, H. A.** (2012). Are changes in consumption of “healthy” foods related to changes in consumption of “unhealthy” foods during pediatric obesity treatment? *International Journal of Environmental Research and Public Health*, 9, 1368-1378.
- 54) McCaffery, J. M., Papandonatos, G. D., Peter, I., Huggins, G. S., **Raynor, H. A.**, Delahanty, L. M., Cheskin, L. J., Balasubramanyam, A., Wagenknecht, L. E., Wing, R. R., The Genetic Subgroup of Look AHEAD & The Look AHEAD Research Group. (2012). Obesity susceptibility loci and dietary intake in the Look AHEAD Trial. *American Journal of Clinical Nutrition*, 95, 1477-1486.
- 55) **Raynor, H. A.**, *Looney, S. M., Steeves, E. A., Spence, M. L., & Gorin, A. A. (2012).

- The effects of an energy density prescription on diet quality and weight loss: A pilot randomized controlled trial. *Journal of the Academy of Nutrition and Dietetics*, 112, 1397-1402.
- 56) **Raynor, H. A.**, & Osterholt, K. (2012). Greater variety of fruit served in a four-course snack increases fruit consumption. *Appetite*, 59, 662-667.
- 57) Sweet, L. H., Hassenstab, J. J., McCaffery, J. M., **Raynor, H. A.**, Bond, D. S., Demos, K. E., Haley, A. P., Cohen, R. A., Del Parigi, A., & Wing, R. R. (2012). Brain response to food stimulation in obese, normal weight, and successful weight loss maintainers. *Obesity*, 20, 2220-2225.
- 58) Steeves, J. A., Bassett, D. R., Fitzhugh, E.C., **Raynor, H. A.**, & Thompson, D. L. (2012). Can sedentary behavior be made more active? A randomized pilot study of TV commercial stepping versus walking. *International Journal of Behavioral Nutrition and Physical Activity*, 9, 95.
- 59) Epstein, L. H., Fletcher, K. D., O'Neill, J., Roemmich, J. N., **Raynor, H.**, & Bouton, M. (2013). Food characteristics, long-term habituation and energy intake: Laboratory and field studies. *Appetite*, 60, 40-50.
- 60) *Coletta, A., *Bachman, J., Tepper, B. J., & **Raynor, H. A.** (2013). Greater energy reduction in 6-n-propylthiouracil (PROP) super-tasters as compared to non-tasters during a lifestyle intervention. *Eating Behaviors*, 14, 180-183.
- 61) *Coletta, A., Thompson, D. L., & **Raynor, H. A.** (2013). The influence of commercially-available carbohydrate and carbohydrate-protein supplements on endurance running performance in recreational athletes during a field trial. *Journal of the International Society of Sports Nutrition*, 10, 17.
- 62) Bond, D. S., Thomas, J. G., Unick, J. L., **Raynor, H. A.**, Vithiananthan, S., & Wing, R. R. (2013). Self-reported and objectively-measured sedentary behavior in bariatric surgery candidates. *Surgery for Obesity and Related Diseases*, 9, 123-128.
- 63) Pinto, A. M., Fava, J. L., **Raynor, H. A.**, Gokee LaRose, J., & Wing, R. R. (2013). Development and validation of the Weight Control Strategies Scale. *Obesity*, 21, 2429-2436.
- 64) **Raynor, H. A.**, Steeves, E. A., Bassett Jr., D. R., Thompson, D. L., Gorin, A. A., & Bond, D. S. (2013). Reducing TV watching during adult obesity treatment: Two pilot randomized controlled trials. *Behavior Therapy*, 44, 674-685.
- 65) Hart, C., Carskadon, M., Considine, R., Fava, J., Lawton, J., **Raynor, H. A.**, Jelalian, E., Owens, J., & Wing, R. (2013). Changes in children's sleep duration on food intake, weight, and leptin. *Pediatrics*, 132, e1473-e1480.

- 66) Gorin, A. A., **Raynor, H. A.**, Fava, J., Maguire, K., Robichaud, E., Trautvetter, J., Crane, M., & Wing, R. R. (2013). Randomized controlled trial of a comprehensive home environment-focused weight loss program for adults. *Health Psychology, 32*, 128-137.
- 67) Williams, D. M., & **Raynor, H. A.** (2013). Disentangling the effects of choice and intensity on affective response to and preference for self-selected versus imposed-intensity physical activity. *Psychology of Sport & Exercise, 14*, 767-775.
- 68) **Raynor, H. A.**, Bond, D. S. Steeves, J., & Thompson, D. L. (2014). Physical activity variety, energy expenditure, and body mass index. *American Journal of Health Behavior, 38*, 624-630.
- 69) Gorin, A. A., Powers, T. A., Koestner, R., Wing, R. R., & **Raynor, H. A.** (2014). Autonomy support, self-regulation, and weight loss. *Health Psychology, 33*, 332-339.
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- 85) Monroe, C. M., Thompson, D. L., Bassett Jr., D. R., Fitzhugh, E. C., & **Raynor, H. A.** (2014, May). *Usability of mobile phones in physical activity-related research: A systematic review*. Abstracted in American College of Sports Medicine Conference, Orlando, FL.
- 86) Rider, B. C., Bassett, D. R., Thompson, D. L., Fitzhugh, E. C., & **Raynor, H.** (2014, May). *Financial incentives for physical activity: Effects of reinforcement schedules*. Abstracted in American College of Sports Medicine Conference, Orlando, FL.
- 87) Bond, D. S., Thomas, G., Moon, J., Sieling, J., **Raynor, H.**, & Wing, R. R. (2014, May). *B-*

mobile: A smartphone-based intervention to reduce sedentary time in obese individuals. Abstracted in American College of Sports Medicine Conference, Orlando, FL.

- 88) Keshani, V., & **Raynor, H.** (2014, October). *Changes in dietary intake during a lifestyle intervention.* Abstracted in Food & Nutrition Conference & Expo, Atlanta, GA.
- 89) **Raynor, H. A.**, Mancini, G. Mancini, M., & Bond, D. (2014, November). *Food cravings, energy intake, and weight outcomes following bariatric surgery.* Abstracted in Obesity Week Conference, Boston, MA.
- 90) **Raynor, H.**, Steeves, E. A., Hecht, J., & Martin, C. (2014, November). *Limiting variety of non-nutrient-dense, energy-dense foods: changes in cravings during an 18-month lifestyle intervention.* Abstracted in Obesity Week Conference, Boston, MA.
- 91) MacDougall, C., Hill, C., Riebl, S., Jahren, H., Bostic, J., Hedrick, V., Savla, J. T., Frisard, M., **Raynor, H.**, & Davy, B. (2014, November). *Preliminary validity and reliability of $\delta^{13}C$ in fingerstick blood as a biomarker of sugar-sweetened beverage intake in adolescents.* Abstracted in Obesity Week Conference, Boston, MA.
- 92) *Norton, E., & **Raynor, H.** (2014, November). *The effect of beverage type and portion size on snack energy intake in preschool-aged children.* Abstracted in Obesity Week Conference, Boston, MA.
- 93) Thompson, D. L., & **Raynor, H. A.** (2015, May). *Preparing students for success: advantages of interprofessional education.* Abstracted in American College of Sports Medicine Conference, San Diego, CA.
- 94) Monroe, C. M., Thompson, D. L., Bassett, D. R., Fitzhugh, E. C., & **Raynor, H. A.** (2015, May). *Effect of adding online social support tools to an adult walking program: Randomized controlled trial.* Abstracted in American College of Sports Medicine Conference, San Diego, CA.
- 95) Wolz, C. C., & **Raynor, H. A.** (2015, July). *The influence of eating frequency on appetite during weight loss.* Abstracted in Society for the Study of Ingestive Behavior Conference, Denver, CO.
- 96) Herz, R. S., Carskadon, M. A., Saletin, J. M., Van Reen, E., Bartz, A., Hart, C., & **Raynor, H.** (2015, September). *Smell and taste, trait or state? The influence of circadian rhythm on chemosensory thresholds.* Abstracted in Association for Chemoreception Sciences, Bonita Springs, FL.
- 97) Burgess, B., Rao, S. P., **Raynor, H. A.**, & Tepper, B. J. (2015, November). *The PROP bitter taste phenotype associates with differences in weight loss in obese women following a low-carbohydrate diet vs. low-fat diet: an interim analysis.* Abstracted in Obesity Week Conference, Los Angeles, CA.

- 98) **Raynor, H. A.**, Wolz, C., Wojtanowski, A., & Foster, G. (2015, November). *Reducing dietary self-monitoring burden: what should be monitored and when?* Abstracted in Obesity Week Conference, Los Angeles, CA.
- 99) Buscemi, J., Rybak, T. M., Berlin, K., Murphy, J. G., & **Raynor, H. A.** (2015, November). *Impact of craving and calorie intake on body mass index during a behavioral weight loss trial.* Abstracted in Obesity Week Conference, Los Angeles, CA.
- 100) *Sobhani, S., & **Raynor, H. A.** (2015, November). *Increasing fruit intake does not reduce energy intake within a meal.* Abstracted in Obesity Week Conference, Los Angeles, CA.
- 101) Lipton, R. B., **Raynor, H. A.**, O'Leary, K., Pavlovic, J., Wing, R., & Bond, D. S. (2015, November). *Dietary intake patterns in women with migraine and obesity seeking to lose weight and reduce migraine attacks.* Abstracted in Obesity Week Conference, Los Angeles, CA.
- 102) Hart, C. N., Pool, A., Greer, A., Carskadon, M., **Raynor, H. A.**, Jelalian, E., Owens, J., Considine, R., & Wing, R. (2015, November). *Effect of changes in time of bed on children's eating behaviors.* Abstracted in Obesity Week Conference, Los Angeles, CA.
- 103) *Rosenthal, R., & **Raynor, H.** (2016, April). *The effect of television watching and portion size on intake during a meal.* Abstracted in Experimental Biology Conference, San Diego, CA.
- 104) Rider, B. C., Bassett, D. R., Strohacker, K., Overstreet, B., Fitzhugh, E. C., & **Raynor, H. A.** (2016, May). *Psycho-physiological effects of television viewing during exercise.* Abstracted in American College of Sports Medicine Conference, Boston, MA.
- 105) Carskadon, M., **Raynor, H.**, Hart, C., & Barker, D. (2016, October). *Daily energy intake distribution differs in obese vs. nonobese adolescents studies in forced desynchrony-preliminary data.* Abstracted in Sleep Conference, Los Angeles, CA.
- 106) **Raynor, H. A.**, Cardoso, C., & Bond, D. S. (2016, November). *Relationships between self-reported single- and multiple-day variety in physical activities and single- and multiple-day amounts of objectively-measured physical activity.* Abstracted in Obesity Week Conference, New Orleans, LA.
- 107) Beebe, L., Roman, M., **Raynor, H.**, Thompson, D., Franks, A., & Skolits, G. (2017, March). *Transforming healthcare for schizophrenia through innovation in graduate education.* Abstracted in Psychiatric Nursing Conference, San Diego, CA.
- 108) Vadiveloo, M., & **Raynor, H.** (2017, March). *The number of low and high energy dense foods consumed affects body mass index reduction in a randomized controlled weight loss trial.* Abstracted in American Heart Association Conference, Portland, OR.
- 109) Apolzan, J. W., Myers, C. A., Champagne, C. M., Beyl, R. A., **Raynor, H. A.**, Anton, S. A., Williamson, D. A., Sacks, F. M., Bray, G. A., & Martin, C. K. (2017, April). *Frequency of*

consuming foods predicts changes in cravings for those foods during weight loss: The POUNDS Lost Study. Abstracted in Experimental Biology, Chicago, IL.

- 110) Hart, C. N., Hawley, N., Egleston, B., **Raynor, H.**, Jelalian, E., Carskadon, M. A., Owens, J., & Wing, R. R. (2017, April). *Brief behavioral intervention enhances children's sleep and improves weight status.* Abstracted in Associated Professional Sleep Societies, Boston, MA.
- 111) Spaeth, A. M., Hawley, N. L., Carskadon, M. A., **Raynor, H. A.**, Jelalian, E., Owens, J. A., Wing, R. R., & Hart, C. N. (2017, April). *Sleep intervention improves self-control in school-aged children.* Abstracted in Associated Professional Sleep Societies, Boston, MA.
- 112) **Raynor, H. A.**, & Cardoso, C. (2017, October). *Timing of energy intake, sleep, and weight loss.* Abstracted in Obesity Week, Washington, DC.
- 113) **Raynor, H.**, Khatri, P., Propst, S., Robson, S., Berlin, K., & Barroso, C. (2019, March). *Implementing a low-intensity childhood obesity intervention for underserved families in an integrated primary care setting.* Abstracted in Society of Behavioral Medicine, Washington, DC.
- 114) Thomas, J. G., Bond, D., **Raynor, H.**, Papandonatos, G. D., & Wing, R. (2019, March). *Can smartphone-based behavioral obesity treatment produce weight losses equal to gold standard group treatment?* Abstracted in Society of Behavioral Medicine, Washington, DC.
- 115) Bean, M. K., Gokee LaRose, J., Wickham, E. P., **Raynor, H.**, Evans, R., & Mazzeo, S. E. (2019, March). *The role of parents in adolescent obesity treatment: Results of TEENS+ randomized controlled pilot trial.* Abstracted in Society of Behavioral Medicine, Washington, DC.
- 116) Bean, M., Sova, A., Thornton, L. M., **Raynor, H. A.**, Williams, A., & Mazzeo, S. E. (2019, June). *Fruit and vegetable selection and intake in Title I Schools with and without salad bars: A plate waste study.* Abstracted in International Society of Behavioral Nutrition and Physical Activity, Prague, Czech Republic.
- 117) **Raynor, H.**, Khatri, P., Propst, S., Robson, S., Berlin, K., & Barroso, C. (2019, November). *Maintenance of weight status following a low-intensity childhood obesity intervention.* Abstracted in Obesity Week, Las Vegas, NV.
- 118) *Grider, H., & **Raynor, H.** (2020, April). *The influence of mindful eating and/or intuitive eating approaches on dietary intake: A systematic review.* Abstracted in Society of Behavioral Medicine, San Francisco, CA.
- 119) *Prushinski, G., & **Raynor, H.** (2020, April). *Does self-weighing with feedback assist with the self-regulation of energy balance behaviors?* Abstracted in Society of Behavioral Medicine, San Francisco, CA.
- 120) Douglas, S., & **Raynor, H.** (2020, June). *Differences in body mass index z-scores among children and adolescent participants of NHANES 2003-2016 with different temporal eating*

patterns. Abstracted in American Society for Nutrition, Seattle, WA.

- 121) *Griffiths, L. A., Barroso, C., Berlin, K., Khatri, P., Propst, S., Robson, S., & **Raynor, H. A.** (2020, July). *Household food insecurity does not predict weight-related outcomes in a low-intensity childhood obesity treatment program*. Abstracted in Society of Nutrition Education and Behavior, San Diego, CA.
- 122) Schumacher, L., **Raynor, H.**, Rhodes, R., Thomas, J. G., Wing, R., & Bond, D. (2021, April). *Importance of temporal exercise consistency for exercise levels: A prospective study of successful weight loss maintainers*. Abstracted in Society of Behavioral Medicine, remote conference.
- 123) Malik, N., Baxter, S. D., Halliday, T., Lynch, A., Morgan-Bathke, M., **Raynor, H. A.**, Garay, J. L., & Rozga, M. (2021, October). *Weight management interventions provided by a dietitian for adults with overweight or obesity: An evidence analysis center systematic review and meta-analysis*. Abstracted in Food & Nutrition Conference & Expo, remote conference.
- 124) *Griffiths, L. A., Bond, D. S., & **Raynor, H. A.** (2021, November). *Variety in physical activity contextual factors does not contribute to greater moderate-to-vigorous intensity physical activity above variety in physical activity type alone*. Abstracted in Obesity Week, remote conference.
- 125) **Raynor, H. A.**, Mazzeo, S. E., Gokee LaRose, J., Adams, E. L., Thornton, L. M., Caccavale, L. J., & Bean, M. K. (2021, November). *Changes in diet during an obesity intervention and post-treatment eating pathology in adolescents*. Abstracted in Obesity Week, remote conference.

* Student is author.

EDITORIAL BOARD

Frontiers in Nutrition: Nutrition Methodology: June 2014-present

Journal of Obesity: May 2018-October 2020

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Mount Sinai Journal of Medicine
Nicotine & Tobacco Research
Nutrition Journal
Nutrition Research
Obesity Facts
Obesity Research (Obesity)
Obesity Reviews
Physiology & Behavior
PLOS One
Psychological Bulletin
Public Health Nutrition
Social Science & Medicine
Surgery for Obesity and Related Disorders
World Journal of Pediatrics

Submissions on diet and physical activity for the Society of Behavioral Medicine Annual Conference
2004, 2005, 2008, 2009

Submissions on behavioral studies for The Obesity Society (North American Association for the Study of Obesity Conference), 2006, 2007, 2008, 2009, 2010, 2011, 2017, 2018, 2019, 2020, 2021, 2022

INVITED PRESENTATIONS

- 1) Raynor, H. A. (2003, April). *Dietary variety, energy regulation, and obesity*. Speaker at the Tennessee Dietetic Association's Annual Conference, Knoxville, TN. Regional.
- 2) Raynor, H. A. (2003, May). *Behavioral treatments for obesity*. Speaker at The Rhode Island Academy of Family Physicians' Annual Conference, Mystic, CT. Regional
- 3) Raynor, H. A. (2004, April). *Behavioral treatments for obesity*. Speaker at The Virginia A. Beal Lecture for the Western Area Massachusetts Dietetic Association, Springfield, MA. Regional.
- 4) Raynor, H. A. (2005, March). *Behavioral treatments for obesity*. Speaker at The Seminar by the Sea for the University of Rhode Island College of Pharmacy, Newport, RI. Regional.
- 5) Raynor, H. A. (2005, May). *Behavioral treatments for obesity*. Speaker at The Dietitian of Canada Annual Conference, Toronto, ON. National.
- 6) Raynor, H. A. (2005, October). *The childhood obesity epidemic: What can a pediatrician do?* Speaker at Pediatric Grand Rounds, Rhode Island Hospital, Providence, RI. Regional.
- 7) Raynor, H. A. (2006, February). *The childhood obesity epidemic: What can a pediatrician do?* Speaker at Pediatric Grand Rounds, Sturdy Memorial Hospital, Attleboro, MA. Regional.
- 8) Raynor, H. A. (2006, February). *The childhood obesity epidemic: Child HELP*. Speaker at the Champion Events for the American Diabetes Association, Providence, RI. Regional.
- 9) Raynor, H. A. (2006, March). *Behavioral treatment of obesity in children and adults*. Speaker at the Cancer Prevention Research Center at the University of Rhode Island, North Kingston, RI. Regional.
- 10) Raynor, H. A. (2006, May). *Diabetes & childhood obesity*. Speaker at Rhode Island Business and Community Leaders Breakfast. Providence, RI. Regional.
- 11) Raynor, H. A. (2006, July). *Food reward: A critical factor in the etiology and treatment of obesity and binge eating*. Chair and presenter for selected symposium at the Society for the Study of Ingestive Behavior Conference, Naples, FL. National.
- 12) Raynor, H. A. (2006, September). *Dietary variety, satiation, and weight*. Speaker at the Department of Nutrition Seminar, University of Tennessee at Knoxville, Knoxville, TN. National.
- 13) Raynor, H. A. (2006, September). *Tackling the childhood obesity epidemic: What are some*

- solutions?* Speaker at Public Health Seminar, University of Tennessee at Knoxville, Knoxville, TN. Regional.
- 14) Raynor, H. A. (2006, October). *The childhood obesity epidemic: What are some solutions?* Speaker to assist in NIH's mission to increase outreach to the community regarding NIH research at Dartmouth, MA. Regional.
 - 15) Raynor, H. A. (2006, November). *Obesity treatment strategies in the medical home.* Speaker at the Rhode Island Chapter of the American Academy of Pediatrics, Providence, RI. Regional.
 - 16) Raynor, H. A. (2006, November). *Tackling the childhood obesity epidemic: What are some solutions?* Speaker at Postdoctoral Education/Faculty Development meeting for Family Medicine residents at Memorial Hospital of Rhode Island, Pawtucket, RI. Regional.
 - 17) Raynor, H. A. (2007, March). *Interactions among biobehavioral, social and environmental influences on obesity: Implications for population-level interventions.* Presenter for symposium at the Society of Behavioral Medicine Conference, Washington, DC. National.
 - 18) Raynor, H. A. (2007, April). *Behavioral management of pediatric and adult obesity.* Speaker at Health Psychology Seminar, University of Massachusetts, Dartmouth, Dartmouth, MA. Regional.
 - 19) Raynor, H. A. (2007, August). *The role of sensory-specific satiety in energy intake and obesity in humans.* Presenter for selected symposium at the 7th Pangborn Sensory Science Symposium, Minneapolis, MN. International.
 - 20) Raynor, H. A. (2007, October). *Randomized Controlled Trials of Lifestyle Interventions for Children and Adults.* Speaker at the University of Tennessee Obesity Research Center, Knoxville, TN. Regional.
 - 21) Raynor, H. A. (2007, November). *Behavioral Research Interventions for Weight Control in Children and Adults.* Speaker at the Exercise, Sport and Leisure Studies Department Seminar, University of Tennessee, Knoxville, TN. Regional.
 - 22) Raynor, H. A. (2008, March). *Family-based Interventions in Body Weight and Exercise Management for Children.* Speaker at the Fourth Annual Diabetes Regional Conference, Knoxville, TN. Regional.
 - 23) Raynor, H. A. (2008, March). *Childhood Obesity: Evidence-based Treatments.* Speaker at The Obesity Challenge in Public Health: An Interdisciplinary Distance Learning Workshop, Memphis, TN. National.
 - 24) Raynor, H. A. (2008, April). *Behavioral Treatment of Obesity in Children and Adults.* Speaker at Cherokee Health Systems, Knoxville, TN. Regional.

- 25) Raynor, H. A. (2008, May). *We are family: The importance of using a family-based behavioural approach in childhood obesity treatment*. Speaker at Canadian Society for Clinical Nutrition/Canadian Society for Nutritional Sciences, Toronto, CA. International.
- 26) Raynor, H. A. (2008, June). *Interventions/treatment that work*. Speaker at Assessment, Treatment and Environmental Factors that impact on Childhood Obesity, University of Alabama at Birmingham Teleconference Update, Birmingham, AL. National.
- 27) Raynor, H. A. (2008, October). *The whys and hows of a healthy lifestyle*. Speaker at the East Tennessee Education Association, Knoxville, TN. Regional.
- 28) Raynor, H. A. (2008, October). *Behavioral Treatment of Obesity in Children and Adults*. Speaker at Psychology Colloquia, University of Tennessee, Knoxville, TN. Regional.
- 29) Raynor, H. A. (2008, December). *Behavioral Treatment of Obesity in Children and Adults*. Speaker at Knoxville District Dietetic Association, Knoxville, TN. Regional.
- 30) Raynor, H. A. (2009, February). *Behavioral Research Interventions for Weight Control in Adults*. Speaker at the Exercise, Sport and Leisure Studies Department Seminar, University of Tennessee, Knoxville, TN. Regional.
- 31) Raynor, H. A. (2009, March). *Childhood Obesity: Evidence-based Treatments*. Speaker at The Obesity Challenge in Public Health: An Interdisciplinary Distance Learning Workshop, Memphis, TN. National.
- 32) Raynor, H. A. (2009, May). *Childhood Obesity Research*. Speaker at the National WIC Association's 26th Annual Conference, Nashville, TN. National.
- 33) Raynor, H. A. (2010, April). *Behavioral Treatment of Obesity in Children and Adults: Evidence-based Interventions*. Speaker at the Tennessee Dietetic Association Conference, Knoxville, TN. Regional.
- 34) Raynor, H. A. (2010, May). *From Theory to Practice: Integrating Client-Centered Counseling into the Nutrition Care Process*. Speaker at the Dietitians of Canada Annual Conference, Montreal, CA. International.
- 35) Raynor, H. A. (2010, June). *Lifestyle Interventions for Adults*. Speaker at Cherokee Health Systems, Knoxville, TN. Regional.
- 36) Raynor, H. A. (2010, September). *Eating Behaviors and Weight Control*. Speaker at Virginia Polytechnic Institute and State University, Blacksburg, VA. National.
- 37) Raynor, H. A. (2010, November). *From Theory to Practice: Integrating Client-Centered Counseling into the Nutrition Care Process*. Speaker at the American Dietetic Association Annual Conference, Boston, MA. National.

- 38) Raynor, H. A. (2011, June). *A Client-Centered Approach in Nutrition Counseling*. Speaker at Pediatric Nutrition Days, Hamilton, CA. International.
- 39) Raynor, H. A. (2011, July). *Can Limiting Dietary Variety Assist with Reducing Energy Intake and Weight Loss?* Speaker at the Annual Meeting of the Society for the Study of Ingestive Behavior, Clearwater, FL. National.
- 40) Raynor, H. A. (2012, February). *What is Family-based Pediatric Weight Management?* Speaker at the Intensive Course in Nutrition for Infants, Children and Adolescents, University of Alabama at Birmingham, Birmingham, AL. National.
- 41) Raynor, H. A. (2012, April). *Nutrition Counseling for Behaviour Change*. Speaker at the Food Matters Conference, Edmonton, Alberta, CA. International.
- 42) Raynor, H. A. (2012, November). *Behavioral Economics and Intake of Fruits and Vegetables and Energy-dense Snack Foods During Obesity Treatment*. Speaker at Association for Behavioral and Cognitive Therapies, National Harbor, MD. National.
- 43) Raynor, H. A., (2012, November). *Can Limiting Dietary Variety Assist with Reducing Energy Intake and Weight Loss?* Speaker at Association for Behavioral and Cognitive Therapies, National Harbor, MD. National.
- 44) Raynor, H. A. (2013, June). *Moderator, Portion Size Conference Panel Discussion*. Philadelphia, PA. National.
- 45) Raynor, H. A. (2013, July). *Nutrition-Related Behavioral and Public Health Intervention Strategies: Key Competency Areas*. Speaker at the Graduate Interdisciplinary Instruction in Obesity and Weight Management: State-of-the-Art Conference, Athens, GA. National.
- 46) Raynor, H. A. (2013, October). *Efficacy and Effectiveness of Physical Activity and Nutrition Interventions in Pediatric Obesity Treatment*. Speaker at Optimal Clinical Management & Treatment of Childhood Obesity & Translation to the Public Health Context: Pennington Biomedical Scientific Symposium Series, Baton Rouge, LA. National.
- 47) Raynor, H. A. (2014, May). *Evidence-based Practice: The Need for Efficacy and Effectiveness*. Speaker at the Comparative & Experimental Medicine and Public Health Research Symposium, Knoxville, TN. Regional.
- 48) Raynor, H. A. (2014, September). *You've Heard about Macronutrient Composition of the Diet and Weight Loss, but What About Behavioral Dietary Factors and Weight Loss?* Speaker at the South Dakota Academy of Nutrition and Dietetics State Meeting, Rapid City, SD. National.
- 49) Raynor, H. A. (2015, April). *Efficacy and Effectiveness of Physical Activity and Nutrition Interventions in Childhood Obesity Treatment*. Speaker at the Texas A&M Distinguished Lecture Series, College Station, TX. National.

- 50) Raynor, H. A. (2015, April). *Explore Your OWN Practice! Creating Opportunities by Collecting Outcomes*. Speaker at the WM DPG Symposium, Portland, OR. National.
- 51) Raynor, H. A. (2015, September). *Non-Traditional Dietary Factors and Weight Management*. Speaker at the Nutrition & Exercise Physiology Seminar Series University of Missouri, Columbia, MO. National.
- 52) Raynor, H. A. (2015, November). *Clinical Implications of Behavioral Economic Theory: Applications across Addictive Behaviors, Obesity, and Risky Sex*. Speaker at Association for Behavioral and Cognitive Therapies, Chicago, IL. National.
- 53) Raynor, H. A. (2016, April). *New Approaches to Obesity Prevention and Treatment: Findings from the Obesity-Related Behavioral Intervention Trials (ORBIT)*. Speaker at Society for Behavioral Medicine, Washington DC. National.
- 54) Raynor, H. A. (2016, August). *Developing Practice Guidelines for Weight Management in Children and Adolescents*. Speaker at American Psychological Association, Denver, CO. National.
- 55) Raynor, H. A. (2016, September). *Translating Research on Habituation into Interventions to Enhance Obesity Treatment: Findings from Studies in Children and Adults*. Speaker at NIH Obesity Research Task Force (ORTF) / NIDDK Clinical Obesity Research Panel (CORP) Seminar Series, Washington, DC. National.
- 56) Raynor, H. A. (2016, November). *Changes in Food Reward and Preferences after Bariatric Surgery*. Speaker at Obesity Week, New Orleans, LA. National.
- 57) Raynor, H. A. (2016, November). *Dietary Structure: What Influence does it have on Energy Intake and Weight in Childhood Obesity Interventions*. Speaker at Obesity Week, New Orleans, LA. National.
- 58) Raynor, H. A. (2017, February). *Translating Research on Habituation into Interventions to Enhance Obesity Treatment: Findings from Studies in Children and Adults*. Speaker at Pennington Biomedical Scientific Symposium Series, Baton Rouge, LA. National.
- 59) Raynor, H. A. (2017, March). *Developing Practice Guidelines for Weight Management in Children and Adolescents*. Speaker at Society of Behavioral Medicine, San Diego, CA. National.
- 60) Raynor, H. A. (2017, March). *Targeting Childhood Obesity in Underserved Families: Interventions in Integrated Primary Care*. Speaker at Healthy Weight Colloquium, Knoxville, TN. National.
- 61) Raynor, H. A. (2017, April). *Translating Research on Habituation into Interventions to Enhance Obesity Treatment: Findings from Studies in Children and Adults*. Speaker at Temple University Symposium Series, Philadelphia, PA. National.

- 62) Raynor, H. A. (2017, May). *What's the Big Deal about Time? The Role of Meal Timing in Weight Management*. Speaker for Continuing Professional Education Units Webinar Weight Management Dietetic Practice Group. National.
- 63) Raynor, H. A. (2017, May). *Efficacy and Effectiveness of Physical Activity and Nutrition Interventions in Pediatric Obesity Treatment*. Speaker at European Congress of Endocrinology, Lisbon, Portugal. International.
- 64) Raynor, H. A. (2017, July). *Daily Pattern of Energy Distribution and Weight Loss*. Speaker at the Society of the Study of Ingestive Behavior, Montreal, CA. International.
- 65) Raynor, H. A. (2018, May). *Efficacy and Effectiveness of Multicomponent Interventions in Pediatric Obesity Treatment*. Speaker at USDA Grand Forks Human Nutrition Research Center, Grand Forks, ND. National.
- 66) Raynor, H. A. (2018, September). *Efficacy and Effectiveness of Physical Activity and Nutrition Interventions in Pediatric Obesity Treatment*. Speaker at Grand Rounds Preventive Medicine University of Alabama Birmingham. National.
- 67) Raynor, H. A. (2020, October). *Addressing Childhood Obesity Disparities: Translation within a Practice-based Primary Care Setting*. Speaker at the Academy of Nutrition and Dietetics Annual Conference, Online. National.
- 68) Raynor, H. A. (2021, April). *Transitioning an Intensive Multi-component Childhood Obesity Intervention from f2f to Remote Delivery: Families Becoming Healthy Together*. Speaker at the Society of Behavioral Medicine Conference, Online. National.
- 69) Raynor, H. A. (2021, September). *Updates to the Lifestyle Intervention Manual & Toolkit, 3rd Edition*. Speaker for Continuing Professional Education Units Webinar Dietitians of Canada. International.
- 70) Raynor, H. A., (2021, November). *TOS/WMDPG Joint Symposium: Non-Surgical Obesity Management - Your Guide to the Guidelines; Dietary Guidelines*. Speaker at Obesity Week, Online. National.
- 71) Raynor, H. A. (2021, December). *Childhood Overweight and Obesity: Addressing Health Disparities*. Speaker for Midsouth Integrated Behavioral Health Training Initiative (MIBH-TI) and Interprofessional Teams Grounded in Apprenticeship, Telehealth, and Evidence (INTEGRATE), University of Memphis, Online. National.
- 72) Raynor, H. A. (2022, February). *Childhood Obesity Treatment: Translating Research into Practice*. Speaker at the University of Georgia Obesity Initiative Symposium, Athens, GA. National.
- 73) Raynor, H. A. (2022, June), *Evidence-based Strategies to Maximize Remission of Prediabetes*

and Type 2 Diabetes. Speaker at American Diabetes Association Conference, New Orleans, LA.

- 74) Raynor, H. A. (2022, October). *How can I help? Collaborating in client-centered weight management*. Speaker at the Academy of Nutrition and Dietetics Annual Conference, Orlando, FL, National.
- 75) Raynor, H. A. (2022, November). *Diet disinformation*. Speaker at Obesity Week, San Diego, CA, National.
- 76) Raynor, H. A. (2022, November). *Eating occasions: Structured meals and snacks*. Speaker at Obesity Week, San Diego, CA, National.
- 77) Raynor, H. A. (2023, April). *Providing context in understanding childhood obesity treatment outcomes during COVID-19: Families Becoming Healthy Together*. Speaker at the Society of Behavioral Medicine Conference, Phoenix, AZ, National.
- 78) Raynor, H. A. (2023, April). *Multicomponent interventions for obesity treatment in adolescents: Developing successful self-regulation*. Speaker at the Society of Behavioral Medicine Conference, Phoenix, AZ, National.

GRANTS

- 1) NIDDK; R01 DK066787: Long-term Weight Loss Maintenance: 2/1/2004 - 12/31/2007 - \$914,878 (direct) – Co-Investigator
- 2) NHLBI; R01 HL077082: Modifying Obesogenic Homes: Impact on Weight Maintenance: 5/1/2004 - 4/30/2008 - \$1,408,203 (direct) – Co-Investigator
- 3) NIDDK; U01 DK067861: Changes in Food Reinforcement During Obesity Treatment: 7/1/2004 – 6/30/2006 - \$146,987 (direct) – Co-Investigator
- 4) American Diabetes Association; 7-05-HFC-27: Changing Eating Behaviors in Young Children: Should Healthy Foods be Increased or Unhealthy Foods Decreased?: 7/1/2005 - 12/31/2008 - \$650,360 (direct) – Principal Investigator
- 5) NIDDK; R21 DK074919: Childhood Obesity Treatment Targeting Specific Behaviors; 9/15/2005 – 2/28/2009 - \$275,000 (direct) – Principal Investigator
- 6) NIDDK; R01 DK 66787 2W1: Long-term Weight Loss: Functional Imaging; 10/1/2005 – 9/30/2006 - \$150,000 (direct) - Co-Investigator
- 7) NIDDK; R01 DK074721: Reducing Snack Food Variety During Obesity Treatment; 4/1/2006 – 3/31/2011 - \$868,000 (direct) – Principal Investigator

- 8) NIDDK; R43 DK075268: Behavioral Economics MANET to Modify Weight Loss and Maintenance Behaviors; 9/9/2006 – 8/31/2007 - \$34,054 (direct) – Co-Investigator
- 9) Brown Medical School Internal Grant; Innovations in Women’s Health Research Seed Grant Program: Behavior Changes in Women Undergoing Bariatric Surgery; 10/1/2007 - 9/30/2008 - \$19,000 (direct) – Co-Investigator
- 10) University of Tennessee Obesity Research Center: The Effects of Two Different Leisure-time Activity Prescriptions on Eating and Activity Behaviors During Behavioral Weight Loss Treatment; 2/1/2008 – 1/31/2009 - \$20,000 (direct) – Principal Investigator
- 11) State of Tennessee Center for Diabetes Prevention and Health Improvement Grant: Changes for Life; 7/1/2008 – 6/30/2009 - \$2,400 - Consultant
- 12) American Diabetes Association; 1-09-JF-22: Sleep Duration and Pediatric Overweight: The Role of Eating Behaviors; 1/1/2009 - 12/31/2011 - \$210,000 (direct) – Consultant
- 13) NIDDK; R01 DK074721-04S1: Research Supplements to Promote Diversity in Health-Related Research - Reducing Snack Food Variety During Obesity Treatment; 4/1/2009 - 3/31/2011 - \$36,934 (direct) – Principal Investigator
- 14) NIDDK; R21 DK080430: Acceptance-based Behavior Treatment: An Innovative Weight Control Intervention; 7/1/2009 - 6/30/2011 - \$275,000 (direct) – Consultant
- 15) AHA Greater Southeast Affiliate; 09PRE2020150: Eating Frequency Prescription for a Behavioral Weight Loss Intervention; 7/1/2009 - 6/30/2011 - \$43,500 (direct) - Sponsor – Predoctoral Fellowship
- 16) NIH; U01 DK088380-01: Translating Habituation Research to Interventions for Pediatric Obesity; 9/21/2009 - 8/31/2014 - \$1,907,508 (direct) – Co-Investigator
- 17) NIH; U01 CA150387-01: Increasing Sleep Duration: A Novel Approach for Weight Loss; 9/28/2009 – 8/31/2015 - \$1,806,423 (direct) – Co-Investigator
- 18) University of Tennessee Obesity Research Center: The Effect of Diets Targeting Energy Density and Energy Restriction on Weight Loss and Feelings of Deprivation, Satisfaction, and Hunger During a Behavioral Weight Loss Treatment; 1/1/2010 – 12/31/2010 - \$20,000 (direct) – Principal Investigator
- 19) HRSA; D40HP08525: Graduate Psychology Education Programs (D40); 7/1/2010 - 6/30/2013 - \$101,048 (direct) – Consultant
- 20) NIH; R01: Experimental Analysis of Price Changes and Food Purchases in Lean and Obese Mothers; 7/1/2010 – 6/30/2015 - \$1,482,725 (direct) – Consultant

- 21) State of Tennessee Center for Diabetes Prevention and Health Improvement Grant: Changes for Life; 10/1/2010 – 6/30/2011 - \$100,000 (direct)- Consultant
- 22) NIH; R01: Enhancing Sleep Duration: Effects on Children’s Eating and Activity Behaviors; 7/1/2011 - 11/30/2015 – \$1,054,433 (direct) - Co-Investigator
- 23) NIH; R01: Clinic and Home Family Based Behavioral Treatment for Obese Preschoolers: LAUNCH; 12/1/2011 – 11/30/2016 - \$2,456,433 (direct) – Consultant
- 24) University of Tennessee; 2011 Outreach and Engagement Incentive Grant: Development, Implementation, and Evaluation of a Client-centered Nutrition Counseling Component to Enhance Health Outcomes in a Worksite Wellness Program at Radio Systems Corporation; 12/1/2011 – 6/30/2012 - \$1,890 (direct) – Principal Investigator
- 25) NIH; R01 DK095779: LIVE SMART: Smartphone Intervention for Weight Control; 7/1/2012 – 6/30/2016 - \$2,478,566 (direct) – Co-Investigator
- 26) University of Tennessee; 2012 Organized Research Unit: Metabolic Translational Research Initiative; 7/1/2012 – 6/30/2013 - \$25,000 (direct) – Co-Principal Investigator
- 27) AHA; Founders Affiliate Grant-in-Aid: Bitter Taste Phenotype as an Adjunct to Behavioral Weight-loss intervention in Women; 7/1/2012-12/31/2015 - \$150,000 (direct) – Consultant
- 28) Academy of Nutrition and Dietetics Foundation; Lifestyle Interventions for Childhood Overweight and Obesity Prevention Grant: A Pilot Study to Examine Three Dietary Messages within a Family-based Pediatric Obesity Prevention Intervention; 12/1/2012 – 11/30/2013 - \$31,500 (direct) – Principal Investigator
- 29) Weight Watchers International; Weight Watchers Online; 7/1/2013 – 3/31/2015 - \$353,828 (direct) – Principal Investigator
- 30) USDHHS; Health Resources and Services Administration, Maternal & Child Health Bureau; Maternal and Child Health Nutrition Leadership Education and Training Program; 7/1/2013 – 6/30/2018 - \$836,486 (direct) – Co-Investigator
- 31) HRSA; Recovery-Based Interprofessional Distance Education (RIDE) Program; 7/1/2013 – 6/30/2016 - \$1,042,701 (direct) – Co-Investigator
- 32) NIH; K23 DK097143: Using Novel Behavioral Approaches to Improve Long-term Weight Loss Outcomes; 9/1/2013 - 7/31/2018 - \$650,000 (direct) – Mentor
- 33) Weight Management Dietetic Practice Group; A Mentored Weight Management Outcome Study for Registered Dietitians; 11/1/2013 – 10/31/2014 - \$15,000 (direct) – Co- Principal Investigator
- 34) NIDDK; 1R01DK101046-01: Food Choices in Overweight & Normal Weight Adolescents:

- Sleep & Circadian Rhythm; 1/16/2014 – 12/31/2018 - \$1,942,290 (direct) – Consultant
- 35) NIH; 1R21HD078636-01A1: d13C Added Sugar Intake Biomarker: Determining Validity in Children; 7/14/2014 – 6/30/2016 - \$275,000 (direct) – Consultant
- 36) Weight Watchers International; Variety in Food Choices; 8/1/2014 – 12/31/2014 - \$29,060 (direct) – Principal Investigator
- 37) Weight Watchers International; Weight Watchers Online Pilot; 3/1/2015-1/31/2016 - \$64,737 (direct) – Principal Investigator
- 38) NIH; R21 HD084930-01A1: Improving Adolescent Obesity Treatment: Exploring the Role of Parents; 12/1/2015 – 11/30/2017 - \$275,000 (direct) – Consultant
- 39) K01 DK105106-01A1: Physical Activity in Pregnancy for Intergenerational Obesity Prevention; 10/1/2015 – 9/30/2020 - \$792,500 (direct) – Mentor
- 40) NIH; 1R34DK109504-01: Implementing Prevention Plus for childhood overweight and obesity in food secure and insecure families; 6/1/2016 – 5/31/2019 - \$300,000 (direct) – Principal Investigator
- 41) NIH; R03 HD088985-01: The Impact of Salad Bars on Fruit, Vegetable, and Energy Intake in Elementary Schools; 7/1/2016-6/30/2018 – \$100,000 (direct) – Consultant
- 42) NIH; R01 DK107390-01A1: Increased Protein at Breakfast for Weight Management in Overweight Adolescents; 9/1/2017 –8/31/2021 - \$2,478,566 (direct) – Co-Investigator
- 43) NIH; 2R01HL092910: Enhancing Sleep Duration: Effects of Children's Eating and Activity Behaviors; 9/01/2017 – 6/30/2022 - \$2,548,452 (direct) – Co-Investigator
- 44) HRSA; UK1HP31710: Transforming RN Roles in Community-Based Integrated Primary Care through Academic Practice Partnership (TRIP); 7/1/2018 - 6/30/2022 - \$2,659,027 (direct) – Co-Investigator.
- 45) NIH; R01HD095910-01A1: The Role of Parents in Adolescent Obesity Treatment: Randomized Controlled Trial of TEENS+; 1/15/2019-12/31/2023 - \$2,058,279 (direct) – Co-Investigator.
- 46) NIH; R01DK121360-01: Translating Basic Habituation Research to Childhood Obesity Treatment; 3/1/2019-2/28/2024 – \$2,027,544 (direct) – Principal Investigator.
- 47) NIH; 1R01HD098732-01: Salad Bars in the National School Lunch Program: Impact on Dietary Consumption Patterns in Elementary School Students; 3/21/2019-12/31/2022 - \$1,699,880 (direct) – Co-Investigator.
- 48) NIH; R01DK130323-01A1: Behavioral and Biological Rhythms in Children's Obesity-Related Health Disparities; 9/23/2021-5/31/2022 - \$1,893,464 (direct) – Co-Investigator.

- 49) NIH: R01DK130851-01: Evaluating Environmental Control (AVOID) and Inhibitory Control (RESIST) Strategies to Improve Weight Management Outcomes; 2/15/2022-1/31/2027 - \$2,357,628 (direct) – Co-Investigator.
- 50) NIH: R21HD105906-01A1: Exploring the Familial Reach of Adolescent Obesity Treatment; 3/10/2022-2/28/2023 - \$275,000 (direct) – Co-Investigator.
- 51) NIH: R01DK135679-01: Validating Sensor-based Approaches for Monitoring Eating Behavior and Energy Intake by Accounting for Real-World Factors that Impact Accuracy and Acceptability; 4/1/2023-2/28/2027 - \$2,064,764 (direct) – Co-Investigator

DSMB

NIH: R21 DK089269-01A1; Fitness and Exercise for Post-Bariatric Patients, Safety Officer: 2011-2013

NIH: R01 DK92374-01A1; Environmental and Acceptance-Based Innovations for Weight Loss Maintenance, Safety Officer: 2012-2017

NIH: Phase II STTR; Experience Success: Virtual Reality Skills Training to Enhance e-Weight Loss, Safety Officer: 2014-2016

NIH: R21HD078890-01; Developing a Preschool Obesity Intervention for Families Enrolled in WIC, Safety Officer: 2014-2016

GRANT REVIEWS

State of Pennsylvania Department of Health Merit Review on Obesity – January 2006

PSC City University of New York Research Award Program – December 2007

Netherlands Organisation for Scientific Research, Social Sciences – April 2008

NIDDK Special Emphasis Panel ZDK1-GRB-1; Translational Research – March 2009, September 2009, May 2010

Dutch Diabetes Research Foundation – August 2009

NCMHD Special Emphasis Panel ZMD1 PA; Advances in Health Disparities Research on Social Determinants of Health – July 2010

NIH CIDO study section – October 2011, February 2012

NIH Special Emphasis Panel: Risk, Prevention, and Health Behavior – March 2012

NCMHD Special Emphasis Panel ZMD1 MLS; Social, Behavioral, Health Services, and Policy Research on Minority Health and Health Disparities – November 2012

NIDDK Special Emphasis Panel ZDK1GRB-1; Time-sensitive Obesity Applications – February 2013

NIH Special Emphasis Panel ZRG1 RPHB-N; Obesity – March 2013

NIH Special Emphasis Panel EMNR K 80; Diabetes, Obesity, and Endocrine Disorders – July 2013

NIH Member Conflict ZRG1 RPHB-S 02 M; Behavioral Interventions, Obesity, and Health Outcomes – September 2013

NIH EMNR K 80: Translational Research in Diabetes, Obesity and Endocrine Disorders – November

2013

NIH Small Grants for New Investigators to Promote Diversity in Health-Related Research (R03) – December 2013
NIDDK Special Emphasis Panel; Time-Sensitive Obesity Policy and Program Evaluation – February 2014
NIH Special Emphasis Panel ZRG1 RPHB-S; Behavioral Interventions, Obesity and Chronic Pain – July 2014
NIMHD Transdisciplinary Collaborative Centers for Health Disparities Research on Chronic Disease Prevention (U54) – April 2016
NIH Special Emphasis Panel ZRG1 RPHB-W 55 R, PAR-14-315; Developing and Testing Interventions for Health-Enhancing Physical Activity - July 2016
NIH PRDP study section – October 2016
NIH Special Emphasis Panel ZRG1 RPHB-W 55 R, PAR-14-315; Developing and Testing Interventions for Health-Enhancing Physical Activity - February 2017
NIH Special Emphasis Panel ZDK1 GRB-2 (O4) 1; SBIR - June 2017
NIH PRDP study section member – July 2017 – June 2021
NIH Special Emphasis Panel ZDK1 GRB-2 (O4) 1; SBIR – July 2018
NIH NORC review – November 2020
Dutch Research Council – October 2021
NIH NORC review – March 2022
NHLBI K Standing Member Conflict Panel – April 2022

INVITED COMMITTEES

Ontario Ministry of Health Promotion, Childhood Obesity Prevention Think Tank Forum – April 2008

INVITED WORKSHOPS

Society for Women's Health Research – Interdisciplinary Workshop Regarding Women, Obesity and Public Health – October 2006
Forum on Training for Medical Nutrition Scientists, The Obesity Society Meeting – October 2009
University of Alabama, Birmingham, AL – Behavioral Nutrition Counseling Workshop – Faculty Member – September 2009, May 2010.
Dietitians of Canada Annual Conference – Sharpen your Counseling Skills – Trainer – June 2012

UNIVERSITY TEACHING ROLES

- 1) Nutrition Seminars for Medical Residents (3 x per year, starting 2002 - 2007) – Brown Medical School
 - 2) Mentor for Field Community Health Clerkship – Brown Medical School
- Risha Kopel – 2004
Diana Ferris - 2004
Elizabeth Yu – 2005
Akansha Mehta – 2005

James Page – 2005
Sarah Taylor – 2005
Shahidi Farooqi – 2005
Leena Sastry – 2006
Amanda Gruber – 2006
Patrick Ladapo – 2006
Luisa Duran – 2007

3) Postdoctoral Clinical/Research Supervisor

Jessica Gokee Larose, Ph.D. (T-32 Fellow); 2006-2007
Gabriella Rothman, Ph.D. 2006-2007
Eva Serber, Ph.D., 2006-2007
Emily Van Walleghen, Ph.D., 2008-2010
Steve Douglas, PhD, 2019-2021

3) Faculty Mentor Grant Writing Institute – University of Tennessee Knoxville

Jeffery Reinbolt - 2012
Jennifer Jabson - 2014

5) Thesis Committee as Chair – University of Tennessee Knoxville

Emily Jokisch (Nutrition – MS – completed November 2009)
Ashlee Schoch (Public Health Nutrition – MS – completed May 2010)
Claudia Favre (Public Health Nutrition – MS – completed August 2010)
Adriana Coletta (Nutrition – MS – completed October 2010)
Chrystal Haire (Public Health Nutrition - MS-MPH – completed March 2012)
Susan MacArthur (Public Health Nutrition – MS – completed April 2012)
Chelsi Cardoso (Public Health Nutrition – MS – completed November 2012)
Vaishali Keshani (Public Health Nutrition – MS – completed January 2014)
Erin Norton (Public Health Nutrition – MS – completed May 2014)
Seletha Poole (Public Health Nutrition MS-MPH – completed June 2015)
Shireen Sobhani (Public Health Nutrition – MS – completed August 2015)
Rachel Rosenthal (Public Health Nutrition – MS – completed February 2016)
Tsz-Kiu Chui (Public Health Nutrition – MS – completed May 2018)
Hannah Grider (Public Health Nutrition – MS – completed July 2019)
Genevieve Prushinski (Public Health Nutrition – MS – completed July 2019)
Grace Hawkins (Public Health Nutrition – MS – completed August 2020)

6) Thesis Committee as Member – University of Tennessee Knoxville

Christen Mullane (Psychology – PhD – MA - completed May 2008)
Rachel Ann Kinney (Public Health Nutrition - MS-MPH – completed April 2009)
Nicole Lynn McGee (Public Health Nutrition – MS – completed July 2009)
Andrew Carberry (Public Health Nutrition – MS-MPH – completed August 2010)

Brian Rett (Nutrition Science – MS – completed January 2011)
Tegan Medico (Public Health Nutrition – MS-MPH – completed April 2011)
Elizabeth Miller (Public Health Nutrition - MS – completed August 2011)
Whitney Merola (Public Health Nutrition – MS – completed December 2011)
Angela Sberna (Public Health Nutrition – MS – completed April 2012)
Lindsay Miesel (Public Health Nutrition – MS-MPH – completed March 2013)
Katie Wischkaemper (Psychology – PhD - MA – completed May 2013)
Chrissie Sugimoto (Public Health Nutrition – MS-MPH – completed May 2014)
Ana Hoffman (Public Health Nutrition – MS – completed April 2015)
Mary Kate Robbins (Public Health Nutrition – MS-MPH – completed October 2020)

Thesis Committee as Member – Virginia Polytechnic Institute and State University

Mary Elizabeth Baugh (Human Nutrition, Foods and Exercise – MS – completed September 2013)

7) Non-Thesis Committee as Chair - University of Tennessee Knoxville

Briana Presper (Public Health Nutrition – MS-MPH – completed December 2011)
Kelsey Wallour (Public Health Nutrition – MS – completed December 2014)
Lacey Latimer (Public Health Nutrition - MS – completed December 2015)
John Hartsell (Public Health Nutrition – MS-MPH – completed December 2016)
Miranda Fulmer (Public Health Nutrition – MS – completed December 2017)
Taylor Koenig (Public Health Nutrition – MS – completed August 2021)
Kecia Caldwell (Public Health Nutrition – MS – completed December 2021)
Katie Bell (Public Health Nutrition – MS-MPH – completed August 2022)

8) Non-Thesis Committee as Member - University of Tennessee Knoxville

Gerry Flanagan (Nutrition Science – MS – completed December 2009)
Alice Hobing (Nutrition Science – MS – completed August 2010)
Jennifer Heidel (Public Health Nutrition – MS – completed May 2012)
Amanda Arthur (Public Health Nutrition – MS – completed July 2012)
Hannah Auberg (Public Health Nutrition – MS – completed July 2012)
Sarah Dahlman (Public Health Nutrition – MS – completed December 2015)
Jessica Jurcak (Public Health Nutrition – MS-MPH – completed December 2016)

9) Project as Chair – University of Tennessee Knoxville

Rosemary Hamsley (Community Nutrition – MS – in process)

10) Dissertation Committee as Chair – University of Tennessee Knoxville

Jessica Bachman (Nutritional Sciences – PhD – completed May 2011)
Shannon Looney (Nutritional Sciences – PhD – completed May 2013)
Lauren Griffiths (Nutritional Sciences – PhD – in process)

Emilie Holloway (Nutritional Sciences – PhD – in process)
Komal Jethmalani (Nutritional Sciences – PhD – in process)

11) Dissertation Committee as Member – University of Tennessee Knoxville

Christen Mullane (Psychology – PhD – completed September 2010)
Jeremy Steeves (Exercise Science – PhD – completed April 2011)
Courtney Monroe (Exercise Science – PhD – completed August 2014)
Brian Rider (Exercise Science – PhD – completed June 2015)
Rebecca Chatham (Nursing – PhD – completed May 2021)
Elizabeth Hall (Nutritional Sciences – PhD – completed August 2021)
Bethany Rand (Public Health – PhD – in process)

Dissertation Committee as Member – University of Ottawa

Jameason Cameron (Human Kinetics – PhD – completed May 2012)
Genevieve Monaghan (Psychology – PhD – completed October 2017)
Marissa Murray (Psychology – PhD – completed September 2018)

Dissertation Committee as Member – Rutgers University

Brenda Burgess (Food Science – PhD – completed August 2016)

12) Ronald McNair Scholar Program – University of Tennessee Knoxville

Rachel Leah Boutte (Psychology – completed July 2008)
Bich Nguyen (Psychology – completed July 2013)

13) Undergraduate Research – University of Tennessee Knoxville

Susan MacArthur: The Nutrition Challenge: A Health Promotion Campaign; Spring 2010
EURCA Award

Vaishali Keshani: Food Choices Made by Individuals as they Reduce their Energy and Fat Intake During Obesity Treatment; Spring 2012

Sheryl Kate Benson: Repeated Food Exposure via the Olfactory and Gustatory Systems; Summer 2012 Undergraduate Research Internship; Spring 2013 EURCA Award

Shireen Amanda Sobhani: The Effect of Food Portions on Mood; Fall 2012

Olivia Wooliver: The Effects of Chewing Gum on a Computer Task and Liking Ratings of Ice Cream; Summer 2013 Undergraduate Research Internship

Bich Nguyen: Timing of Eating; Summer 2013 Ronald McNair Scholar Program

Stephanie Ernest: Habituation to High-Fat, High-Sugar Foods in Normal Weight Women with Food Addiction; Summer 2015 Undergraduate Research Internship

Janelle Chavarria: The Effect of Dietary Fiber Differing in Fermentation Properties on Satiation; Summer 2017 Undergraduate Research Internship; Spring 2018 EURECA Award

Natalie Cross: Adult Caregiver Health Literacy and Child Weight Outcomes; Fall 2017

STUDENT AWARDS

- Ashlee Schoch: Graduate Student Research Colloquium, University of Tennessee Knoxville, 1st place in Department of Nutrition: The Influence of Factors on the Accuracy of Reported Dietary Intake – February 2009
- Jessica Bachman: Comparative & Experimental Medicine and Public Health Research Symposium, University of Tennessee Knoxville, Travel Award: Eating frequency and healthy weight status – June 2009
- Adriana Coletta: Graduate Student Research Colloquium, University of Tennessee Knoxville, 1st place in Department of Nutrition: The influence of isocaloric and isocarbohydrate supplementation on endurance performance in recreational runners – March 2011
- Shannon Looney: Amy Joye Memorial Research Award, American Dietetic Association Foundation –A Pilot Study of the Efficacy and Cost-effectiveness of Prevention Plus for Childhood Obesity - 2011-2012
- Chrystal Haire: Graduate Student Research Colloquium, University of Tennessee Knoxville, 1st place in Department of Nutrition: Do weight status and the level of dietary restraint moderate the relationship between package unit size and food intake? – March 2012
- Shannon Looney: Graduate Student Research Colloquium, University of Tennessee Knoxville, 1st place in Department of Nutrition: A pilot study of the efficacy and program cost-effectiveness of prevention plus for childhood obesity – March 2013
- Vaishali Keshani: Graduate Student Research Colloquium, University of Tennessee Knoxville, 1st place in Department of Nutrition: Relationship between dietary choices made during a low-calorie, low-fat diet and changes in caloric intake, caloric intake from fat, and weight loss– March 2014
- Rachel Rosenthal: Graduate Student Research Colloquium, University of Tennessee Knoxville, 1st place in Department of Nutrition: The effect of television watching and portion size on intake during a meal– March 2015

CONSULTING

QTC – consulting meeting for product development of weight control products, served on expert panel, March 2007

Asthma Management Systems – consultant for electronic assessment and planning system for weight control and diabetes, 2007–2008

TI Food & Nutrition – review of grant proposal for product development, December 2007

Development of a nutrition counseling tool kit for use in a primary care setting for the Diabetes, Obesity and Cardiovascular Network of Dietitians of Canada, March 2008-2013, 2019-2021

Review of treatment manual for a 16-session pediatric weight management program, Department of Pediatrics, University of Alberta, August 2008

Review of Weight Management Leadership e-Learning Project, Cooper Institute, July 2009

Novo Nordisk Obesity Clinicians Advisory Board, May 2014

Update The Counseling Modules for the Practice-based Evidence in Nutrition (PEN) Network, Dietitians of Canada, July 2014 –April 2015

Project Manager for the development of the Certified Specialist in Obesity and Weight Management (CSOWM) review course for the Academy of Nutrition and Dietetics, April 2017 – January 2019

Scientific Advisory Committee, Slimming World, July 2017- January 2019