**Sarah Colby**, **Ph.D., R.D.**

Department of Nutrition/College of Education, Health and Human Sciences

The University of Tennessee/229 Jessie Harris Bldg.

Knoxville, Tennessee 37996-1920

865-974-6248/scolby1@utk.edu

***I am a behavioral researcher with a focus on health communication through novel nutrition education strategies (including marketing, arts and technology).***

**EDUCATION**

**New World School of the Arts** *Miami, FL*

A.A., Theater 1991-1993

**Florida State University** *Tallahassee, FL*

B.S., Nutrition & Food Science 1993–1995

**Western Carolina University** *Cullowhee, NC*

M.H.S., Nutrition 1996–1998

**University of North Carolina at Greensboro** *Greensboro, NC*

Ph.D., Nutrition 2002- 2005

**ACADEMIC/TEACHING EXPERIENCE**

**Adjunct Professor**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1998–2002 Western Carolina University, *Cullowhee, NC*

**Adjunct Professor**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Summer 2003 University of North Carolina at Greensboro, *Greensboro, NC*

**Assistant Professor**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2007-2011 East Carolina University, *Greenville, NC*

**Assistant Professor**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2011-2015 The University of Tennessee, *Knoxville, TN*

**Associate Professor**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2015-Present The University of Tennessee, *Knoxville, TN*

**CLINICAL EXPERIENCE**

**Clinical Nutritionist** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1998- 2000 Indian Health Services, *Cherokee, NC*

**Renal Dietitian** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2001- 2002 Davita- Sylva Dialysis, *Sylva, NC*

**GOVERNMENT RESEARCH EXPERIENCE**

**Nutrition Senior Research Scientist­­­­­­­**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2005- 2007 USDA/ARS, Grand Forks Human Nutrition Research Center,

*Grand Forks, ND*

**UNIVERSITY SERVICE**

**UNIVERSITY of NORTH CAROLINA at GREENSBORO**

* Graduate Student Association President 2003-2005
  + *Committees: Faculty Senate, University Planning, Provost’s Student Advisory, Graduate Studies, Policy and Procedures, Library, Grievance and Student Fee Advisory Committee.*
* Nutrition Graduate Student Association Vice-President 2003- 2005

**EAST CAROLINA UNIVERSITY**

* Search Committee 2007-2008
* Personnel Committee 2009-2010
* MS/DI Selection Committee Spring 2010
* Graduate Student Dietetic Association Faculty Advisor 2008-2011
* Undergraduate Student Dietetic Association Faculty Advisor 2007-2011
* Faculty Senate Alternate 2009-2011
* Faculty Advisory Council 2008-2011
* Undergraduate Curriculum Committee 2007-2011
* Internship Selection Committee 2008-2011
* Unit Scholarship Committee 2007-2011
* ECU Student Scholarships, Fellowships and Financial Aid Committee 2009-2011

**THE UNIVERSITY OF TENNESSEE**

* Departmental Un-Tenured Faculty Committee (Chair) 2014-2015
* Public Health Department Search Committee 2014-2015
* Departmental Public Health Search Committee (Chair) 2014-2015
* College (CEHHS) Marketing and Communications Search Committee 2014-2015
* College (CEHHS) Graduate Council (Proxy) 2012-2017
* Nutrition Representative on College Senate 2014-2017
* Departmental Website Development Committee 2013-2017
* Departmental Dietetic Internship Selections and Advisory Committee 2011-present
* Departmental Faculty Advisor for Graduate Nutrition Student Association 2012-present
* Departmental Communications Committee (Chair) 2013-present
* University Undergraduate Council Committee 2019- present
* University Academic Policy Council Committee 2019-present
* University General Education Committee 2020- present

**PROFESSIONAL SERVICE**

**SOCIETY FOR NUTRITION EDUCATION**

* ACPP, Food Labeling Subcommittee 2008-2010
* Chair-Elect Public Health Division 2009-2010
* Webinar Organizer/Moderator “Qualitative Research: Focus Groups” with Richard Krueger Spring 2010
* Awards Task Force 2010-2011
* Chair, Public Health Division 2010-2011
* Advisory Committee on Public Policy 2010-2011
* Chair-Elect, Advisory Committee on Public Policy 2011-2012
* Chair, Advisory Committee on Public Policy 2012-2013
* Session Moderator 2008-2013
* Session Organizer, Nutrition Education Standards Listening Session Summer 2013
* Board of Directors, *Ex-Officio* 2012-2013
* Conference Planning Committee 2013-2014
* Abstract Review Committee 2010-2015
* SNEB Conference Mentor 2013-2015
* International Journal Club Organizer 2013-2015
* JNEB Journal Committee 2014-2015
* Board of Directors, Member-at-large 2014-2017
* Co-Chair Abstract Review Committee- 2016-2017
* Board of Trustees, SNEB Foundation- 2019-present
* Conference planning committee- 2020

**AMERICAN DIETETIC ASSOCIATION**

* North Carolina Dietetic Association Session Moderator Spring 2009-2010
* North Carolina Dietetic Association/Board member, Nominating Committee 2008-2011, Chair 2009-2010
* American Dietetic Association Task Force on Restaurant Nutrition Labeling Research, appointed by president of the American Dietetic Association 2008
* American Dietetic Association Task Force on Online Certification Program: Restaurant Labeling 2010-2011
* Expert panelist for the Nutrition Education Program Quality Checklist project 2013
* Knoxville Dietetic Association Board, Career Guidance 2012-2015
* Knoxville Dietetic Association Board, Awards and Nominating Chair 2014-2015

**AMERICAN SOCIETY OF NUTRITION**

* Co- Chair Mini-symposium, Experimental Biology, Spring 2008
* Obesity RIS Secretary 2010-2011
* Obesity RIS Secretary 2011-2012
* Obesity RIS Awards Committee Chair 2011-2012
* Chair-Elect, ASN Public Health RIS 2013-2014
* Chair, ASN Public Health RIS 2014-2016
* Public Health RIS, Awards committee 2012-2016
* Public Health RIS, Abstract review committee 2012-2017
* Public Health RIS Steering Committee 2016-2017

**1028 USDA MULTI-STATE RESEARCH TEAM**

* Secretary 2007-2008
* Chair-Elect 2010-2011
* Chair 2011-2012
* Chair Behavioral Subcommittee 2012-2013
* Chair Information and Output Committee 2013-2015
* Program Planning Committee 2014-present

**REVIEWER**

* Journal of Nutrition Education and Behavior
* Health Promotion and Policy
* Maternal and Child Nutrition
* Nutrition Research
* Journal of Immigrant and Minority Health
* Journal of Human Nutrition and Dietetics
* Appetite
* Public Health Nutrition
* Ecology of Food and Nutrition
* Australian & New Zealand Journal of Public Health
* BMC Public Health
* Eating and Weight Disorders Journal
* American Journal of Public Health

**COALITION/INITIATIVES**

* Dakota Diabetes Coalition 2005-2007
* Healthy North Dakota 2005-2007
* Grand Forks Health Coalition, Board of Directors 2005-2007
* Associate Member of the Pediatric Health Weight Research and Treatment Center Team, ECU Brody School of Medicine 2007-2011
* Eat Smart, Move More North Carolina Coalition 2008-2011
* AMEXCAN 2009-2011
* Nuevo South 2010-2011
* East Tennessee Childhood Obesity Coalition 2018-present

**HONORS AND AWARDS**

* Chancellor’s Summer Research Assistantship 2003
* Jefferson Pilot Corporation Scholarship 2003-2004
* Mildred B. Davis Scholarship 2004-2005
* Frances E. Fischer Memorial Scholarship 2004-2005
* Distinguished Research Award, Allied Academies 2005
* “*Peer-led Theater as a Nutrition Education Strategy*” Best GEM 2007
* North Carolina Dietetic Association’s Recognized Young Dietitian of the Year 2008
* East Carolina University, College of Human Ecology, Excellence in Research 2010
* Society for Nutrition Education and Behavior’s Mid-Career Award 2012
* CEHHS Rising Star Award 2014
* Society for Nutrition Education and Behavior’s President’s Award 2015
* The University of Tennessee’s Chancellor’s award for Research and Creative Achievement, 2016
* The University of Tennessee’s Research Spotlight Award, 2019

**INVITED SPEAKER**

1. *“Hunger: Our World, Our Nation, Our Home.”* **University of North Dakota Hunger Banquet-**Grand Forks, ND/November 2005, Keynote Speaker
2. *“Registered Dietitians in Research”* **University of North Dakota-** Grand Forks, ND/February 2006, Invited Speaker
3. *“Targeting Learning Styles: A bridge to effective behavior change.”* **North Dakota Nutrition Council**- Bismarck, ND/March 2006, Invited Speaker
4. *“Traditional Diet and Lifestyles: Perspectives from Mexico.”* **Society for Nutrition Education-** San Francisco, CA/July 2006, Invited Speaker
5. *“From Mexico to Here: Dietary Acculturation.”* **Society for Applied Anthropology-** Tampa, FL/ March 2007, Invited Speaker
6. *“Biochemical Outcomes of Obesity.”* **American Association of Clinical Chemistry***-*San Diego, CA*/* July 2007, Invited Speaker
7. *“Stages of Acculturation”* **Academy of Nutrition and Dietetics’ Food and Nutrition Conference and Expo** - Philadelphia, PA/ September 2007, Invited Speaker
8. *“Outcomes and Perspectives from Qualitative and Quantitative Community Research”* **Grand Forks Human Nutrition Research Center-** Grand Forks, ND/January 2008, Invited Speaker
9. *“Reaching the Latino Community”* **The Georgia Nutrition Council-** Hiwassee, GA/ February 2008, Invited Speaker
10. *“Clinical Outcomes of Obesity from a Laboratory and Behavioral Point of View”* **American Society of Clinical Laboratory Sciences**-Washington, DC/ July 2008, Invited Speaker
11. *“Nutrition Labeling on Restaurant Menus.”* **North Carolina Dietetics Association-** Raleigh, NC/ March 2009, Invited Speaker
12. *“Survey Development Methodology and Issues in Nutrition Research”* **University of Florida-** Gainesville, FL/August 2014, Invited Speaker
13. *“Get Fruved!”* **University of Florida-** Gainesville, FL/August 2014, Invited Speaker
14. *“iCook 4-H: A Program to Promote Culinary Skills & Family Meals for Obesity Prevention”* **South Eastern Conference Symposium**, September 2014, Invited Speaker
15. *“We Feed Like We Eat”* **American Academy of Veterinary Nutrition Symposium**, July 6, 2020, online, Invited speaker
16. *“Leveraging the power of nutrition educator competencies”* **Society of Nutrition Education and Behavior**, July 8 2020, online, Panelist
17. *“Innovative and Cost-effective Tech-based Solutions for Program Dissemination & Evaluation.”* **Society of Nutrition Education and Behavior,** July 22, 2020, online, Invited Speaker

**PROFESSIONAL PRESENTATIONS**

1. **Colby S** & Haldeman L.Eating Behaviors and Level of Food Insecurity Among Latino Immigrants in Guilford County, North Carolina. (2003, November) *American Public Health Association 131st Annual Meeting Proceedings,* San Francisco, CA.
2. **Colby S** & Haldeman, L.The Effectiveness of Nutritional Marketing on Product Consumption. (2004, March) *Allied Academies***-**New Orleans, LA.
3. **Colby S** & Haldeman L. Nutrition Education and the Knowledge, Attitudes and Behaviors of Low-Income Latino Caretakers in Guilford County North Carolina. (2004, April) *Journal of the Federation of American Societies for Experimental Biology*, Washington, D.C.
4. Haldeman L & **Colby, S.** Barriers to Healthy Eating Among Low Income, Latinos.(2004, July) *Society for Nutrition Education 37th Annual Meeting Proceedings*, Salt Lake City, UT.
5. **Colby S,** Morrison S, Haldeman L. Changing Neighborhoods - Implications for Obesity among New Latino Immigrants. (2005, February) *26th Annual Minority Health Conference- Health and the Built Environment*. Chapel Hill, NC. February 25, 2005.
6. **Colby S,** Amoako E, Kohlenberg E, Haldeman L. Health Care Cost Of Diabetes Due To Acculturation Related Obesity In Non-Traditional Latino Immigration Locations. (2005, April) *Allied Academies International Meeting*, Memphis, TN.
7. **Colby S** & Haldeman L. Development of Peer-Led Youth Theater as a Nutrition Education Tool to Promote Healthy Eating. (2005, July) *Society for Nutrition Education 38th Annual Meeting Proceedings*, Orlando, FL.
8. **Colby S,** Morrison S, Haldeman L. Stages of Dietary Acculturation of the Newly Arrived Mexican Immigrant Family: A Comparison Case Study. (2005, November) *American Public Health Association 133rd Annual Meeting Proceedings*, New Orleans, LA (moved to Philadelphia, PA).
9. **Colby S.** Nutrition Marketing and the Worldwide Obesity Epidemic. (2006, April) *Allied Academies International Meeting,*New Orleans, LA.
10. **Colby** S, Hoverson B, Johnson L. Total and Saturated Fat Intakes are Associated with Increased Waist Circumference.(2006, September) *Academy of Nutrition and Dietetics’ Food and Nutrition Conference and Expo***.** Honolulu, HI.
11. **Colby S**, Johnson L, Haldeman L.Food Serving Estimation Error of Newly Arrived Latino Immigrants. (2006, November) American Public Health Association 134th Annual Meeting Proceedings, Boston, MA. November 4-8, 2006.
12. **Colby** S.Nutrition Marketing of Children’s Foods. (2007, April) *Journal of the Federation of American Societies for Experimental Biology,* 21:527.3.
13. **Colby S.**Nutrition Marketing on Food Labels*.* (2007, November) *American Public Health Association***,** Washington, DC.
14. **Colby S.**Marketing of Food in the Grocery Store Environment. (2008, March) *Pediatric Healthy Weight Summit,* Greenville, NC.
15. **Colby S.**Marketing and Industry Symbols on Food Labels.(2008, April) *Allied Academies International Meeting,* Tunica, MS.
16. **Colby** S, Follett J, Johnson L, Sellent S, Paulson M, Barriers to Receiving Food Assistance in Rural North Dakota*.* (2008, April) *Journal of the Federation of American Societies for Experimental Biology,*22:768.
17. **Colby S**, Follett J, McDonald L. Barriers to Eating a Healthy Diet and Physical Activity among Native Americans. (2008, July) *Journal of Nutrition Education and Behavior***.** Vol 40; (4)75.
18. **Colby** S, Hoverson B, Johnson LFood Industry Health Symbols on Products High in Saturated Fat, Sodium and/or Sugar. (2008, September) *International Congress of Dietetics,* Yokohama, Japan.
19. **Colby** S, Hoverson B, Johnson LA Comparison of Dietary Assessment Methodologies in a Preschool Setting.(2008, September)*International Congress of Dietetics*, Yokohama, Japan.
20. ***Colby S.***Emerging Menu Labeling Policies and the Obesity Epidemic. (2009, March) *Pediatric Healthy Weight Summit*, Greenville, NC.
21. **Colby S**, Heidal K, \*\*Johnson C, \*\*Stallings T, Gross K. Influence of Differing Types and Formats of Menu Labeling. (2009, April) *Journal of the Federation of American Societies for Experimental Biology***,** 2: S336.6.
22. **Colby S**, \*\*Johnson C, \*\*Stallings T, Gross K, Heidal B. Consumer Attitudes and Practices with Nutrition Labeling in Grocery Stores and on Menus. (2009, July) *Journal of Nutrition Education and Behavior*, Vol 41, Issue 4, S45.
23. **Colby S,** \*Bulova J, \*Person A, \*\*Carraway-Stage V. Influence of Marketing on Preschoolers’ Product Preference. (2010, April) *Journal of the Federation of American Societies for Experimental Biology*, *24:936.4*
24. Horacek T, Bryd-Bredbenner C, **Colby S,** Hoerr S, Johnson M, Kidd T, Phillips B, Walsh J. Healthy Vending Snacks on 10 College Campuses: A Comparison of Nutrient Density Scores. (2010, April) *Journal of the Federation of American Societies for Experimental Biology,**24:746.7*
25. **Colby S,** Wuensch K, \*Person A, \*Bulova J, \*\*Carraway-Stage V. College Students’ Ability to Self Identify Healthiness of Diet and Dietary Components. (2010, July)*Journal of Nutrition Education and Behavior***,** Vol 42;(4)S101.
26. Horacek, T,  Phillips B, Guo W, **ColbyS,** White  A, KiddT,  \*\*Koenings M,, \*\*WalshJ, \*\*QuickG,  Greene G.. Modification of a Tool to Assess Choices in Dining Venues on American Campuses of Higher Education. (2010, November) *Journal of the Academy of Nutrition and Dietetics* A26.
27. \*\*Erdman M, Horacek T**,** Phillips B, Guo W, **Colby S,** White A, Kidd T, \*\*Koenings M, \*\*Walsh J, \*\*Quick V, Greene G. Assessment of the Food and Eating Environment of College Campuses Using a Modified NEMS. (2010, November) *Journal of the Academy of Nutrition and Dietetics* A24.
28. \*\*Walsh J, White A, Byrd-Bredbenner C, **Colby S,** Esters O, Greene G, Hoerr S, Horacek T, Kattelmann K, Kidd T, Nitzke S, Phillips B. Use of a Multi-phase Community Assessment Model to Identify Behavioral and Environmental Influences of Obesity for Young Children.” (2010, November) *Journal of the Academy of Nutrition and Dietetics* A30.
29. Kattelmann K, White A, Byrd-Bredbenner C, Nitzke S, Greene G, Horacek T, Hoerr S, Phillips B, **Colby S,** Esters O, \*\*Morrell J, Olfert M, Kidd T, Shelnutt K. Project Y.E.A.H.: Development of a Web-Based Intervention Guided by the Precede-Proceed Model for Preventing Excess Weight Gain in Young Adults. (2011, June) *ISBNPA* Melbourne, Australia.
30. **Colby S,** Kattelmann K, Olfert M, Horacek T, White A. Community Based Participatory Action Research: From People to Policy. (2011, July) *Journal of Nutrition Education and Behavior*, Vol. 43, Issue 4, S35–S36.
31. Kattelmann K, \*\*Mortinsen K, Phillips B, Shelnutt K, Greene G, Olfert M, Esters O, Nitzke S, Horacek T, \*\*Quick V, White A, Hoerr S, Kidd T, **Colby S,** Morrell J. (2011, July) Tailoring a Management Access System for use by Campus Coordinators in 14 States for a Web-based Nutrition Intervention.*Journal of Nutrition Education and Behavior*, Vol. 43, Issue 4, S33–S34.
32. **Colby S,** Shelnutt K, Olfert M.Multistate Community Based Participatory Research Project to Prevent Obesity in Young Adults. (2011, October)*5th Annual Southern Obesity Summit*- New Orleans, LA.
33. \*Parker K, **Colby S**, Shelnutt K, Olfert M, Brown-Esters O. (2012, July) Preferred Strategies in a Social Markting Campaign. *Journal of Nutrition Education and Behavior*, Vol 44, Issue 4, S80.
34. Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Horacek T, Hoerr S, Kidd T, Phillips B, **Colby S,** Brown-Esters O, \*\*Koenings M, Shelnutt K, Olfert M, \*\*Stabile-Morrell J. (2012, July) Development of a Randomized Trial Guided by the Process of PRECEDE-PROCEED for the Prevention of Excessive Weight Gain in Communities of Young Adults. *Journal of Nutrition Education and Behavior,* 44,S93-S94.
35. **Colby S**, Shelnutt K, Olfert M. (2012, July) Social Marketing Campaign to Promote Health on a College Campus. *Journal of Nutrition Education and Behavior*, Vol. 44, Issue 4, S79–S80.
36. Horacek T, Brown-Esters O, Byrd-Bredbenner C, Carey G, **Colby S,** Greene G, Hoerr S, Kidd T, \*\*Koenings M, Olfert M, Phillips B, Shelnutt K, White A. (2012, September) Obesity Prevention Behavior and Environment Relationships on U.S. Post-Secondary. International Congress of Dietetics Proceedings, Sydney Australia.
37. Kattelmann K, White A, Byrd-Bredbenner C, Greene G, \*\*Koenings M, Horacek T, Hoerr S, Phillips B, **Colby S**, Brown-Esters O, \*\*Stabile-Morell J, Kidd T, Olfert M, Shelnutt K. (2012, September) Project YEAH: Development of a Web-Based Intervention for Preventing Excess Weight Gain in Young Adults. International Congress of Dietetics, Sydney Australia.
38. Horacek T, Olfert M, Byrd-Bredbenner C, Carey G, **Colby S**, Greene G, Hoerr S, Kattelmann K, Kidd T, \*\*Koenings M, Brown-Esters O, Shelnutt K, White A. (2012, October) Environmental Supports for Physical Activity and Healthy Snacking Vary across Campus. *Journal of the Academy of Nutrition and Dietetics,* 112(9),A-62.
39. Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Nitzke S, Horacek T, Hoerr S, Kidd T, Phillips B, **Colby S**, Brown O, Shelnutt K, Olfert M, \*\*Morrell J. (2013, August) Development of a Randomized Trial Guided by the Process of PRECEDE-PROCEED for the Prevention of Excessive Weight Gain in Communities of Young Adults *Journal of Nutrition Education and Behavior,* 45, S9.
40. \*\*Walsh J, Byrd-Bredbenner C, Kattelmann K, **Colby S**, Greene G, Hoerr S, White A, \*\*Stabile-Morrell J, Horacek T, Brown-Esters O, Kidd T, Koenings M, Phillips B, Shelnutt K, Olfert M. (2013, August) Examining Differences in Anthropometric Measures and Dietary Intake of Young Adults Attending College or Vocational Programs. *Journal of Nutrition Education and Behavior,* 45,S57-S58.
41. \*\*Byer C, White A, Byrd-Bredbenner C, Greene G, Koenings M, Horacek T, Hoerr S, **Colby S,** \*\*Stabile-Morrell J, Kidd T, Olfert M, Shelnutt K, Kattelmann K. (2013, August) Project YEAH: Effectiveness of a Theory-Based, Web-Delivered Intervention for Increasing Fruit and Vegetable Intake. *Journal of Nutrition Education and Behavior,* 45, S69.
42. \*\*Quick V, Byrd-Bredbenner C, Brown-Esters O, **Colby S**, Horacek T, Shoff S, White A, Lohse B, Greene G, Kidd T. (2013, October) Relationships Among Sleep Duration, Weight-Related Behaviors, and BMI in College Students Food and Nutrition Conference and Exposition. Houston, TX October, 2013. *Journal of the Academy of Nutrition and Dietetics,* 13(9),A78.
43. **Colby S**, Olfert M, \*\*Mathews D, Kattelmann K, Franzen-Castle L, White A.(2013, April) iCook: Development of Web-based Component of a 4-H Cooking Intervention. *Journal of the Federation of American Societies for Experimental Biology,* 27,36.2.
44. Franzen-Castle L, Krehbiel M, White A, Mathews D, Yerxa K, **Colby S**, \*Donaldson A, Kattelmann K, \*\*Koens A, Olfert M, Flanagan S. (2013, April) iCook: Developing a 4-H Curriculum for Youth and Adults. *Journal of the Federation of American Societies for Experimental Biology,* 27,1067.9.
45. \*\*Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, **Colby S**, \*Meade R, Kattelmann K, \*\*Kabala C, Olfert M, Flanagan S, White A. (2013, April) iCook: Use of an Online Process Evaluation to Facilitate Quality Control of a 5-State 4-H Program. *Journal of the Federation of American Societies for Experimental Biology,* 27, 367.5.
46. Olfert M, \*\*Smith E, Flanagan E, **Colby S**, \*Shanklin K, White A, \*\*Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, Kattelmann K, \*\*Koens A. (2013, April) iCook: Lessons Learned about Recruiting Youth and their Primary Adult Food Preparer for a 4-H Cooking Intervention. *Journal of the Federation of American Societies for Experimental Biology,* 27, 1063.18.
47. \*Donaldson A, **Colby S**, Franzen-Castle L, Kattelmann K, Olfert M, White A. (2013, April) iCook 4-H: Pilot Test of a Cooking Program to Promote Health in Youth. *Exhibition of Undergraduate Research and Creative Achievement Exhibition of Undergraduate Research and Creative Achievement.* Knoxville, TN.
48. \*Ruppert M, **Colby S**, Shelnutt K, Greene G, Brown O, Franzen-Castle L, Kidd T. (2013, August) Cognitive Interviewing in Survey Development. *Journal of Nutrition Education and Behavior,* 45(4S), S73-S74.
49. \*\*Kabala C, Kattelmann K, \*\*Koens A, Meendering J, White A, \*\*Mathews D, Olfert M, Smith E, Gebremariam Y, **Colby S**, \*Sparks A, Franzen-Castle L. (2013, August) iCook 4-H: Assessment of Physical Activity in 9-10 Year Old Child Participating in a Family-centered Pilot Intervention. *Journal of Nutrition Education and Behavior,* 45, S69.
50. Buttarazzi S, \*\*Mathews D, \*\*Aguirre T, Franzen-Castle L, \*Shanklin K, **Colby S**, \*\*Kabala C, \*\*Smith E, Olfert M, Yerxa K, White A. (2013, August) iCook 4-H: Piloting a Childhood Obesity Prevention Program – Anthropometrics and Dietary Intake of Children 9-10 Years Old.  *Journal of Nutrition Education and Behavior,* 45,S76.
51. Walsh J, Byrd-Bredbenner C, \*\*Morrell J, **Colby S**, Brown-Esters O, Greene G, Hoerr S, Horacek T, Kattelmann K, Kidd T, Koenings M, Phillips B, Shelnutt K, Olfert M, White A. (2013, August) Examining Differences in Anthropometric Measures and Dietary Intake of Young Adults Attending College or Job Training Programs. *Journal of Nutrition Education and Behavior,* 45, S57-58.
52. White A, **Colby S,** Franzen-Castle L, Kattelmann K, Olfert M. (2013, August) iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention. *Journal of Nutrition Education and Behavior,* 46(4), S199–S200.
53. \*\*Kabala C, Kattelmann K, \*\*Koens A, Meendering J, White A, \*\*Mathews D, Olfert M, \*\*Smith E, Gebremariam Y, **Colby S**, \*Sparks A, Franzen-Castle L, Hall J. (2013, August) iCook 4-H: Assessment of Physical Activity in 9-10 Year Old Children Participating in a Family-centered Pilot Intervention. *Journal of Nutrition Education and Behavior,* 45, S69.
54. Byrd-Bredbenner C, Quick V, White A, Brown-Esters O, **Colby S,** Shoff S, Lohse B, Greene G, Horacek T, Kidd T. (2013, September) Eat, Sleep, Work, Play: Relationships Among Obesogenic Behaviors of Young Adults by Weight Status. International Congress of Nutrition. Granada, Spain, *Annuals of Nutrition Metabolism,* 63(S1).
55. Kattelmann K, White A, Byrd-Bredbenner C, Greene G, Horacek T, Kidd T, Phillips B, **Colby S**, Brown O, Hoerr S, Shelnutt K, Olfert M, Koenings K, \*\*Stabile-Morrell J. (2013, September) Project Yeah: Development of a Web-Delivered Theory-Based Intervention for Preventing Excess Weight Gain in Young Adults. IUNS 20th International Congress of Nutrition, Grenada, Spain, *Annuals of Nutrition Metabolism,* 63(S1), 487.
56. **Colby S,** Olfert M, Franzen-Castle L, Kattlemann K, \*\*Matthews D, White A. (2013, October) “iCook: Development and Pilot Testing of a Cooking Intervention for Youth and Adults.” *Asia-Pacific Academic Consortium for Public Health,* Wuhan, China.
57. \*Donaldson A, **Colby S**, Franzen-Castle L, Kattelmann K, Olfert M, White A. (2013, November) Building Cooking Confidence as a Foundation for a Healthy Diet. *Southern Obesity Summit*, Nashville, TN.
58. \*Sparks A, **Colby S**, Kavanagh K, Hansen-Petrik M, \*Appelo S, \*\*Wilkerson B, \*\*Monroe C, Thompson D. (2013, November) Physical Activity and Diet Patterns of Highly, Moderately Active and Sedentary College Males Associated with Weight Management. *Southern Obesity Summit*, Nashville, TN.
59. \*Sparks A, **Colby S**, Kavanagh K, Hansen-Petrik M, \*Appelo S, \*\*Wilkerson B, \*\*Monroe C, Thompson D. (2014, April) Protein and College Males: Knowledge, Behaviors, and Recommendations. *Journal of the Federation of American Societies for Experimental Biology,* 28: (1)S633.3.
60. Olfert M, \*\*White J, \*\*Wells A, Franzen-Castle L, **Colby S,** Kattlemann K, \*\*Matthews D, White A. (2014, April) iCook4H: Dyad Model (Youth/Adult Pair) Used in Recruiting for a Multistate Study. (262.5) *Journal of the Federation of American Societies for Experimental Biology,* 28:262.5.
61. \*\*Kabala C, Kattelmann K, Meendering J, Mathews D, Olfert M, \*\*White J, **Colby S,** \*Meade R, Franzen-Castle L, \*\*Aguirre T, White A. (2014, April) iCook 4-H: Report of the Correlation Between the Block Kids Physical Activity Screener and Accelerometer-Derived Physical Activity in 9-10 Year Old Children (LB460) *Journal of the Federation of American Societies for Experimental Biology*, 28:LB460.
62. \*Appelo S, **Colby S**, \*Sparks A, \*\*Wilkerson B, \*\*Monroe C, Kavanagh K, Hansen-Petrik M, Thompson D. (2014, April) Protein and College Females: Perceptions, Knowledge, Recommendations, and Behavior. *Exhibition of Undergraduate Research and Creative Achievement,* Knoxville, TN.
63. Bates J, White A, Mathews D, **Colby** S, Franzen-Castle L, Kattelmann K, Olfert M. (2014, June) Coming Together: Family Relationships and Healthy Food Preparation. *Journal of Nutrition Education and Behavior,* 46(4), S184.
64. Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Hoerr S, Horacek S, Kidd T, **Colby S.** (2014, June) Development of Young Adults Eating and Active for Health (YEAH) Internet-Based Intervention via a Community-Based Participatory Research Model. *Journal of Nutrition Education and Behavior,* 46(2), S10–S25.
65. \*\*Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, \*\*Aguirre T, **Colby S,** \*Meade R, Kattelmann K. (2014, June) Fidelity of Implementation of a 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention: iCook 4-H. *Journal of Nutrition Education and Behavior,*  46(4), S152–S153.
66. Franzen-Castle L, Krehbiel M, White A, \*\*Mathews D, Yerxa K, **Colby S,** \*Meade R, Kattelmann K. (2014, June) Assessing Effectiveness of the Implementation of a 12-Week Curriculum for Youth and Adults: iCook 4-H. *Journal of Nutrition Education and Behavior,* 46(4), S104.
67. \*\*Miller A, Franzen-Castle L, White A, \*\*Mathews D, **Colby S,** \*Meade R, Kattelmann K, \*\*Kabala C. (2014, June) Characteristics and Kitchen Proficiency of Adults at Intervention Baseline: iCook 4-H. *Journal of Nutrition Education and Behavior,* 46(4), S186.
68. \*\*Merfeld C, Kattelman K, Meendering J, \*\*Mathews D, Olfert M, White A, **Colby S,** \*Meade R. (2014, June) iCook 4-H: Report of the Correlation Between Quality of Life Measures and Physical Activity in 9- to 10-Year-Old Children. *Journal of Nutrition Education and Behavior,* 46(4), S134–S135
69. White A, **Colby S,** Franzen-Castle L, Kattelmann K, Olfert M. (2014, June) iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention. *Journal of Nutrition Education and Behavior,* 46(4), S199–S200.
70. Olfert M, Lilly C, \*\*White J, **Colby** S, \*Meade R, Franzen-Castle L, Krehbiel M, Kattelmann K. (2014, June) Health Disparities Including and Not Including Race Correlate to Quality of Life: iCook 4-H. *Journal of Nutrition Education and Behavior,* 46(4), S124–S125.
71. \*\*White J, \*\*Wells A, **Colby S,** \*Donaldson A, Franzen-Castle L, \*\*Miller A, Kattlemann K, \*\*Merfeld C. (2014, June) Collecting Highlights From Leaders About a Cooking and Physical Activity Program for Family Dyads: iCook 4-H. *Journal of Nutrition Education and Behavior,* 46(4), S123.
72. \*\*Smith E, \*\*Root A, Flanagan S, **Colby S,** \*Meade R, Franzen-Castle L, \*\*Aguirre T, Kattelmann K. (2014, June) Assessing Blood Pressure and Quality of Life in 9- to 10-Year-Old Children: iCook 4-H Pilot Study. *Journal of Nutrition Education and Behavior,* 46(4), S123–S124.
73. \*Meade R, **Colby S,** \*Donaldson A, Franzen-Castle L, \*\*Plaggemeyer A, Kattelmann K, \*\*Kabala C, \*\*Mathews D, Olfert M, \*\*White J, White A. (2014, June) Influencers of Family Meal Experience: iCook 4-H. *Journal of Nutrition Education and Behavior,* 46(4), S102.
74. **Colby S**, \*Meade R. \*Donaldson A, Franzen-Castle L, Plaggemyer A, Kattelmann K, \*\*Merfeld C, \*\*Mathews D, \*\*Smith E, Olfert M, White A. (2014, June) Child Food Intake and Habits at Intervention Baseline: iCook 4-H.*Journal of Nutrition Education and Behavior,* 46(4), S110.
75. \*Forman A, **Colby S,** Shelnutt K, Greene G, Brown O, Franzen-Castle L, Phillips B, Kidd T. (2014, October) Differences in Health-Related Behavior of Normal Weight and Overweight/Obese College Females Trying to Lose Weight. *Journal of the Academy of Nutrition and Dietetics,* 114(9), SA25.
76. \*Ford A, **Colby S,** Franzen-Castle L, Kattelmann K, \*\*Merfeld C, Olfert M, Plaggemeyer A, White A, \*\*White J, Yerxa K. (2014, October) Cooking Behavior and Self-efficacy of 9-10 Year Old Youth: iCook 4-H. *Journal of the Academy of Nutrition and Dietetics,* 114(9), SA64.
77. \*Meade R, **Colby S,** White A, \*\*Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, Kattelmann K, \*\*Kabala C, \*\*White J, Olfert M. (2014, October) iCook 4-H: Childhood BMI is Associated with Family Meal Frequency. *Journal of the Academy of Nutrition and Dietetics*, 114(9), SA64.
78. \*\*Mathews D, Franzen-Castle L, Kattleman K, **Colby S**, Olfert M, White A. (2015, April) Use of a Systematic 3-pronged Evaluation to Measure, Monitor, and Test Fidelity of the 5-state iCook 4-H Program. *Journal of the Federation of American Societies for Experimental Biology*, 29, S395.8.
79. **Colby S,** Olfert M, Mathews A, Kattelmann K, Kidd T, Brown O, White A, Horacek T, Greene G, Byrd-Bredbenner C, Shelnutt K. (2015, July) "Get Fruved:" A Peer-led, Train-the-trainer Social Marketing Intervention to Increase Fruit and Vegetable Intake and Prevent Childhood Obesity. *Journal of Nutrition Education and Behavior,* 47(4), S109.
80. **Colby S,** \*\*Vilaro M, \*Glover J, \*\*Barr M, \*Riggsbee K, \*Dahlman S. (2015, July) Get Fruved! Building an Innovative Intervention Using Student’s Creativity and Passion. *Journal of Nutrition Education and Behavior*. Mini-Symposium.
81. Olfert M, \*\*Famodu O, \*\*White J, \*\*Barr M, \*\*Hagedorn M, \*Meade R, **Colby S,** Franzen-Castle L, \*\*Aguirre, \*\*Kabala C, Kattelmann. (2015, July) Blood Pressure and Quality of Life in 9-11 Year Old Youth and Adult Dyad Pairs Over One Year, iCook 4-H. *Journal of Nutrition Education and Behavior,* 47(4), S83–S84.
82. \*\*Merfeld C, Kattelmann K, Meendering J, \*\*Mathews D, Olfert M, \*\*White J, **Colby S,** Meade R, Franzen-Castle L, \*\*Aguirre T, White A. (2015, July) iCook 4-H: Report of the Accelerometer Derived Physical Activity in 9-10 Year Old Children from Baseline to Post. *Journal of Nutrition Education and Behavior,* 47(4), S79–S80.
83. \*\*Randall J, Yerxa K, Allan T, \*\*Brison C, \*\*Fenton A, \*\*Goetz J, \*\*Lindley V, \*\*Spurling D, **Colby S,** Franzen-Castle L, Kattelmann K, Olfert M, \*\*Mathews D, White A. (2015, July) Piloting iCook 4-H Prepares Program for Community Dissemination. *Journal of Nutrition Education and Behavior,* 47(4), S84.
84. \*\*Hagedorn R, Olfert M, \*\*White J, \*\*Famodu O, \*\*Barr M, Hanks S, Chester A, **Colby S,** Franzen-Castle L, Kattelmann K, White A. (2015, July) Using High School Leaders in Dissemination and Implementation through the Health Sciences Technology Academy (HSTA): iCook 4-H Study. *Journal of Nutrition Education and Behavior,* 47(4), S38.
85. \*\*White J, \*\*Famodu O, \*\*Barr M, \*\*Merfeld C, Kattelmann K, Franzen-Castle L, \*\*Aguirre T, **Colby S**, \*Manuel L, White A, \*\*Mathews D, Olfert M. (2015, July) Cooking, Mealtime and Physical Activities Incorporated in the Home Environment One Year after Initial Intervention: iCook 4-H. *Journal of Nutrition Education and Behavior,* 47(4), S38–S39.
86. Olfert M, \*\*Scatterday A, \*\*Famodu O, \*\*White J, \*\*Barr M, \*\*Hagedorn R, \*\*Woehrer K, \*Meade R, **Colby S**, Franzen-Castle L, \*\*Wilson-Sweebe, Kattelmann K, Yerxa K, White A. (2015, July) Health Disparate Score Change over 12 Months: iCook 4-H Study. *Journal of Nutrition Education and Behavior,* 47(4), S83.
87. White A, Franzen-Castle L, Kattelmann K, **Colby S,** Olfert M. (2015, July) Out-of-School Culinary and Physical Activity Program for Youth and Their Main Food Preparer: iCook 4-H Year 3. *Journal of Nutrition Education and Behavior,* 47(4), S95.
88. Mathews D, Franzen-Castle L, **Colby S,** Kattelmann K, Olfert M, White A. (2015, July) Use of Word Clouds as a Novel Approach for Analysis and Presentation of Qualitative Data for Program Evaluation. *Journal of Nutrition Education and Behavior,* 47(4), S26.
89. \*Forman A, **Colby S,** Gellar L, Kavanagh K, Spence M. (2015, July) My Painted Plate: Art Enhances Nutrition Education with Children. *Journal of Nutrition Education and Behavior,* 47(4), S57.
90. \*\*Barr ML, Olfert MD, Zhou W, \*Riggsbee K, Mathews AEW, \*Vilaro M, Kattelmann KK, \*Leischner K, Crouter S, Morrell JS, Thompson D, White A, Horacek T, Kidd T, Brown O, **Colby SE**. (2016, April) Fruit and Vegetable Consumption and Physical Activity in Young Adults: Get Fruved Study. *Journal of the Federation of American Societies for Experimental Biology.* 30 (1), S1152.13.
91. \*\*Barr ML, Olfert MD, Zhou W, \*Riggsbee K, Mathews AEW, \*\*Vilaro M, Kattelmann KK, \*\*Hanson A, White A, Horacek T, Kidd T, Brown O, **Colby SE**. (2016, April) Recruitment Strategies Implemented Across a Four-State Lifestyle Intervention: Get Fruved Study. *Journal of the Federation of American Societies for Experimental Biology.* 30 (1), 674.37.
92. Olfert MD, \*\*Barr ML, Zhou W, \*Riggsbee K, Mathews AEW, \*\*Vilaro M, Kattelmann K, \*\*Hanson A, Spurgeon S, Morrell JS, Franzen-Castle L, Byrd-Bredbenner C, White A, Horacek T, Kidd T, Brown O, **Colby SE**. (2016, April) Sleep and Stress Level of College Students Developing a Health Promotion Intervention: Get Fruved Study. *Journal of the Federation of American Societies for Experimental Biology.* 30 (1), 1152.5.
93. \*\*Famodu OA, \*\*Cuff CF, \*\*Cockburn A, \*\*Downes MT, \*\*Murray PJ, \*\*McFadden JW, **Colby SE**, Morrell JS, Olfert IM, Olfert MD. (2016, April) Impact of Free-Living Nutrition Intervention on Microbiome in College Students at Risk for Disease: Fruvedomic Pilot Study. *Journal of the Federation of American Societies for Experimental Biology.* 30 (1), 146.7.
94. **Colby S,** Zhou W, \*\*Yan W, \*Dahlman S,Olfert M, \*\*Barr M, Kattelmann K, \*\*Creager K, Mathews A, \*\*Vilaro A, Brown O, Kidd T, Horacek T, White A. (2016, April) Peer Mentoring to Prevent Obesity in First Year College Students: Get Fruved Study. *Journal of the Federation of American Societies for Experimental Biology.* 30 (1), 895.1.
95. Mathews AT, \*\*Famodu OA, Olfert MD, \*\*Murray PJ, \*\*Cuff CF, \*\*Downes MT, \*\*Haughey NJ, Morrell JS, **Colby SE,** Olfert IM, McFadden JW. (2016, April) Fruit and Vegetable Intervention Lowers Circulating Ceramide Levels and Improves Estimated Insulin Sensitivity in Young Adults at Risk of Developing Metabolic Syndrome: A FRUVEDomic Pilot Study. *Journal of the Federation of American Societies for Experimental Biology.* 30 (1), 1260.3
96. \*Allison C, \*Riggsbee K, Spurgeon S, Crouter S, Zhou W, Matthews A, Olfert MD, Kattelmann K, Kidd T, Horacek T, Brown O, White A, **Colby S.** (2016, April) The Impact of Art and Culture on Health Behaviors in College Students. *Exhibition of Undergraduate Research and Creative Achievement, The University of Tennessee*.
97. \*Allison C, \*Faulk M, **Colby S.** (2016, April) Development and Validation of a Survey about Beans for College Populations. *The National Conference on Undergraduate Research*, Asheville, NC.
98. \*Hamm C, \*Northcutt A, \*Riggsbee KA, Crouter S, Zhou, W, **Colby SE**. (2016, April) College Students and Risk of Developing Type 2 Diabetes. Exhibition of Undergraduate Research and Creative Achievement, Knoxville, TN.
99. \*Riggsbee KA, **Colby SE**, \*Sowers MF, Mathews A, Olfert MD, \*\*Barr ML, Kattelmann K, Kidd T, Horacek T, Brown O, White A. (2016, July) Social Media and Dietary Patterns among College Students. SNEB Annual Meeting, San Diego, CA. July 30, 2016.
100. \*\*White J, Olfert MD, Brown O, **Colby S,** Horacek T, Kattelmann K, Kidd T, Shelnutt K, White A, Greene G. (2016, July) Campus Environment Perceptions Impact Fruit and Vegetable Intake and Vigorous Physical Activity in College Students. SNEB Annual Meeting, San Diego, CA. July 30, 2016.
101. **Colby SE,** Zhou W, Mathews A, Kattelmann K, Olfert MD, Brown O, Kidd T, White A, Horacek T. (2016, July) A Social Marketing and Environmental Change Intervention: Get Fruved Years 01-02. SNEB Annual Meeting, San Diego, CA. July 30, 2016.
102. \*\*Opoku-Acheampong A, Kidd T, \*\*Miller, C, **Colby S.** (2016, July)Exploring Healthy Behaviors and Chronic Diseases Risk Factors among College Students. SNEB Annual Meeting, San Diego, CA.
103. \*\*Hanson A, Kattelmann K, Mathews A, Olfert M, \*\*Barr M, Brown O, Horacek T, Kidd T, White A, \*\*Violette G, **Colby S.** (2016, July) An Evaluation of the Relationship between College Students’ Cooking Skills, Frequency, and Self-Efficacy and Fruit and Vegetable Intake and Body Mass Index: GetFRUVED Study. SNEB Annual Meeting, San Diego, CA. July 30, 2016.
104. \*\*Barr ML, Olfert MD, Mathews A, \*Riggsbee K, \*\*Leischner K, Kattelmann KK, **Colby S**. (2016, July) Intervention Planning and Baseline Characteristics of College Students Trained to Implement Wellness on Campus: GetFRUVED Study. SNEB Annual Meeting, San Diego, CA.
105. \*\*Famodu OA, Olfert MD, \*\*Holaskova I, \*\*Barr ML, Zhou W, Morrell J, **Colby SE**. (2016, July) Shortening Pittsburgh Sleep Quality Index Survey Using Factor Analysis. SNEB Annual Meeting, San Diego, CA.
106. \*\*Famodu OA, \*\*Cuff C, \*\*Cockburn A, Olfert IM, \*\*McFadden JW, \*\*Downes ME, \*\*Murray PJ, \*\*Holaskova I, \*\*Barr ML, **Colby SE**, Morrell J, Olfert MD. (2016, July) Nutrition Intervention to Profile Microbiome and Behaviors in Young Adults at Risk for Metabolic Syndrome: FRUVEDomic Pilot Study. SNEB Annual Meeting, San Diego, CA.
107. \*Sowers, MF, **Colby SE,** \*\*Yan W, Zhou W, Olfert MD, \*\*Barr ML, Mathew A, \*\*Vilaro M, Kattelmann KK, \*\*Leischner K, Kidd T, Brown O, Horacek T, White A, Williams J, (2016, July) A Comparison of Peer Mentors' and Mentees' Health Behaviors: Get Fruved Study. SNEB Annual Meeting, San Diego, CA.
108. \*\*Barr ML, Olfert, MD, Mathew A, \*Riggsbee K, Kattlelmann KK, \*\*Leischner K, **Colby SE**. (2016, July) Training College Students to Create a Health Promotion Intervention for Freshman: Get Fruved Study. SNEB Annual Meeting, San Diego, CA.
109. Horacek T, Dede Yildirim E, Burke M, Shelnutt K, Olfert M, Morrell J, Kidd T, Kattelmann K, Greene G, **Colby S,** Brown O, Bryd-Bredbenner C Franzen-Castle L. (2016, October) Assessing the healthfulness of campus dining environments using “Full Restaurant Evaluation Supporting a Healthy (FRESH) dining environment” tool. FNCE Annual Meeting Boston, MA.
110. \*\*Loso J, \*\*Staub D, **Colby S,** Zhou W, Olfert MD, Kattelmann K, \*\*Vilaro M , Brown O, Kidd T, Horacek T, White A, Franzen-Castle L, Mathews A. (2016, October) Childhood and Current Gardening is Associated with Increased Fruit and Vegetable Intake among College-Aged Students Participating in the Get Fruved Study. FNCE Annual Meeting, Boston, MA.
111. \*\*Vilaro M, \*Riggsbee K, Zhou W, **Colby S**, Byrd-Bredbenner C, Olfert M, Barnett T, Kidd T, Mathews A. (2016, October) Development and Testing of the Food Choice Priorities Survey for College Students. FNCE Annual Meeting Boston, MA.
112. \*\*Elzein A, Mathews A, **Colby S,** Byrd-Bredbenner C, \*Riggsbee K, Zhou W, Olfert M, Barnett T, Hansen A, Brown O, Kidd T, Horacek T, \*\*Violette G, \*\*Vilaro M. (2016, October) Food Choice Priorities of College Freshmen and Variation by Demographic Characteristics: Get Fruved Study. FNCE Annual Meeting Boston, MA.
113. \*\*Burke M, White A, Greene G, **Colby S.** (2016, October) Green Eating and Health Behavior in College Students. FNCE Annual Meeting, Boston, MA.
114. \*\*King S, Olfert M, \*\*Hagedorn R, \*\*Famodu R, \*\*Barr M, **Colby S,** Franzen-Castle L, Kattelmann K, White A. (2016, October) iCook 4-H: Using Ripple Effect Mapping to Determine Impact- 2 Years Post-Intervention. West Virginia Rural Health Conference. Logan, WV.
115. \*\*Violette G, White A, Moyer J, Brown O, Horacek T, Kattelmann K, Kidd T, Mathews A, Morrell J, Olfert MD, Spurgeon S, **Colby S.** (2016, October) Relationships Among Body Mass Index, Sleep, and Stress in First-Year College Students At-Risk for Unwanted Weight Gain: Get Fruved. FNCE Annual Meeting. Boston, MA.
116. \*\*Barr ML, Mathews A, Kattelmann K, **Colby S,** Olfert M. (2016, October) West Virginia University Health Promotion Program: GetFruved. WV Rural Health Conference, Logan, WV.
117. \*\*Yan W, Zhou W, **Colby S,** Kattelmann K, Mathews A, Olfert M. (2016, November) The GetFruved Project Uses Integer Programming to Match Freshmen to Peer Mentors. INFORMS. Nashville TN.
118. \*\*Hanson A, Kattelmann K, Mathews A, Olfert M, \*\*Barr M, Brown O, Horacek T, Kidd T, White A, \*Violette G, **Colby S.** (2016, November) An Evaluation of the Relationship between College Students’ Cooking Skills, Frequency, and Self-Efficacy and Fruit and Vegetable Intake and Body Mass Index: GetFRUVED Study. Sanford Biomedical Research Symposium, Brookings, SD.
119. \*\*Hanson A, Kattelmann K, Mathews A, Olfert M, \*\*Barr M, Brown O, Horacek T, Kidd T, White A, \*\*Violette G, **Colby S.** (2016, September) An Evaluation of the Relationship between College Students’ Cooking Skills, Frequency, and Self-Efficacy and Fruit and Vegetable Intake and Body Mass Index: GetFRUVED Study. SDAHO Annual Meeting, Sioux Falls, SD.
120. \*\*El Zein A, Shelnutt K, **Colby S,** Kattelmann K, Brown O, Kidd T, Horacek T, White A, Zhou W, Greene G, \*Riggsbee K, Morrell J, Mathews A. (2016, December) The Prevalence of Food Insecurity and its Association with Health and Academic Outcomes among College Freshmen from Eight Universities in the United States. American Society of Nutrition, Advances and Controversies in Clinical Nutrition. Orlando, Florida.
121. \*\*Powell KD, **Colby SE,** Olfert MD, Zhou W, Spence ML, Springer CM, Kavanagh KF. (2017, April) Associations between breastfeeding intention and accurate body size estimation among female college students. Experimental Biology FASEB – American Society of Nutrition Annual Meeting. Chicago, Illinois.
122. \*\*Famodu OA, \*\*Barr ML, **Colby SE,** Zhou W, Bryd-Bredbenner C, Mathews AE, Olfert MD. (2017, April) Associations Between Neck Circumferences and Measures of Health in Young Adults. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #7928. Chicago, Illinois.
123. \*Sowers M, **Colby S,** \*Allison C, Zhou W. (2017, April) Development and Validation of a B.E.A.N. Survey for College Students. Experimental Biology FASEB – American Society of Nutrition Annual Meeting. Abstract # 9947. Chicago, Illinois.
124. \*\*Barr ML, \*\*Famodu OA, Gou G, **Colby SE,** Olfert MD. (2017, April) Facial Imagery BMI Algorithm correlates with Normal and Overweight Measured BMI. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #7895. Chicago, Illinois.
125. \*\*Clark RL, \*\*Famodu OA, \*\*Barr ML, Murray PJ, Olfert MI, Downes MT, Cuff CC, McFadden JW, Chantler PD, **Colby SE,** Olfert MD. (2017, April) Fruit and Vegetable Diet Intervention in Young Adults with Metabolic Syndrome: Fruvedomics Pilot Study. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #8246. Chicago, Illinois.
126. \*\*Allison C, \*Wiggins S, Yan W, Zhou W, Olfert MD, Kattelmann K, Mathews A, Brown O, Kidd T, Horacek T, White A, **Colby S.** (2017, April) Gender Differences in Use of Social Media for Health-related Information. Experimental Biology FASEB – American Society of Nutrition Annual Meeting. Abstract # 9351. Chicago, Illinois.
127. \*\*Famodu OA, Infante AM, Cuff CC, Holaskova I, Olfert MI, Downes MT, Murray PJ, McFadden JW, **Colby SE,** Morrell J, Olfert MD. (2017, April) Microbiome Impact from a Nutrition Intervention in Young Adults: FRUVEDomics Pilot Study. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #8205. Chicago, Illinois.
128. \*\*Famodu OA, Charlier CM, \*\*Barr ML, **Colby SE,** Zhou W, Mathews AE, Olfert MD. (2017, April) Self-reported vs. Measured Height and Weight in Young Adults. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #7969. Chicago, Illinois.
129. \*\*Morris AM, \*\*Barr ML, \*\*Famodu OA, **Colby SE,** Zhou W, \*\*Hagedorn RL, \*\*Clark RL, \*Riggsbee K, Olfert MD. (2017, April) Wellness Characteristics of College Freshmen at West Virginia University. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #8131. Chicago, Illinois.
130. \*\*Barr ML, Charlier CM, **Colby SE,** Greene G, Bryd-Bredbenner C, Olfert MD. (2017, April) Young Adult Males and Regional Appalachian Differences in Dietary Patterns across U.S. Universities. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #7801. Chicago, Illinois.
131. \*\*Barr ML, Beller EL, **Colby SE**, Morrell J, Kidd T, Riggsbee K, Olfert MD. (2017, April) Young adults physical activity behavior and chronic disease prevention knowledge across Appalachia. Experimental Biology FASEB – American Society of Nutrition Annual Meeting, Abstract #7991. Chicago, Illinois.
132. Olfert M, \*\*Hagedorn R, \*\*Famodu R, \*\*Barr M, \*\*King S, **Colby S,** Franzen-Castle L, Kattelmann K, White A. (2017, May) A Childhood Obesity Prevention Program to Increase Cooking, Eating, and Playing Together in Families: iCook 4-H Study. Annual Adolescent and Young Adult Research Symposium. Pittsburgh, PA.
133. Olfert M, \*\*Hagedorn R, \*\*Famodu R, \*\*Barr M, \*\*King S, **Colby S**, Franzen-Castle L, Kattelmann K, White A. (2017, July) A Childhood Obesity Prevention Program to Increase Cooking, Eating, and Playing Together in Families: iCook 4-H Study. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
134. \*Allison C, **Colby S,** Kattelmann K, Franzen-Castle L, Olfert M, Butler R, \*Payne M, \*Ellington A, \*Wiggins S, White A. (2017, July) Skills Demonstrated in Cooking Videos in Response to Weekly Cooking Lessons. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
135. \*\*King S, \*\*Hagedorn R, \*\*Famodu R, \*\*Barr M, \*\*Morris A, **Colby S**, Franzen-Castle L, Kattelmann K, White A, Olfert M. (2017, July) Using Impact Mapping in a Culinary Program Targeting Youth and Adult Dyads. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
136. \*Wiggins S, **Colby S,** \*Allison C, Butler R, \*Payne M, \*Ellington A, Fouts H, Moret LA, Olfert M, Kattelmann K, Franzen-Castle L, \*\*Mathews D, White A. (2017, July) 4-H: Parenting Typology Reflected in Youth Created Cooking Videos. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
137. \*Wiggins S, **Colby S,** \*Allison C, Butler R, \*Payne M, \*Ellington A, Fouts H, Moret L, Olfert M, Kattelmann K, White A. (2017, July) iCook-4-H: Parenting Typology Reflected in Youth Created Cooking Videos. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
138. White A, Franzen-Castle L, **Colby S,** Kattlemann K, Olfert M. (2017, July) Outputs and Outcomes at Year 5 of the Out-of-School Program for Youth and Adult Dyads: iCook 4-H. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
139. Wattick RA, Barr ML, Hagedorn RL, Shelnutt K, Mathews A, **Colby SE,** Olfert MD. (2017, July) Appalachian Young Adults Food Security and Tobacco Use. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
140. Clark RL, Famodu OA, Morrill A, Warner C, Ruseski J, Murray PJ, **Colby SE,** Olfert MD. (2017, July) Cost Increase to Follow USDA MyPlate Diet in College Aged Students. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
141. \*Sowers MF, **Colby S,** Anderson Steeves E, Kavanagh KF, Zhou W, Olfert M, \*\*Hagedorn R. (2017, July) Description of Content, Sales, and Consumer Demographics of Vending Machines on a College Campus. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
142. \*\*Barr, ML, Charlier CM, Mathews A, Kattelmann K, **Colby S,** Olfert MD. (2017, July) Self-Reported Young Adult Male Androgen Deficiency Correlation with Stress and Sleep. Society for Nutrition Education and Behavior Annual Conference. Washington, DC.
143. El Zein, A., Shelnutt, K., **Colby, S.,** Olfert, M., Kattelmann, K., Brown, O., . . . Mathews, A. (2017). Socio-demographic Correlates and Predictors of Food Insecurity among First Year College Students. In Journal of the Academy of Nutrition and Dietetics (Vol. 117, Iss. 10, pp. A146). Elsevier BV. doi:10.1016/j.jand.2017.08.102
144. Sowers, M., **Colby, S.,** Anderson Steeves, E., Kavanagh, K., Zhou, W., Olfert, M., & Hagedorn, R. (2017). Description of Content, Sales, and Consumer Demographics of Vending Machines on a College Campus. In Journal of Nutrition Education and Behavior (Vol. 49, Iss. 7, pp. S31). Elsevier BV. doi:10.1016/j.jneb.2017.05.308
145. Staub, D., **Colby, S.,** Olfert, M., Zhou, W., Colee, J., Kattelmann, K., . . . Mathews, A. (2017). A Retrospective Study of Gardening Experience and Fruit and Vegetable Consumption at the End of the First Year of College. In Journal of the Academy of Nutrition and Dietetics (Vol. 117, Iss. 10, pp. A141). Elsevier BV. doi:10.1016/j.jand.2017.08.082
146. **Colby, S.,** Mathews, A., Olfert, M., Kattelmann, K., Kidd, T., White, A., . . . Shelnutt, K. (2017). A Social Marketing and Environmental Change Intervention: Get Fruved Years 01-03. In Journal of Nutrition Education and Behavior (Vol. 49, Iss. 7, pp. S112-S113). Elsevier BV. doi:10.1016/j.jneb.2017.05.090
147. \*\*Hanson A, Kattelmann K, Mathews A, Olfert M, Brown O, Horacek T, Kidd T, White, A. **Colby S**. (2017, July) An Evaluation of the Relationship between Physical Activity, Cooking, Dietary Behaviors and Wellness Indicators: GetFRUVED Study. Society for Nutrition Education and Behavior Annual Conference.Washington, DC.
148. \*McElrone M, **Colby SE**, Franzen-Castle L, Olfert MD, Kattelmann K, White A. (2017, October) Prevalence and predictors of household food insecurity among iCook 4-H participants at baseline: A multivariable binomial logisitic modeling approach. Food & Nutrition Conference & Expo. Chicago, IL.
149. \*\*Wright, C., Spence, M., **Colby, S.,** Ehrlich, S., \*\*Zuchowski, R., & Kavanagh, K. (2018). Using phenomenological methods to describe maternal perceptions of positive worksite breastfeeding support experiences across various industries.
150. \*\*Vilaro, M., Mathews, A., Byrd-Bredbenner, C., Barnett, T. E., Zhou, W., \*Riggsbee, K., . . . **Colby, S.** (2018). Food choice priorities predict fruit and vegetable intake among college freshmen enrolled in the Get Fruved study. In APHA Annual Meeting & Expo. Atlanta, GA.
151. \*\*Staub, D., **Colby, S.,** Olfert, M., Kattelmann, K., Zhou, W., \*\*Vilaro, M., . . . Mathews, A. (2018). Skin Carotenoid Status as a Biomarker of Health and Disease Risk Among Adolescents. In Journal of the Academy of Nutrition and Dietetics (Vol. 118, Iss. 10, pp. A134). Elsevier BV. doi:10.1016/j.jand.2018.08.056
152. \*\*Christianson, J., Kattelmann, K., Moret, L., \*Riggsbee, K., Vilaro, M., Olfert, M. D., . . . **Colby, S.** (2018). College Campus Wellness Programs: Identifying and Addressing the Health Needs of College Students. In Journal of Nutrition Education and Behavior (Vol. 50, Iss. 7, pp. S110). Elsevier BV. doi:10.1016/j.jneb.2018.04.146
153. \*McElrone, M., **Colby, S.,** \*Ellington, A., \*Payne, M., Moret, L., Kavanagh, K., . . . Fouts, H. (2018). Barriers and facilitators to food security across the socio-ecological model among adult Sub-Saharan African refugee females resettled in the US.
154. \*Wiggins, S., **Colby, S.,** \*Dietrich, J., \*Allison, C., \*Riggsbee, K., \*Peek, M. R., & \*Payne, M. (2018). Effects of Fruvapalooza Health Fair: An Evaluation of Intended Health Behaviors. In Journal of Nutrition Education and Behavior (Vol. 50, Iss. 7, pp. S157). Elsevier BV. doi:10.1016/j.jneb.2018.04.195
155. \*\*Almudaihim, A., Mathews, A., \*\*Vilaro, M., **Colby, S.,** & Shelnutt, K. (2018). Reliability of the Self-Report Home Food Inventory and the Food Preparation Supplies Checklist in College Students. In Journal of Nutrition Education and Behavior (Vol. 50, Iss. 7, pp. S102-S103). Elsevier BV. doi:10.1016/j.jneb.2018.04.130
156. \*Riggsbee, K., **Colby, S.,** Kidd, T., Brown, O., White, A., Horacek, T., . . . Greene, G. (2018). Development and Pilot Testing of a Community Based Participatory Research Obesity Prevention Program on College Campuses. In Journal of Nutrition Education and Behavior (Vol. 50, Iss. 7, pp. S55). Elsevier BV. doi:10.1016/j.jneb.2018.04.082
157. \*Riggsbee, K., Spence, M., Steeves, E. A., Zhou, W., & **Colby, S.** (2018). Food Environments in the Classroom: Testing of an Experiential Learning Curriculum Intervention on Dietary Behavior. In Journal of Nutrition Education and Behavior (Vol. 50, Iss. 7, pp. S116-S117). Elsevier BV. doi:10.1016/j.jneb.2018.04.160
158. White, A., Franzen-Castle, L., Kattelmann, K., Tschakert, M., **Colby, S.,** \*McElrone, M., . . . \*\*Hagedorn, R. (2018). Expanding Impact Through Diversification: Year 6 of iCook 4-H. In Journal of Nutrition Education and Behavior (Vol. 50, Iss. 7, pp. S114). Elsevier BV. doi:10.1016/j.jneb.2018.04.253
159. **Colby, S.,** Olfert, M., Mathews, A., Kattelmann, K., Kidd, T., Brown, O., . . . Morrell, J. (2018). “Get Fruved”: the RCT Year. In Journal of Nutrition Education and Behavior (Vol. 50, Iss. 7, pp. S116-S117). Elsevier BV. doi:10.1016/j.jneb.2018.04.258
160. \*\*El Zein, A., Shelnutt, K., **Colby, S.,** Vilaro, M., Greene, G., Zhou, W., . . . Mathews, A. (2018). Becoming Food Insecure Affects Grade Point Average in College Students. In Journal of the Academy of Nutrition and Dietetics (Vol. 118, Iss. 9, pp. A90). Elsevier BV. doi:10.1016/j.jand.2018.06.114
161. \*\*El Zein, A., Mathews., **Colby, S. E.,** Byrd-Bredbenner., \*Riggsbee., Zhou, W., . . . Vilaro. (2018). Food Choice Priorities of College Freshmen and Variation by Demographic Characteristics: Get Fruved Study. In FNCE Annual Meeting. Boston, MA.
162. \*Sowers, M., **Colby, S.,** Kavanagh, K., Anderson Steeves, E., & Zhou, W. (2018). Testing product, pricing, and promotional strategies for vending machine interventions with a college population. In 2018 AMA Winter Academic Conference. American Marketing Association. New Orleans, LA.
163. \*\*El Zein, A., Shelnutt, K., **Colby, S.,** Greene, G., Zhou, W., Olfert, M., . . . Mathews, A. (2018). Changes in Self-Reported Health Parameters and Associations with Food Insecurity among College Students. In Obesity Week. Nashville, TN.
164. \*Staub, D. L., **Colby, S.,** Olfert, M., Zhou, W., Yan, W., El Zein, A., . . . Mathews, A. (2018). Gardening Experience and Fruit and Vegetable Intake among High School Students: A Cross-Sectional Examination. In Obesity Week. Nashville, TN.
165. \*McElrone, M., **Colby, S.,** Fouts, H., Spence, M., Kavanagh, K., Franzen-Castle, L., . . . White, A. A. (2019). Feasibility and acceptability of implementing a culturally adapted cooking curriculum for Burundian and Congolese refugee families. Poster session presented at the meeting of American Public Health Association Annual Meeting & Expo.
166. \*\*El Zein, A., Shelnutt, K., **Colby, S.,** Zhou, W., Greene, G., Olfert, M., & Mathews, A. (2019). Dietary Intake and Anthropometrics Differ Between Food Insecure and Food Secure College Students in the U.S. Las Vegas, NV.
167. \*\*Staub, D., **Colby, S.,** Olfert, M., Zhou, W., Greene, G., Horacek, T., . . . Mathews, A. (2019). Gardening Experience over Multiple Years is Associated with Higher Fruit and Vegetable Intake Among College Students. In Journal of the Academy of Nutrition and Dietetics (Vol. 119, Iss. 10, pp. A145). Elsevier BV. doi:10.1016/j.jand.2019.08.149
168. \*Hall E, \*Riggsbee K, \*Allison C, Hall B, Hirsch J, **Colby S.** (2019) Development and Validation of a Readiness to Change Tool for College Students. Society for Nutrition Education and Behavior Annual Conference, Abstract & Poster, July 27-30, 2019
169. \*Nussbaumer A, \*Riggsbee K, Anderson-Steeves E, Hall E, Sneed C, Burney J, **Colby S.** (2019) Successful Implementation and Elements of Healthy Food Retail Programs: Extension Professionals Perceptions, NUTRITION 2019 Conference, Abstract & Poster, April 15, 2019
170. **Colby, S.,** Olfert, M., Mathews, A., Kattelmann, K., Kidd, T., Brown, O., . . . Zhou, W. (2019). NP2 Fruving the World: A Social Marketing and Environmental Change Intervention. In Journal of Nutrition Education and Behavior (Vol. 51, Iss. 7, pp. S10). Elsevier BV. doi:10.1016/j.jneb.2019.05.326
171. \*McElrone M, **Colby S**, Fouts HN, Spence M, Kavanagh K, Franzen-Castle L, Olfert MD, Kattelmann K, White AA. (2019) “Feasibility and acceptability of implementing a culturally adapted cooking curriculum for Burundian and Congolese refugee families.” Poster presentation at American Public Health Association 2019 Annual Meeting & Expo. November 4, 2019. Philadelphia, PA.
172. \*\*Pappadackis, P., Kattelmann, K., Weidauer, L., McCormack, L., & **Colby, S**. (2019). P122 The Effects of a Campus Dining Tour Intervention on First Year Students Perception of Healthfulness of Environment. In Journal of Nutrition Education and Behavior (Vol. 51, Iss. 7, pp. S87). Elsevier BV. doi:10.1016/j.jneb.2019.05.498
173. \*\*Alvarez, D., \*\*Zein, A. E., Vilaro, M., **Colby, S.,** Shelnutt, K., Zhou, W., . . . Mathews, A. (2019). P137 Food Insecure Students Identify Price as the Most Important Determinant of Their Food Choices. In Journal of Nutrition Education and Behavior (Vol. 51, Iss. 7, pp. S94). Elsevier BV. doi:10.1016/j.jneb.2019.05.513
174. \*\*Almudaihim, A., Mathews, A., **Colby, S.,** & Shelnutt, K. (2019). NP18 The Impact of a Comprehensive Home Food Environment Intervention for College Freshmen Living in a Residence Hall. In Journal of Nutrition Education and Behavior (Vol. 51, Iss. 7, pp. S18). Elsevier BV. doi:10.1016/j.jneb.2019.05.342
175. \*McElrone M, **Colby S,** Franzen-Castle L, Olfert MD, Kattelmann K, Fouts HN, Spence M, Kavanagh K, White AA. (2019) “Cultural adaptation of a cooking curriculum for Burundian and Congolese refugee families.” Oral presentation at the Society for Nutrition Education and Behavior Annual Conference. July 30, 2019. Orlando, FL
176. \*Allison, C., \*\*Opoku-Acheampong, A., Kidd, T., Kattelmann, K., Olfert, M. D., Zhou, W., & **Colby, S.** (2019). P6 Agreement of Self-Reported and Objectively Measured BMI in the Adolescent Population. In Journal of Nutrition Education and Behavior (Vol. 51, Iss. 7, pp. S35). Elsevier BV. doi:10.1016/j.jneb.2019.05.382
177. Anderson Steeves, E., \*\*McIver, K., **Colby, S.,** & Hansen-Petrik, M. (2019). Associations between child feeding practices and child dietary intake among families in low-income, rural communities in Appalachian East Tennessee. Philadelphia, PA.
178. \*Nussbaumer, A., \*Riggsbee, K., Steeves, E. A., Hall, E., Sneed, C., Burney, J., & **Colby, S**. (2019). Successful Implementation and Elements of Healthy Food Retail Programs: Extension Professionals Perceptions (P04-167-19).. In Curr Dev Nutr (Vol. 3, Iss. Suppl 1). United States. doi:10.1093/cdn/nzz051.P04-167-19
179. \*\*Zein, A. E., Shelnutt, K., **Colby, S.,** Greene, G., Zhou, W., Olfert, M., & Mathews, A. (2020). Sex Differences in the Association Between Food Insecurity and Obesity Among College Students. In Current Developments in Nutrition (Vol. 4, Iss. Supplement\_2, pp. 181). Oxford University Press (OUP). doi:10.1093/cdn/nzaa043\_032
180. \*Brown, M, **Colby SE**, Kavanagh K, Spence M (2020, June 15-18). Associations between Diet Quality and Intentions to Lose Weight in an Adolescent Sample. Association of State Public Health Nutritionists Annual Conference. <https://asphn.org/wp-content/uploads/2020/06/Poster-Morganne-Brown.pdf>
181. \*\*Klenzman, R., Spence, M., **Colby, S.,** Springer, C., & Kavanagh, K. (2020). Postpartum Anxiety, Breastfeeding Self-Efficacy & Breastfeeding Outcomes. In Current Developments in Nutrition (Vol. 4, Iss. Supplement\_2, pp. 1020). Oxford University Press (OUP). doi:10.1093/cdn/nzaa054\_092
182. \*Allison C, \*Patrick L, Anderson Steeves E, Hellwinckel C, Zhou W, **Colby S.** Process Evaluation of a Sustainable Food Systems Course for First Year College Students. Accepted to the Society of Nutrition Education and Behavior Annual Conference. San Diego, CA. July 18 – 21, 2020.
183. \*Allison C, \*Riggsbee K, \*Hall E, Mathews A, Olfert MD, **Colby S.** Development and Validation of a Tool to Assess Top Health Priorities of College Students. Accepted to the Society of Nutrition Education and Behavior Annual Conference. San Diego, CA. July 18 – 21, 2020.
184. \*Hall E, **Colby S.** Comparison of Purchases between Members of a Supermarket “Wellness Club” versus Non-Members. American Society for Nutrition Annual Conference, Abstract accepted and to be presented virtually (conference canceled due to Covid-19), June 2020

\*Student mentored as major professor

\*\* Student mentored, not as major professor

**PUBLICATIONS & ARTICLES**

**BOOKS**

**Colby, S.,** Walsh, J., White, A., Shelnutt, K., Janicke, D., Bermúdez-Millán, A., Pérez-Escamilla, R., Darmon. N., Monsivais, P., Berge, J.M., Laska, M.N., Wheeler, M., Blackburn, G., Fitzgerald, N., Gabriel, S., Himmelgreen, D., Byrd-Bredbenner, C., Quick, V. (2010). *Food Behavior: Why we eat what we eat.* Kendall/Hunt Publishing Company. ISBN 978-0-7575-7776-5.

**Colby**, S.E. (2009). *The Ecological Model of Food Behavior*. Kendall/Hunt Publishing Company. ISBN 978-0-7575-5896-2.

**PUBLISHED MANUSCRIPTS**

1. **Colby** SE, Haldeman L. Health Care Cost of Diabetes Due to Acculturation Related Obesity in Non-Traditional Immigration Locations. *Health Care Management* 2005;1:101-111.
2. **Colby** SE, Haldeman L. Peer-led theater as a nutrition education strategy. *J Nutr Educ Behav.* 2007;39(1):48-49.
3. Pawlak R, **Colby** S. Benefits, barriers, self-efficacy and knowledge regarding healthy foods; perception of African Americans living in eastern North Carolina. *Nutr Res Pract.* 2009;3(1):56-63.
4. **Colby** S, Cutrell S, Haldeman L. Portion Size Estimation among Newly Arrived Latino Immigrants. *Topics in Clinical Nutrition.* 2009 24(2):139-144.
5. **Colby** SE, Morrison S, Haldeman L. What changes when we move? A transnational exploration of dietary acculturation. *Ecol Food Nutr.* 2009;48(4):327-343.
6. Pawlak R, **Colby** S, Herring J. Beliefs, benefits, barriers, attitude, intake and knowledge about peanuts and tree nuts among WIC participants in eastern North Carolina. *Nutr Res Pract.* 2009;3(3):220-225.
7. **Colby** S PM, Johnson L, Wall-Bassett E. Reaching North Dakota's Food Insecure. *Journal of Hunger and Environmental Nutrition.* 2010;5(1):129-135.
8. **Colby** SE, Johnson L, Scheett A, Hoverson B. Nutrition marketing on food labels. *J Nutr Educ Behav.* 2010;42(2):92-98.
9. **Colby** S, Johnson L. Macronutrient Intakes and Waist Circumference. *Topics in Clinical Nutrition.* 2010;25(1):9-19.
10. Dunn CK, Harris N, Crawford Y, Henes S, Kinner S, Sutton V, **Colby** S, Collier D. Take Off 4-Health: Nutrition Education Curriculum for Healthy Lifestyle Camp for Overweight Youth. *25.* 2010;2:151-159.
11. \*Person AL, **Colby** SE, \*Bulova JA, Eubanks JW. Barriers to participation in a worksite wellness program. *Nutr Res Pract.* 2010;4(2):149-154.
12. **Colby** SE, Johnson AL, Eickhoff A, Johnson L. Promoting community health resources: preferred communication strategies. *Health Promot Pract.* 2011;12(2):271-279.
13. \*Person AL, **Colby** SE, Eubanks JW. Nutritionopoly: let healthy choices "monopolize" your lifestyle. *J Nutr Educ Behav.* 2011;43(4):303-305.
14. Horacek TM, White AA, Greene GW, \*\*Reznar MM, Quick VM, Morrell JS, **Colby** S, Kattelmann KK, Herrick MS, Shelnutt KP, Mathews A, Phillips BW, Byrd-Bredbenner C. Sneakers and spokes: an assessment of the walkability and bikeability of U.S. postsecondary institutions. *J Environ Health.* 2012;74(7):8-15; quiz 42.
15. **Colby** S, Adkison G. Traditional Native American Foods: Stories from Northern Plains Elders. *Journal of Ecological Anthropology* 2012;15(1).
16. Walsh J, Hebert A, Byrd-Bredbenner C, Carey G, **Colby** S, Brown-Esters O, Greene G, Hoerr S, Horacek T, Kattelmann K, Kidd T, Koenings M, Phillips B, Shelnut K, White A.. The development and preliminary validation of the behavior, environment, and changeability survey (BECS). *J Nutr Educ Behav.* 2012;44(6):490-499.
17. Heidal K, **Colby** S, Mirabella, G; Al-Numair, K; Bertrand, B; Gross, K Cost and Calorie Analysis of Fast Food Consumption in College Students. *Food and Nutrition Science.* 2012(3):942-946.
18. Pawlak RL, **Colby** S, Wall-Bassett E, Sira N. Perception of Nut Intake Among Individuals with or at Risk for Heart Disease and/or Diabetes. *Journal of Behavioral Health.* 2012;1(3):185-188.
19. **Colby** S. Multicultural Food Perspectives: Strategies for HealthCare Providers. *American Journal of Lifestyle Medicine.* 2012;6(6).
20. Byrd-Bredbenner C, Johnson M, \*\*Quick V, \*\*Walsh J, Greene G, Hoerr S, **Colby** S, Kattelmann K, Phillips B, Kidd T, Horacek T. Sweet and salty. An assessment of the snacks and beverages sold in vending machines on US post-secondary institution campuses. *Appetite.* 2012;58(3):1143-1151.
21. Szymona KQ, Olfert, M, Shelnutt K, Kattelmann K, Brown-Esters O, **Colby** S, Beaudoin C, Lubniewski J, Maia AM, Horacek T, Byrd-Bredbenner C. The University Environment: A Comprehensive Assessment of Health-Related Advertisements. *Health Education.* 2012;112:497-512.
22. Horacek T, Erdman M, Byrd-Bredbenner C, Carey G, **Colby** S, Greene G, Guo W, Kattelmann K, Olfert M, Walsh J, White A. Assessment of the dining environment on and near the campuses of fifteen post-secondary institutions. *Public Health Nutr.* 2013;16(7):1186-1196.
23. \*\*London HP, R; **Colby**, S; Wall-Bassett, E; Sira, N. The Impact of Pistachio Consumption on Blood Lipid Profile: A Literature Review. *7.* 2013;4:274-227.
24. \*\*Quick V, Byrd-Bredbenner C, White A, Brown O, **Colby** S, Shoff S, Lohse B, Horacek T, Kidd T, Greene G. Eat, sleep, work, play: associations of weight status and health-related behaviors among young adult college students. *Am J Health Promot.* 2014;29(2):e64-72.
25. Horacek T, White A, Byrd-Bredbenner C, Reznar M, Olfert M, Morrell J, Koenings M, Brown O, Shelnutt K, Kattelmann K, Greene G, **Colby** S. PACES: a Physical Activity Campus Environmental Supports Audit on university campuses. *Am J Health Promot.* 2014;28(4):e104-117.
26. Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Hoerr S, Horacek T, Kidd T, **Colby** S, Phillips B, Koenings M, Brown O, Olfert M, Shelnutt K, Morrell J. Development of Young Adults Eating and Active for Health (YEAH) internet-based intervention via a community-based participatory research model. *J Nutr Educ Behav.* 2014;46(2):S10-25.
27. Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Hoerr S, Horacek T, Kidd T, **Colby** S, Phillips B, Koenings M, Brown O, Olfert M, Shelnutt K, Morrell J. The effects of Young Adults Eating and Active for Health (YEAH): a theory-based Web-delivered intervention. *J Nutr Educ Behav.* 2014;46(6):S27-41.
28. \*\*Sorenson A, Meendering J, \*\*Kabala C, \*\*Mathews D, Olfert M, **Colby** S, Franzen-Castle L, White A, Assessment of Physical Activity in 9- to 10-Year-Old Children Participating in a Family-Centered Intervention. *Topics in Clinical Nutrition.* 2015;30(2):159-166.
29. Brown O, **Colby** S, Greene G, Horacek T, Hoerr S, Koenings M, Kidd T, Morrell J, Olfert M, Phillips B, Shelnutt K, White A, Kattelmann K. Recruitment lessons learned from a tailored web-based health intervention project Y.E.A.H. (Young Adults Eating and Active for Health). *Health Education.* 2015;115(5).
30. \*\*Quick V, Byrd-Bredbenner C, White A, Brown O, **Colby** S, Shoff S, Lohse B, Greene G, Horacek T, Kidd T. Relationships of Sleep Duration With Weight-Related Behaviors of U.S. College Students. *Behav Sleep Med.* 2016;14(5):565-580.
31. Miller A, Franzen-Castle L, Aguirre T, Krehbiel T, **Colby** S, KattelmannK, Olfert M, Mathews D, White A. Food-related behavior and intake of adult main meal preparers of 9-10 year-old children participating in iCook 4-H: A five-state childhood obesity prevention pilot study. *Appetite.* 2016;101:163-170.
32. **Colby** S, \*Person A, \*Bibb B, \*Slavinsky K. Frequency and Type of Food Messages on Television. *International Journal of Health, Wellness, and Society.* 2017;7(1):9-22.
33. **Colby** S, Zhou W, \*Sowers MF, Shelnutt K, Olfert MD, Morrell J, Koenings M, Kidd T, Horacek TM, Greene GW, Brown O, White AA, Hoerr SL, Byrd-Bredbenner C, Kattelmann KK. College Students' Health Behavior Clusters: Differences by Sex. *Am J Health Behav.* 2017;41(4):378-389.
34. Mathews AT, \*\*Famodu OA, Olfert MD, Murray PJ, Cuff CF, Downes MT, Haughey NJ, **Colby** SE, Chantler PD, Olfert IM, McFadden JW. Efficacy of nutritional interventions to lower circulating ceramides in young adults: FRUVEDomic pilot study. *Physiol Rep.* 2017;5(13).
35. \*Sowers MF, **Colby** S, Greene G, \*Pickett M, Franzen-Castle L, Olfert M, Shelnutt K, Brown O, Horacek T, Kidd T, Kattelmann K, White A, Zhou W, \*Riggsbee K, \*Yan W, Byrd-BredBenner C. Survey Development to Assess College Students' Perceptions of the Campus Environment. *Am J Health Behav.* 2017;41(6):701-709.
36. \*\*Vilaro M, Mathews A, Barnett T, **Colby** S, Zhou W, \*Riggsbee K, Byrd-Bredbenner C, Olfert M. Development and Preliminary Testing of the Food Choice Priorities Survey (FCPS): Assessing the Importance of Multiple Factors on College Students' Food Choices. *Eval Health Prof.* 2017;40(4):425-449.
37. Horacek TM, Dede Y, Kattelmann K, Brown O, Byrd-Bredbenner C, **Colby** S, Greene G, Hoerr S, Kidd T, Koenings MM, Morrell J, Olfert MD, Phillips B, Shelnutt K, White A. Path Analysis of Campus Walkability/Bikeability and College Students' Physical Activity Attitudes, Behaviors, and Body Mass Index. *Am J Health Promot.* 2018;32(3):578-586.
38. Mathews A, Loso J, \*\*Staub D, **Colby** S, Olfert M, Kattelmann K, Vilaro M, Colee J, Zhou W, Franzen-Castle L. Gardening Experience Is Associated with Increased Fruit and Vegetable Intake among First-Year College Students: A Cross-Sectional Examination. *J Acad Nutr Diet.* 2018;118(2):275-283.
39. Olfert M, Flanagan S; Smith E, Leary MP, \*\*Hagedorn RL, \*\*White JA, \*\*Koenings M, **Colby** SE, Kattelmann KK, Franzen-Castle L, White A. The Effect of iCook 4-H, an Obesity Prevention Program, on Blood Pressure and Quality of Life in Youth and Adults. *Journal of Childhood Obesity.* 2018;3:1-4.
40. Horacek T, Simon MB, Byrd-Bredbenner C, White AA, Shelnutt KP, Olfert MD, Morrell J, Mathews A, Kidd T, Kattelmann K, Franzen-Castle L, **Colby** S, Brown O. Development and Validation of the Full Restaurant Evaluation Supporting a Healthy (FRESH) Dining Environment Audit. *Journal of Hunger & Environmental Nutrition.* 2018.
41. \*\*Famodu OA, \*\*Barr ML, Holaskova I, Zhou W, Morrell JS, **Colby** SE, Olfert MD. Shortening of the Pittsburgh Sleep Quality Index Survey Using Factor Analysis. *Sleep Disord.* 2018;2018:9643937.
42. \*Sowers M, **Colby** S, \*Allison C, Zhou W. Development and Validation of a B.E.A.N. Survey for College Students. *Journal of Food and Nutrition Sciences.* 2018;6(2):37-45.
43. \*Sowers M, **Colby** S, Zhou W, Odoi A, Anderson-Steeves E, Kavanagh KF. Frequency of Vending Machine Usage as a Predictor of Weight Status Among College Students. *International Journal of Nutrition and Food Sciences.* 2018;7(2):39-46.
44. \*\*Hagedorn RL, White JA, Franzen-Castle L, **Colby** SE, Kattelmann KK, White AA, Olfert MD. Teens Implementing a Childhood Obesity Prevention Program in the Community: Feasibility and Perceptions of a Partnership with HSTA and iCook 4-H. *Int J Environ Res Public Health.* 2018;15(5).
45. \*McElrone M, **Colby** S, Franzen-Castle L, Olfert M, Kattelmann KK, White AA. Prevalence and predictors of household food insecurity among adult/youth dyads at the initiation of the iCook 4-H two-year obesity prevention study. *Journal of Childhood Obesity.* 2018:S1-002.
46. Olfert MD, \*\*Barr ML, \*\*Hagedorn RL, Franzen-Castle L, **Colby** SE, Kattelmann KK, White AA. Health Disparities Score Composite of Youth and Parent Dyads from an Obesity Prevention Intervention: iCook 4-H. *Healthcare (Basel).* 2018;6(2).
47. White JA, \*\*Hagedorn RL, Waterland NL, \*\*Barr ML, \*\*Famodu OA, Root AE, White AA, **Colby** SE, Franzen-Castle L, Kattelmann KK, Olfert MD. Development of iGrow: A Curriculum for Youth/Adult Dyads to Increase Gardening Skills, Culinary Competence, and Family Meal Time for Youths and Their Adult Caregivers. *Int J Environ Res Public Health.* 2018;15(7).
48. Olfert MD, \*\*Hagedorn RL, White JA, Baker BA, **Colby** SE, Franzen-Castle L, Kattelmann KK, White AA. An Impact Mapping Method to Generate Robust Qualitative Evaluation of Community-Based Research Programs for Youth and Adults. *Methods Protoc.* 2018;1(3).
49. \*\*Famodu OA, Barr ML, **Colby** SE, Zhou W, Holaskova I, Leary MP, Byrd-Bredbenner C, Mathews ME, Olfert MD. Neck Circumference Positively Relates to Cardiovascular Risk Factors in College Students. *Int J Environ Res Public Health.* 2018;15(7).
50. \*\*Vilaro MJ, **Colby** SE, \*Riggsbee K, Zhou W, Byrd-Bredbenner C, Olfert MD, Barnett TE, Horacek T, \*Sowers M, Mathews AE. Food Choice Priorities Change Over Time and Predict Dietary Intake at the End of the First Year of College Among Students in the U.S. *Nutrients.* 2018;10(9).
51. \*\*Barr ML, Gup G, **Colby** SE, Olfert MD. Detecting Body Mass Index from a Facial Photograph in Lifestyle Intervention. *Technologies.* 2018;6(83).
52. Olfert MD, \*\*Barr ML, \*Riggsbe K, Kattelmann KK, \*\*Leischner K, Mathews AE, \*\*Vilaro M, **Colby** SE. A Community Based Participatory Approach to Training Young Adults to Design and Implement a Social Marketing Framed Lifestyle Intervention on their College Campus. *Educational Sciences.* 2018;8(150):12.
53. Olfert MD, \*\*Barr ML, Charlier CM, \*\*Famodu OA, Zhou W, Mathews AE, Byrd-Bredbenner C, **Colby** SE. Self-Reported vs. Measured Height, Weight, and BMI in Young Adults. *Int J Environ Res Public Health.* 2018;15(10).
54. Horacek T, Yildirim ED, Kattelmann K, Byrd-Bredbenner C, Brown O, **Colby** S, Greene G, Hoerr S, Kidd T, \*\*Koenings M, Morrell J, Olfert M, Phillips B, Shelnutt K, White A. Multilevel Structure Equation Model of Students’ Dietary Intentions/Behaviors, BMI and the Healthfulness of Convenience Stores. *Nutrients.* 2018;10(11).
55. \*\*Barr M, **Colby** SE, \*Riggsbee K, \*\*Leischner K, Mathews AE, \*\*Vilaro MJ, Kattelmann KK, Olfert MD. Health Behaviors of Student Community Research Partners When Designing and Implementing a Healthy Lifestyle Intervention on College Campuses. *Behav Sci (Basel).* 2018;8(11).
56. \*\*Wooten R, Spence M, **Colby** S, Anderson Steeves E. Assessing food insecurity prevalence and associated factors among college students enrolled in a university in the Southeast USA. *Public Health Nutr.* 2018:1-8.
57. Colby, S., \*Sparks, A., Thompson, D., \*\*Overstreet, B., \*\*Monroe, C., \*Appelo, S., . . . Kavanagh, K. (2018). Low Protein Intake Among College Males Is Associated With Increased BMI. TOPICS IN CLINICAL NUTRITION, 33(3), 219-226.
58. \*Forman A, **Colby** S, Gellar L, Spence M, \*Riggsbee K, \*Payne M, \*Rigell M, \*Allison C, Kavanagh K, Springer C. My Painted Plate: Art Enhances Nutrition Education with Children. Educational Research Applications, 2018(01).
59. Horacek TM, Yildirim ED, Kelly E, White A, Shelnutt K, Riggsbee K, Olfert M, Morrell J, Mathew A, Mosby T, Kidd T, Kattelmann K, Greene G, Franzen-CastleL, **Colby** S, Byrd-Bredbenner C, Brown O. Development and Validation of a Simple Convenience Store SHELF Audit. *Int J Environ Res Public Health.* 2018;15(12).
60. Charlier CM, \*\*Barr ML, **Colby** SE, Greene GW, Olfert MD. Correlations of Self-Reported Androgen Deficiency in Ageing Males (ADAM) with Stress and Sleep among Young Adult Males. *Healthcare (Basel).* 2018;6(4).
61. \*Riggsbee KA, Riggsbee J, Vilaro MJ, Moret L, Spence M, Anderson Steeves E, Zhou W, Olfert M, Franzen-Castle L, Horacek T, \*Hall E, **Colby** S. More than Fast Food: Development of a Story Map to Compare Adolescent Perceptions and Observations of Their Food Environments and Related Food Behaviors. *Int J Environ Res Public Health.* 2018;16(1).
62. Horacek T, Yildirim D, Kattelmann K, Byrd-Bredbenner C, Brown O, **Colby** S, Greene G, Hoerr S, Kidd T, Koenings M, Morrell J, Olfert M, Phillips B, Shelnutt K and White A. Multilevel Structural Equation Modeling of Students' Dietary Intentions/Behaviors, BMI, and the Healthfulness of Convenience Stores. *Nutrients.* 2018;10(11).
63. \*Sowers, M. F., **Colby, S.,** Kavanagh, K., & Zhou, W. (2019). Testing product, pricing, and promotional strategies for vending machine interventions with a college population. Journal of Foodservice Business Research, 22(4), 303-325.
64. Horacek TM, Yildirim ED, Seidman D, Byrd-Bredbenner C, **Colby** S, White AA, Shelnutt KP, Olfert MD, Mathews AE, \*Riggsbee K, Franzen-Castle L, Morrell JS, Kattelmann K.. Redesign, Field-Testing, and Validation of the Physical Activity Campus Environmental Supports (PACES) Audit. *J Environ Public Health.* 2019;2019:5819752.
65. Kattelmann KK, Meendering JR, Hofer EJ, \*\*Merfeld CM, Olfert MD, \*\*Hagedorn RL, **Colby** SE, Franzen-Castle L, Moyer J, Mathews DR, White AA. The iCook 4-H Study: Report on Physical Activity and Sedentary Time in Youth Participating in a Multicomponent Program Promoting Family Cooking, Eating, and Playing Together. *J Nutr Educ Behav.* 2019;51(3S):S30-S40.
66. Mathews DR, Kunicki ZJ, **Colby** SE, Franzen-Castle L, Kattelmann KK, Olfert MD, White AA. Development and Testing of Program Evaluation Instruments for the iCook 4-H Curriculum. *J Nutr Educ Behav.* 2019;51(3S):S21-S29.
67. \*McElrone M, **Colby** SE, Moret L, Kavanagh K, Spence M, Fouts HN, \*Ellington A, \*Payne M. Barriers and Facilitators to Food Security among Adult Burundian and Congolese Refugee Females Resettled in the US. *Ecol Food Nutr.* 2019;58(3):247-264.
68. \*\*Hanson AJ, Kattelmann KK, McCormack LA, Zhou W, Brown O, Horacek T, Shelnutt K, Kidd T, \*\*Opoku-Acheampong A, Franzen-Castle L, Olfert M, **Colby** S. Cooking and Meal Planning as Predictors of Fruit and Vegetable Intake and BMI in First-Year College Students. *Int J Environ Res Public Health.* 2019;16(14).
69. \*Ford AD, **Colby** SE, \*McElrone M, Franzen-Castle L, Olfert M, Kattelmann KK, White A. Cooking Frequency Associated With Dietary Quality in iCook-4H Youth Participants at Baseline. *Nutr Metab Insights.* 2019;12:1178638819836790.
70. Horacek TM, Simon M, Yildirim DE, White A, Shelnutt K, \*Riggsbee K, Olfert MD, Morrell JS, Mathews AE, Zhou W, Kidd T, Kattelmann K, Greene G, Franzen-Castle L, **Colby** S, Byrd-Bredbenner C, Brown O. Development and Validation of the Policies, Opportunities, Initiatives and Notable Topics (POINTS) Audit for Campuses and Worksites. *Int J Environ Res Public Health.* 2019;16(5).
71. Horacek TM, Yildirim ED, Matthews Schreiber M, Byrd-Bredbenner C, **Colby** S, White AA, Shelnutt KP, Olfert MD, Mathews AE, \*Riggsbee K, Franzen-Castle L, Morrell JS, Kattelmann K.. Development and Validation of the Vending Evaluation for Nutrient-Density (VEND)ing Audit. *Int J Environ Res Public Health.* 2019;16(3).
72. Franzen-Castle L, **Colby** SE, Kattelmann KK, Olfert MD, Mathews DR, Yerxa K, Baker B, Krehbiel M, Lehrke T, Wilson K, Flanagan S, \*Ford A, Aguirre T, White A. Development of the iCook 4-H Curriculum for Youth and Adults: Cooking, Eating, and Playing Together for Childhood Obesity Prevention. *J Nutr Educ Behav.* 2019;51(3S):S60-S68.
73. Olfert MD, \*\*Hagedorn RL, \*\*Barr ML, **Colby** SE, Kattelmann KK, Franzen-Castle L, White A. Dissemination Using Infographic Reports Depicting Program Impact of a Community-Based Research Program: eB4CAST in iCook 4-H. *J Nutr Educ Behav.* 2019;51(3S):S52-S59.
74. \*\*Christianson, J., Kattelmann, K., \*Riggsbee, K., Moret, L., Vilaro, M. J., Olfert, M. D., . . . **Colby, S**. (2019). Promoting Wellness on College Campuses Identifying and Addressing the Wellness Needs of College Students. TOPICS IN CLINICAL NUTRITION, 34(2), 125-137.
75. Castaneda G, **Colby** SE, Barnett TE, Olfert MD, Zhou W, Leite WL, El Zein A, Mathews AE. Examining the effect of weight conscious drinking on binge drinking frequency among college freshmen. *J Am Coll Health.* 2019:1-8.
76. White AA, **Colby** SE, Franzen-Castle L, Kattelmann KK, Olfert MD, Gould TA, \*\*Hagedorn RL, Mathews DR, Moyer J, Wilson K, Yerxa K.. The iCook 4-H Study: An Intervention and Dissemination Test of a Youth/Adult Out-of-School Program. *J Nutr Educ Behav.* 2019;51(3S):S2-S20.
77. **Colby** S, Moret L, Olfert MD, Kattelmann KK, Franzen-Castle L, \*Riggsbee K, \*Payne M, \*Ellington A, Springer C, \*Allison C, \*Wiggins S, Butler R, \*\*Mathews D, White A. Incorporating Technology Into the iCook 4-H Program, a Cooking Intervention for Adults and Children: Randomized Controlled Trial. *JMIR Pediatr Parent.* 2019;2(2):e11235.
78. \*\*Clark RL, \*\*Famodu OA, \*\*Barr ML, \*\*Hagedorn RL, Ruseki J, White J, Warner CM, Morrell AM, Murray PJ, Olfert M, McFadden JW, Downes MT, **Colby** S, Olfert M. Monetary Cost of the MyPlate Diet in Young Adults: Higher Expenses Associated with Increased Fruit and Vegetable Consumption. *J Nutr Metab.* 2019;2019:2790963.
79. \*\*Staub D, **Colby** SE, Olfert MD, Kattelmann K, Zhou W, Horacek TM, Greene GW, Radosavljevic I, Franzen-Castle L, Mathews AE. A Multi-Year Examination of Gardening Experience and Fruit and Vegetable Intake During College. *Nutrients.* 2019;11(9).
80. \*\*El Zein A, Shelnutt KP, **Colby** S, Vilaro MJ, Zhou W, Greene G, Olfert MD, \*Riggsbee K, Morrell JS, Mathews AE. Prevalence and correlates of food insecurity among U.S. college students: a multi-institutional study. *BMC Public Health.* 2019;19(1):660.
81. Olfert MD, King SJ, \*\*Hagedorn RL, \*\*Barr ML, Baker BA, **Colby** SE, Kattelmann KK. Franzed-Castle L, White AA. Ripple Effect Mapping Outcomes of a Childhood Obesity Prevention Program From Youth and Adult Dyads Using a Qualitative Approach: iCook 4-H. *J Nutr Educ Behav.* 2019;51(3S):S41-S51.
82. Olfert MD, \*\*Barr ML, Charlier CC, Greene GW, Zhou W, **Colby** SE. Sex Differences in Lifestyle Behaviors among U.S. College Freshmen. *Int J Environ Res Public Health.* 2019;16(3).
83. Haskell, J., Baker, B., Olfert, M., Franzen-Castle, L., Kattelmann, K., **Colby, S**., & White, A. (2019). Using Ripple Effects Maps to Identify Story Threads: A Framework to Link Private to Public Value. Accepted for Publication in Journal of Human Sciences and Extension.
84. \*Allison C, **Colby S,** \*\*Opoku-Acheampong A, Kidd T, Kattelmann K, Olfert MD, Zhou W. Accuracy of self-reported BMI using objective measurement in high school students. Journal of Nutritional Science. 2020;9(e35):1-8.
85. **Colby S,** Moret L, Olfert MD, Kattelmann K, Franzen-Castle L, \*Riggsbee K, \*Payne M, \*Ellington A, Springer C, \*Allison C, \*Wiggins S, Butler R, \*\*Mathews D, White AA. Incorporating technology in the iCook-4H intervention program for youth and adults. *JMIR Pediatr Parent.* 2019;2(2).
86. \*McElrone M, **Colby S,** Franzen-Castle L, Olfert MD, Kattelmann K, Fouts HN, Spence M, Kavanagh K, White AA. A community-based cultural adaptation process: Developing a relevant cooking curriculum to address food security for Burundian and Congolese refugee families. [published online ahead of print May 25, 2020]. Health Promotion Practice. 2020. DOI: 10.1177/1524839920922496
87. \*McElrone M, **Colby S,** Fouts HN, Spence M, Kavanagh K, Franzen-Castle L, Olfert MD, Kattelmann K, White AA. Feasibility and acceptability of implementing a culturally adapted cooking curriculum for Burundian and Congolese refugee families. [published online ahead of print May 12, 2020]. Ecology of Food and Nutrition. 2020. DOI:10.1080/03670244.2020.1759575.
88. \*Wiggins ST, **Colby S,** Moret L, \*McElrone M, Olfert MD, \*Riggsbee K, \*\*Opoku-Acheampong A, Kidd T. A Modified Nominal Group Technique (mNGT): Discovering priorities in health research. American Journal of Health Behavior. 2020;44(3):345-352. DOI: 10.5993/AJHB.44.3.7.
89. Olfert MD, \*\*Barr ML, \*\*Hagedorn RL, Wattick RA, Zhou W, Horacek TM, Mathews AE, Kattelmann KK, Kidd T, White AA, Brown ON, Morrell JS, Franzen-Castle L, Shelnutt KP, Byrd-Bredbenner C, Tolar-Peterson T, Greene GW and **Colby SE** (2020) eB4CAST Approach Improves Science Communication With Stakeholders in a College-Based Health Program. Front. Public Health 8:158. doi: 10.3389/fpubh.2020.00158.
90. \*\*McNamara, J., Olfert, M. D., \*Sowers, M., **Colby, S.,** White, A., Byrd-Bredbenner, C., . . . Greene, G. W. (2020). Development of an Instrument Measuring Perceived Environmental Healthfulness: Behavior Environment Perception Survey (BEPS). In Journal of Nutrition Education and Behavior (Vol. 52, Iss. 2, pp. 152-161). doi:10.1016/j.jneb.2019.09.003
91. Olfert MD, \*\*Barr ML, Mathews AN, Horacek TM, \*Riggsbee K, Zhou W, **Colby SE**. Life of a vegetarian college student: Health, lifestyle, and environmental perceptions. Received 10 May 2019, Accepted 29 Feb 2020, Published online: 28 Apr 2020.
92. \*\*Zein A, **Colby S,** Zhou W, Shelnutt K, Greene G, Horacek T, Olfert M, Mathews A, Food Insecurity Is Associated with Increased Risk of Obesity in US College Students, Current Developments in Nutrition, Volume 4, Issue 8, August 2020, nzaa120, https://doi.org/10.1093/cdn/nzaa120
93. Olfert MD, \*\*Barr ML, Mathews AN, Horacek TM, \*Riggsbee K, Zhou W, **Colby SE**. eB4CAST infographics improve science communication with stakeholders in college-based health program. Accepted for publication in Frontiers in Public Health, section Public Health Education and Promotion.
94. **Colby S,** Zhou W, \*Allison C, et al. Development and Validation of the Short Healthy Eating Index Survey with a College Population to Assess Dietary Quality and Intake. Nutrients. 2020;12(9):E2611. Published 2020 Aug 27. doi:10.3390/nu12092611

**COLLABORATIONS & GRANTS**

USDA/CREES/NRI Integrated (Co-PI) *"Development of a Randomized Trial Guided by the Process of PRECEDE-PROCEED for Prevention of Excessive Weight Gain in Communities of Young Adults"*

NC 1028, Kendra Kattelmann (PI)

**$1,499,270**- Awarded Fall 2009

USDA/AFRI Integrated (Co-PI) *“iCook-4H: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention”*

Adrienne White (PI)

**$2,491,345-** Awarded Fall 2012

USDA/AFRI Integrated (PI) *"Get Fruved:" A peer-led, train-the-trainer social marketing intervention to increase fruit and vegetable intake and prevent childhood obesity.”*

**$4,887,080-** Awarded Fall 2014

HHS - HRSA - Health Resources and Services; Advanced Nursing Education Grants.

(Co-PI) *“Improving Clinical Education for Advanced Practice Nurses through Academic-Practice Partnerships.”*

Karen Lasater (PI)

**$656,124-** Awarded Fall 2015

USDA - Regional Nutrition Education and Obesity Prevention Center of Excellence (Co-PI) *“SNAP and EFNEP Nutrition Education and Obesity Prevention Center of Excellence.”*

Laura Stephenson (PI)

**$1,000,000-** Awarded Fall 2015